



**Emergency: 911**

**Non-Emergency: 760-510-5200** *after hours*



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San Marcos, CA 92078

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**Office Hours:**  
Monday-Friday 8am-12pm & 1pm-4pm

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**Haven Management Services**  
***Property Management Company***  
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# Editorial

## Welcome to the April Edition of *The Breeze*!

When I was a child, Easter was about Jesus, Easter bonnets, baby chicks and ducks, the Easter bunny, and coloring then hunting eggs for our Easter baskets.

Did I forget to mention chocolate eggs and marshmallow everything, malted milk balls, jelly beans, and spice drops?

Then there was See's Candy—a family favorite introduced to us by our maternal grandmother. And of course mom dressed my sisters and I alike in our new Easter dresses.

There was also a fabulous Easter dinner consisting of roasted leg of lamb with gravy and mint jelly, split roasted potatoes, sweet roasted carrots with honey and ginger, and fresh Spring peas. All this bounty was followed by mom's special English Raspberry Trifle for desert.

In other words, Easter was about celebrating that Christ had risen (at a sunrise service), then having a food and fun extravaganza for the remainder of the day.

As I grew older, life got tougher—both financially and event-wise, and I began to understand the power of Easter in a deeper light. Today, I walk into Easter feeling thankful for all I have received in my life, and oh so very appreciative of all the people who have helped me along the way.

And I constantly want to give back—to help my neighbors, family, and friends however I can.

We are only here for a brief period of time. YES—Seize the day, and YES—Make it a better day for others when you are able.

Drop us a line anytime: [PEE.TheBreeze@gmail.com](mailto:PEE.TheBreeze@gmail.com)



## In This Issue...

*Editorial*, Gayle Cinnamon

*Millennium Memo*, George Turk

*Park Management Team Update*, Kasey Koenig

*PEERA News*, Carl Silva

*Park Insights*, Patty Gonzales

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*PERT Awareness*

*Your Water Bill*, Tim Sheahan  
(Volunteer MH owner advocate)

*Special Event Flyers & Notices*

## Breeze Staff

Editor Gayle Cinnamon

## Contributors

Ken Hodor Lanny Lippincott

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Patty Gonzales Carl Silva

**Disclaimers:** *The Breeze* is not responsible for the date and time changes of events in this newsletter. Check our **website** for the most up-to-date information: [Palomar-Estates-East.org](http://Palomar-Estates-East.org). Print production and ads placed in *The Breeze* are solely managed by the publisher: MLB Group 800-828-8242.



***"For a non-profit Park, rents are very high.  
In all fairness, I request no rent increase!"***

That's from a letter a Palomar West resident sent me, but I thought some of you might feel the same way. If only we could honor that request.

As was explained in the Rent Notice, the inflation rate on that date was 6.5% (it's well above 7% today). If Palomar's rents were to keep pace with inflation, they would increase by almost \$40.

That didn't happen, however. Although Palomar's expenses keep going up and construction costs are through the roof, we're limiting the increase to the \$15-\$18 range—less than half of inflation. No other Park owner in San Marcos would do that.

If it's any comfort, rents at Palomar West are \$100 higher than at East. Don't tell them I told you, though.

## In Happier News

- ◆ More than 100 of our San Marcos residents had their tax returns prepared for FREE by volunteers from AARP. Just our way of making tax season less stressful. Thanks to Stacey & SPARC, our resident services partner, for sponsoring.  
Next up for SPARC: another Fruit Picking Event (sometime in April) and a Senior Resource Fair in honor of St. George's Day (April 23<sup>rd</sup>).
- ◆ There was an accident in the Park a couple months ago as two cars collided. I guess those drivers forgot their New Year's Resolution to drive more cautiously inside the Park.  
As they used to say on that old TV show Hill Street Blues, "Be careful out there!"

- ◆ A couple residents complained about neighbors taking out their trash too early. No, it's not the biggest problem in the world, but as a courtesy to your neighbors, please wait until at least 4 PM on Monday to take out your trash.

Speaking of which...a resident was seen going through a neighbor's trash cans. He wasn't being nosey—he's just a bad driver.

## As Easter Approaches...

My wife Roann asked where I got so much Easter candy. I told her I always have a few Twix up my sleeve.

***Have a fun Easter (or Passover) and a  
Happy St. George's Day!***

**George Turk**

Crabby Road

4-24-11



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# East Park Vibe

*Image is everything!*

Our newly designed Palomar Estates East business cards give a sense of community with the appearance of professionalism. They will oftentimes be the first exposure to the park's business. Here are the first business cards printed sharing the different logo designations.

~ **Patty Gonzales**



**PG Studio 286**  
a creative space

pattygx@gmail.com

## COMMUNITY PARK MANAGEMENT



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Kasey Koenig  
Park Manager/Office

# East Park

## MARKET UPDATE & MANAGER'S REPORT



Martin Hernandez  
Park Manager/Maintenance

## February Home Sales



1



5



2

The housing market continues to stay hyperactive. We look forward to welcoming new residents into the park this spring.

## APRIL 2022

### Maintenance Update

In March, our landscape along Rancho Santa Fe Rd was maintained. Our trees on San Marcos Blvd were trimmed. The card room windows at the clubhouse were sinking. The old material was replaced and painted on the clubhouse wall to correct this. The park retaining wall at Space 150 was repaired, cleaned, and painted.

### Landscaping & Outside Storage

Reminder: I'm sorry to keep beating the same drum, but this has become a serious problem. Please walk your property and pull the weeds that have become plants or are sprouting around your home. Keep your bushes and trees neat and attractive. It is against the rules and an eye sore to store items around the exterior of your property that do not fit in your home or shed.

### The Palomar East Resource Fair

The Resource Fair will be an opportunity for residents to meet vendors, have a complimentary lunch, enjoy live music and win prizes in a raffle. There will be health screenings available onsite. Be sure to contact the office to sign up as space is

limited to 60 residents. This should be an awesome event on Saturday, April 23rd. The flyer is included here in the Breeze.

### Dog Owners

Reminder: Dogs in the park need to be registered with the office. When walking your dog, PLEASE be respectful of your neighbor's property always cleaning up after them is greatly appreciated.

### Children's Pool Time

Reminder: Children pool hours are 11:00am – 1:00pm and 4:00-6:00pm. Children under 3 and that wear diapers are not permitted in the pool. In addition, children under 14 are not permitted in the spa or sauna. Diving, running, jumping, excessive noise, and rough housing are not permitted.



# Palomar Estates East Residents Association

2022



PEERA

## MARCH NOTIFICATIONS & ACTIVITIES

by Carl Silva

Before I get into the goings-on in our community, I would like to comment on what's going on today in our world.

As you all know, Ukraine and her people are being invaded by Russia. My thoughts and prayers go out to all the civilians in Ukraine and hope they find a way to escape from the battle being waged against their country.



As I watch this going on, I can't help but think of the freedoms and protections provided in our own country. Sure, it's not perfect but take time to think

### PEERA Board

Chairperson	Carl Silva
Vice-Chairperson	Don Antrim
Secretary	Kristen Antrim
Treasurer	Pete Eiden

### Members At Large

Community Services	Henry Robicheaux
Complaints	Paul Thiboutot
Emergency Prep	Lanny Lippincot
Membership	Gordon Lilley
Park Beautification	Joanne Robinson
Publicity	Patty Gonzales
Technical Support	Ken Hodor

about the simple freedoms we enjoy here based on our Bill of Rights alone. Also think about our ability to go to the grocery store and choose from isle after isle of many types and brands of food. Only the elite in Russia are afforded this luxury.

This brings me to the conclusion that all of us should focus more on being grateful for what we do have instead of complaining about what we don't. So I guess my new motto is *"Change Your Attitude to Gratitude!"*

In turn, this thought leads me to being grateful for our own community—Palomar Estates East, and the entertaining, educational, and recreational events we are able to share with you.





**Carl Silva**  
Chairperson



**Don Antrim**  
Vice-Chairperson



**Kristen Antrim**  
Secretary



**Pete Eiden**  
Treasurer



## Your Voice in Our Community PEERA Board

Speaking of events, here's what we've got planned for the upcoming months:

- On April 23rd, there will be a **Health Resource Fair** from 10:30 AM—1:00 PM featuring healthcare-related vendor booths, health screenings, a raffle, live music, and a free lunch!

**Sign up** at the Front Office **SOON** if you wish to participate, as **attendance** is **limited to 60 residents** only.

- April also brings you a chance to win a \$50.00 gift certificate by entering the **Spring/Summer Decorated Homes Contest**.
- On May 21st, there will be a **Meet and Greet—FREE pancake breakfast** from 8:00 to 9:30 AM for all residents. (More details will be available in the Social Club News for May.)

Plus, now that the pandemic has abated, we are in full sway with our regular park activities from acrylics painting to Zumba. *Visit the Community Resource & Activities* section for the full list, plus dates, times, and contact information.

With all these things to do and participate in, come one and all and join in the FUN while making new friends and meeting our new neighbors.

And again, I stand behind my new motto: *"Change your Attitude to Gratitude,"* and then remember to count your blessings while you are at it. This works for me and I hope it will help you as well.

I hope to see you at our upcoming events!

**Carl Silva, PEERA Chairman** 😊







## PARK INSIGHTS by Patty Gonzales, Park Publicity

Our March PEERA Board meeting was held at a later date than normal. Therefore the meeting minutes were not distributed in time for the Breeze publication deadline. When the meeting minutes are available a copy will be posted on the PEERA bulletin board and the PEE website for your convenience.

## Tech Is Helping Us Age at Home Comfortably

From apps to modify your environment to telemedicine platforms, technology is making it easier and safer to age in place.

Americans are living longer, and the vast majority of us would prefer to age in our homes and communities. But there are challenges and costs associated with maintaining that independence.

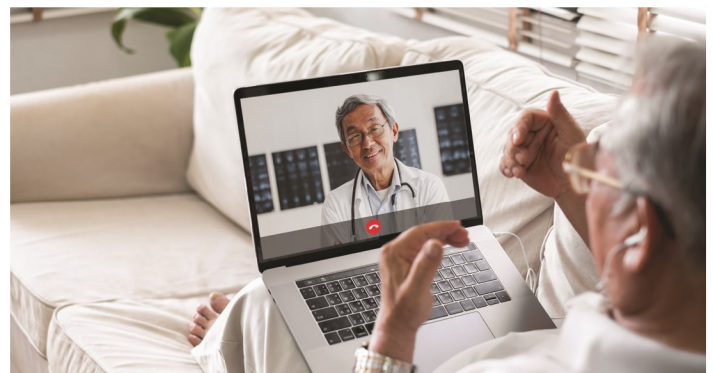
Nearly 11,000 people turn 65 each day in the United States. Not surprisingly, 9 out of 10 of them would prefer to stay in their own homes and not go to an assisted living facility, if possible.

Aging in place allows us to keep our current social network and expand upon it, it gives us the freedom to keep our pets, host friends at home, entertain all the grandkids, and continue with what we enjoy — instead of moving to a facility.

Aging in place is a lot safer now than even a decade ago due in large part to a wide range of technologies. These include apps that can

analyze your home environment and recommend modifications to make it safer, voice-enabled devices that provide easy access to health information and services, and telemedicine that enables at-home patients to connect with healthcare providers.

Aging in place requires planning ahead, based on your near-term needs and knowing that they can change over time. Talk to your doctor about any health problems or concerns you have and what assistive devices and home modifications could help. It is important to research the appropriate plan that fits your lifestyle best.





# Women's Day & History Month *March 2022*



During the month of March, we give a little extra attention to all of the amazing accomplishments of strong, determined women. Every woman has a story to tell and gifts to share with the world. Because this month is about honoring magnificent women, these two I celebrate to the fullest. **March On!**

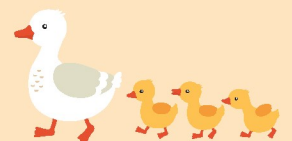
**Kathi Fennelly** - our neighbor, Space 107 moved into our park 3 years or so ago. Kathi is a Nurse Practitioner of 30 years, focused on women's health care. She was one of our most faithful walkers in the park, no doubt you have seen her. Kathi and Phoebe just recently moved into a beautiful spacious home 10 minutes away. There they have additional space indoors and outdoors to entertain family and friends. An inviting, tranquil, home sweet home.

**Janine Staudt** - ironically was the REALTOR/ Dealer who originally placed the brand new home in PEE Space 107. Along with a handful of other new homes placed in EAST, she continues to sell homes throughout our park. Janine is very experienced and trusted in the manufactured home industry, specializing in senior living 55+. **Thank YOU Janine** for finding Kathi and Phoebe their sweet spot, a place they can call home.

## NEXT PEERA BOARD MEETING

TUESDAY  
APRIL

5



5:30 pm

Main Clubhouse Card Room

# Social Club News for April

by Sharon Irving



## 2022 Social Club Board

President	Sharon Irving
Vice President	Michele Silva
Secretary	Marilyn Tippetts
Treasurer	Debbie Johnston
Membership Chair	David Tisdall

## Members-At-Large

Dolores Bsharah	Anne Litz
Leslie Dranko	Sally Yeater

*Making New Friends ♥ Caring and Sharing the Journey*



**Spring: a lovely reminder  
of how beautiful change  
can truly be.**

Now that clocks have been reset ... and our evenings are "lighter longer," it's the time when the good times of Summer start to enter our mindset. This is the time when our Social Club Board members turn our monthly brainstorming thoughts to fun Summer events we might host - and boy, the ideas are flying.

At the moment, we are looking at outdoor events that smack of poolside—a Hawaiian luau, and even bringing back the Pet Pride Parade that was so popular with residents who loved sharing the party fun and prizes with their beloved pets.

There is a lot to look forward to—and we'll be sharing the dates and specifics of our upcoming Summer events and activities in upcoming issues of *The BREEZE*.

Feel free to let us know any of your ideas for events for 2022.

But wait ... let's not let go of the Spring Season just yet! We want to celebrate the success of SPRING BREAK, the Social Club's recent quarterly General Membership Meeting held on March 5<sup>th</sup> in the Clubhouse.

We opened up this meeting to all residents, and were so pleased with the awesome attendance and the wonderful responses we received from our guests.

You loved the food, the activity update, the surprise **\$25 Target Gift Cards** at every table, and yes, our guest speaker/ resident who the audience just couldn't get enough of ... Don 'Doc' Antrim!



Joann Kocyk and Monique Martinez both scored a \$25 Target Gift Card at SPRING BREAK!



# Spring Break Photo Highlights

Guest speaker and fellow resident Don 'Doc' Antrim got a **standing ovation** and a 'come back again' invitation, inspired by his topic: ***"What You've Always Wanted To Know About Dentistry But Were Afraid To Ask!"***



Don 'Doc' Antrim



Arlene 'AJ' Jangula and Joan Johnson



Richard Preuss, Leanne Pohrman, Charlene Ollier  
and Gayle Mynatt-Nusco

**Oh, and ... Special thanks** to all of our incredible **volunteers** who helped to make the SPRING BREAK event a smash! This includes all the special clubhouse decorations, food, table settings, gift cards and their hand-painted envelopes (thank you, Linda Cockrell) and overall planning!

Don't forget that we welcome any of your ideas for Social Club events and ideas for 2022. Let us know!

**Sharon Irving**  
Social Club President  
760-310-1086  
[sharon@beauty-pr.com](mailto:sharon@beauty-pr.com)



**IF YOU'RE NOT A MEMBER OF THE SOCIAL CLUB YET,  
COME JOIN US ... AND THE FUN!**



Shirley Tisdall, Bertha Cardova,  
and Dave Tisdall

# Palomar East Community Resources & Activities



***All Are Welcome—Come Join the FUN!***

## **ACRYLICS PAINTING** with Dawn Anguiano

- ◆ **3<sup>rd</sup> Tuesday of each month:** 10:00 AM - 1:00 PM
- ◆ **Location:** Palomar **East** Clubhouse

For more information, call Dawn at 760-802-2170.

## **CERAMICS** with Andrea Martin

Come enjoy the fun with one of our own amazingly talented resident artists. New projects ongoing all the time.

- ◆ **Wednesdays:** 6 :00 PM
- ◆ **Location:** Palomar **East** Arts & Craft Room



## **DANCE LESSONS** with the North County Widows and Widowers Club

All classes are FREE. If you have never danced, have two left feet, or just a little out of practice this is a perfect group to join.

- ◆ **2nd & 4th Thursdays:** 2:00 – 3:30 PM, Palomar **East** Clubhouse

**All residents** who want to have some fun dancing are welcome. No reservations needed. Questions? Text Anne Pearson (858) 610-4816.

## **FIBER ARTS** organized by Sally Yeater

Make new friends as you create your works of art knitting, crocheting, hand quilting, any hand crafts!

- ◆ **Wednesdays:** 9:30 – 11 AM, Palomar **East** Arts & Craft Room

For more details, text Sally Yeater (719) 651-2866



## **YOGA** with LuAnn Foster

All Yoga classes are donation-based.

- ◆ **Monday:** Movement Yoga Class—4 PM (Zoom) & 6 PM (**West** & Zoom)
- ◆ **Tuesday:** Chair Yoga Class—10 AM (**West** & Zoom)
- ◆ **Wednesday:** Movement Yoga Class—10 AM (**West** & Zoom)
- ◆ **Thursday:** Chair Yoga Class—10 AM (**East** & Zoom)

For details and Zoom log-in information, text LuAnn Foster (480) 203-4330 or, email her: [Dreamboatannie@twc.com](mailto:Dreamboatannie@twc.com)





# Palomar East Community Resources & Activities

## ZUMBA with Saleemah

No pre-registration required. Classes are \$5 each

- ♦ **Mondays:** 12:15 PM—Palomar **West** Clubhouse
- ♦ **Tuesdays & Wednesdays:** 10:30 AM (via Zoom)
- ♦ **Thursdays:** 11:30 AM—Palomar **East** Clubhouse and 4:30 PM (via Zoom)

For additional details and Zoom log-in information, please text Saleemah (803) 463-2880.



## Services & Programs Assisting Residents in our Communities (SPARC) Online classes organized by Henry Robicheaux, PEERA Community Services

SPARC continues to partner with Oasis to bring free online classes. For more information, please visit:

- ♦ SPARC: [sparc-ca.org/home](https://sparc-ca.org/home)
- ♦ OASIS: [oasisnet.org/online-virtual-classes-for-older-adults-offered-anywhere-by-oasis-](https://oasisnet.org/online-virtual-classes-for-older-adults-offered-anywhere-by-oasis-)



## Additional Park Activities

Billiards (Pool)	Ken Hodor
Bocce Ball	Don Bomar
Card Games	Card Room
Darts	Don Bomar
Fitness Facility	Ken Hodor
Golf Putting Green	Henry Robicheaux
Horse Shoes	Henry Robicheaux
Library	Anne Vernia & A.J. Jangula
Pickleball	Bill Mead
Ping Pong	Bill Mead
Puzzles	Card Room & Firepit area
Tennis	Bill Mead



### April Trivia Question

Where did April Fool's Day come from?

*(Search this newsletter to find out.)*

# Calendar of Events

**IMPORTANT CALENDAR CHANGE:** ALL CALENDAR ACTIVITIES REPEAT FROM WEEK TO WEEK

**EXCEPT** FOR THOSE IN **RED TYPE!** COLOR-BLIND TEST. 🤔👍

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4 <div>             2:15 PM Zumba             1:00 PM Hand &amp; Foot*             2:30 PM Men's Bocce             3:00 PM Yoga             6:00PM Yoga           </div>	5 <div>             2:15 PM Zumba             1:00 PM Hand &amp; Foot*             2:30 PM Men's Bocce             3:00 PM Yoga             5:30 PM <b>PEERA Board Meeting</b> 6:00PM Yoga           </div>	6 <div>             10:00 AM Chair Yoga             10:30 AM Zumba             6:00 PM Darts             6:00 PM Manipulation*           </div>
10 <div>  <p>PALM SUNDAY</p> </div>	11	12	13
17 <div>  </div>	18	19 <div>             10:00 AM <b>Acrylics Painting</b> </div>	20
24 <div>  </div>	25	26	27



Visit our website for even more news! [Palomar-Estates-East.org](http://Palomar-Estates-East.org)

THURSDAY	FRIDAY	SATURDAY
	1 9:00 AM Tai Chi 10:00 AM Social Club Board Meeting 	2 
7 10:00 AM Chair Yoga 11:30 AM Zumba 1:00 PM Hand & Foot* 4:30 PM Zumba	8	9 BREEZE DEADLINE FREE Paper Shredding & E-Waste Collection Event- Palomar College, 9 am — Noon
14 2:00 PM Dance Lessons	15 	16 
21 	22 	23 RESOURCE FAIR 
28 2:00 PM Dance Lessons	29 	30

## Calendar Notes

- ◆ **Event Locations:**  
Most events are at the Palomar East Clubhouse. See *Community Resources & Activities* pages for details and exceptions.
- ◆ **Card Games:** A red asterisk (\*) indicates a card game.

## Notable Days

- 1<sup>st</sup> April Fool's Day
- 2<sup>nd</sup> Ramadan begins after sunset
- 9<sup>th</sup> Free Paper-Shredding Event
- 10<sup>th</sup> Palm Sunday
- 15<sup>th</sup> Passover starts after sunset
- 15<sup>th</sup> Good Friday
- 16<sup>th</sup> Full Moon
- 17<sup>th</sup> Easter
- 21<sup>st</sup> Taurus begins
- 22<sup>nd</sup> Earth Day
- 23<sup>rd</sup> Senior Health Resource Fair
- 23<sup>rd</sup> St. George's Day (UK)
- 24<sup>th</sup> Orthodox Easter
- 29<sup>th</sup> Arbor Day

# Park Member News

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## April Anniversaries by Lanny Lippincott

James & Pen McHugh

Apr 13

If we missed your anniversary, please let us know and we will update our anniversary list accordingly.



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## Welcome New Neighbors by Gayle Cinnamon

- ◆ No new neighbors to report as of this newsletter's publication deadline (March 10<sup>th</sup>).
- ◆ We are expecting a great group of new neighbors soon as **five houses** are currently **in escrow**.
- ◆ If anyone sneaks in before we can announce them in next month's *Breeze*, give them a warm welcome from all of us, and help them feel at home in our village not-far-from the sea.



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## Did You Know?

The **full moon** on **April 16th** is known as the **Pink Moon**. The name, however, has nothing to do with the color of the Moon.

April's full Moon often corresponded with the early springtime blooms of a certain wildflower native to eastern North America, Phlox subulate—commonly called creeping phlox, which also went by the name Moss Pink. Thanks to this seasonal association, this full Moon came to be called the Pink Moon.





# Park Member News



Susan Mortimer	5	Susan Helander	17
Kimra Ackley	5	Mikey Davis	17
Ron Landers	5	Lidia Penge	17
Stanley Wolf	6	Renee Ramswick	18
Kelly Yasi	6	Maurice Pratt	18
Kathy Wortman	7	Bong Pak	19
Joann Ritchey	10	Tom McKelvey	20
Jerry Chamberlin	10	Michael Ruth	20
Sharon Penny	10	Catherine Thomson	21
Norma Zuniga	11	Paul Piper	21
Carl Silva	11	Harlan Lippincott	21
Jennifer Hazlett	11	Don Bomar	23
Don Antrim	12	Jerry Brough	25
Irene Molina	12	Paul Hoffman	29
Michele Silva	13	Sam Martin	29
Susan Ewing	14	Yong Landers	30
Kristen Antrim	15		

## April Trivia

### The Basics

- ◆ **Birthstone:** Diamond (Romance and enduring love)
- ◆ **Color:** White / Clear
- ◆ **Flowers:** Daisy and Sweet Pea



### Western Astrology

- ◆ **Aries:** 03/21—04/20  
**The Ram**  
Leader, fearless, dynamic (can be domineering)
- ◆ **Taurus:** 04/21—05/20  
**The Bull**  
Reliable, kind, patient (can be stubborn)



### Chinese Astrology

- ◆ **Black Water Tiger (yang)**
- ◆ 02/01/22—01/22/23

**Horse** and **Dog** are the **luckiest**

Chinese zodiac signs this year; **Monkey** and **Snake** are the most **challenged**.



The tiger represents power, prestige, and courage. Water helps the tree a tiger climbs to grow big and strong. This means 2022 holds powerful Wood energy for those who have Wood as their lucky element.

Wood energy is in the East, so facing east can bring you good luck. The color associated with the Wood element is green. **Put a green plant in the East to bring yourself good luck this year.**

# In the Community Garden

by Lorene Christian

## In the Beginning...

I originally moved into the park to help my mom. I knew she loved gardening but couldn't do some of the chores needed to maintain her own. When I noticed that we had a community garden area, I asked park management if I could stake my claim to a portion of that area. And that's how it all began for me back in 2013.

Mom loved it too! On her good days, she could get her hands in the soil and help with plant tending. On other days, she could just get out of the house, sit in her chair, and watch me doing the work for both of us.

## Present Day

Mom left me some time ago. By then, I had put so much money, time, sweat, and blood into the garden that I could not stop. Now there are three plots available in the garden. Only two are being actively worked. It would be wonderful if another Park resident would claim the third plot and begin to work it too. After all, it is Spring!

A favorite garden pastime of mine is watching the **lizards**. They are very athletic and **help with bug control**. I have even named some of my regular visiting lizards.



april 2013



My garden is 100% organic so I spray the **aphids** with **soapy water**. **Lady bugs** also help me with these pests. I also hunt and squish tomato worms and grubs (only dig for grubs, sift the soil, and then squish).

When gardening, don't forget your hat, gloves, and sunscreen, and have lots of water handy as gardening is thirsty work.

As I've told many a person, I could probably purchase a truckload of veggies for what it costs to develop a garden and work it yearly. But it isn't the size of the bounty at harvest. It's

having a place to interact with mother nature—watching humming birds, butterflies, bees, other bugs (even the aphids), crows, and lizards. *This is my Zen time.*

***Come join us in the garden. It is a true labor of love that rewards you for every moment you put into it.***

***~ Lorene***





The pandemic saw many of us dust off our gardening gloves and make the most of our outside spaces – and if the stats are anything to go by, interest in gardening is showing no signs of slowing.

Garden-related spending shot up 77% in April to June 2021, compared to the previous quarter. There are around three million more of us, with nearly half of newbie gardeners. This new cohort are climate-conscious and eager to experiment with colour after a, let's face it, rather drab couple of years. What are you planning to plant in your garden this spring? As an avid gardener, this is an exciting time of year.

And, if you're lucky enough to have a friend or two that also garden, all the better! The garden is a great place to connect and share stories of both triumph and tragedy. It not only fosters learning, but allows us to connect and grow alongside our gardens and neighbors.

**Gardeners know all the dirt ~ Patty Gonzales**

If you have an article you'd like to include in *The Breeze*, please send it to: [PEE.TheBreeze@gmail.com](mailto:PEE.TheBreeze@gmail.com)



## Answer to April's Trivia Question: Where did April Fool's Day come from?

- ◆ Some historians speculate that April Fools' Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as agreed to by the earlier Council of Trent in 1563.
  - ⇒ As you know, the Gregorian calendar begins the new year with January 1<sup>st</sup>.
  - ⇒ In the old Julian Calendar, the new year began with the Spring Equinox around April 1<sup>st</sup>.
- ◆ People who were slow to get the news or failed to recognize that the start of the new year had moved to Jan. 1<sup>st</sup>, and continued to celebrate it during the last week of March—April 1<sup>st</sup>, became the butt of jokes and hoaxes and were called "April fools."

## PERT—Palomar Estates East Emergency Preparedness



Palomar Estates East has a fantastic emergency system in place in the case of unexpected events, but we **currently** have a small **problem**—The **system only works** when we have enough **volunteers** from our village to support that system. **AND WE DO NOT!**

**We NEED more BLOCK CAPTAINS yesterday!**

The BLOCK CAPTAIN is the primary emergency response field person with direct contact and knowledge of the residents within his or her assigned block (8 to 12 houses).

### Here's how it works:

1. We assign you to a block of houses in your neck of the village and equip you with some basic tools.
2. **Once per year**, you **update a brief form** on the mobility and health status of the residents in your assigned block.
3. If, during the year, you learn of a change in your assigned residents' health and/or mobility, you report that too!



How simple can you get! **You receive free tools and training as well!**

Periodic meetings are held to ensure your assigned emergency response equipment is working and to provide you with any emergency updates.

**Contact** Lanny Lippincott at: [lippincott10@gmail.com](mailto:lippincott10@gmail.com) for further details.

## Emergency Preparedness Tips



**Step 1: Put together a Plan** by discussing the following with your family, friends, or household: How will you receive alerts, what is your shelter plan, what is your evacuation route, what is your household communication plan?

**Step 2: Consider your Household needs.** For example, what are your specific daily living needs and responsibilities.

**Step 3: Fill out a Family Emergency Plan.** Download and fill out a family emergency plan or use them as a guide to create your own.

Important checklists, tips, and additional Information can be found at:

[www.fema.gov](http://www.fema.gov) and [www.ready.gov](http://www.ready.gov)



# Palomar Estates East “Water Bill Reduction!”

**Did you notice:  
Your WATER BILL went DOWN  
instead of UP this year?**



If you're like many of us, you tend to ignore the details of your monthly rent statement and pay attention mainly to the total rent owed. Those who do scrutinize their rent statements likely were pleasantly surprised to discover one of those “once in a blue moon” occurrences in which a **rent statement fee** actually **DROPPED**, rather than increase!

**Our statewide nonprofit advocacy group**, Golden State Manufactured-home Owners League (**GSMOL**) **sponsored AB 1061 last year, which took effect January 1, 2022**, as section 798.40 of the CA Mobile-home Residency Law (MRL), **reducing WATER “customer service charges”** for many MH owners in the state, including residents of **Palomar Estates East**.

The great news is the reduction was not just for one month like some climate credits; **it will continue EVERY month, saving you over two hundred dollars each year!**

To learn more about AB 1061 and GSMOL, visit the GSMOL website at: [www.gsmol.org](http://www.gsmol.org).



Whether you've known it or not, **GSMOL** and its corps of volunteer leaders and paid professionals have been **advocating for homeowner rights every day for the past 60 years!**

As one who has personally enjoyed an AB 1061 “dividend” and other benefits from GSMOL advocacy, please consider using a portion of your savings to join GSMOL and make an online donation to help support GSMOL's legislative efforts to get even more valuable laws passed.

- ◆ You can join and make a donation at [www.gsmol.org](http://www.gsmol.org).
- ◆ Annual membership **dues** are **temporarily discounted to \$20, a saving of \$5**.
- ◆ Join fellow Palomar East GSMOL members, some of whom have held their memberships since the last century, by signing up today!

## April 9<sup>th</sup>—FREE Paper Shredding & E-Waste Collection Event

**Are you drowning in paper? Would you like to discard old bank statements and other personal records, but are concerned with identity theft?**

The City of San Marcos and EDCO are sponsoring a **FREE shredding and e-waste collection** event. There will be certified shredding trucks during the event, and **all items will be shredded ONSITE!** Limited to two banker boxes (10"x12"x15") per household. Unwanted electronics will also be collected including TVs, computer monitors, printers, fax machines, VCRs, etc. However, **no household hazardous waste (HHW) material will be accepted**. Also available will be **free mulch** for San Marcos residents (while supplies last). Limit of 3 cans/bags per vehicle.

**When: Saturday, April 9<sup>th</sup>, Time: 9:00 a.m. – 12:00 p.m., Location: Palomar College, Off-Campus Parking Lot #14** (Off of W. Mission Rd., San Marcos, between the church and campus)

**LIMITED SPACE!**

**PALOMAR EAST**  
**Resource**  
**Fair**

**SIGN UP ASAP!**

**Saturday, April 23**

**Vendor Booths - Free Lunch - Health Screenings**  
**- Live Music - Raffle Prizes**

**Timeline:**

**Resource Fair begins: 10:30am-12:30pm**

**Health Screenings: 10:00am-1:00pm**

**Lunch: 1130am-12pm**

**PLEASE SIGN UP WITH THE MANAGER IN THE  
CLUBHOUSE TO ENSURE YOU HAVE A SPOT TO ATTEND  
THIS AMAZING EVENT! MAXIMUM OF 60 RESIDENTS MAY  
ATTEND**