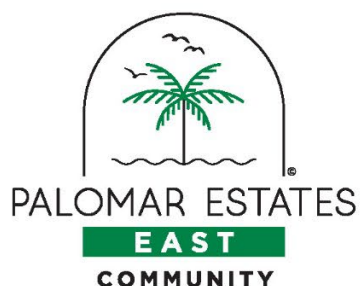




Emergency: 911

Non-Emergency: 760-510-5200 *after hours*



650 South Rancho Santa Fe Road
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President: George Turk
Vice-President: Lori Carraway
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Director, Resident Services: Stacey Kazmierski
Phone: (949) 515-5100
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December Editorial

"Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it. Remember, you don't live in the world all of your own"

— Albert Schweitzer

Thank You Palomar East Volunteers!

As each year comes to a close, and a new year is on the horizon, we often take time to reflect on the year behind us and the year ahead. In reflecting on the past year and beyond, I want to extend my heartfelt thanks to the many Palomar Estates East volunteers who provide the many opportunities for our residents to meet and become friends.

One of the first volunteer residents I met was Andrea Martin. When my sister and I were out walking through the community, we passed Andrea's house and noticed all the amazing painted rocks. These are truly amazing. Andrea saw us admiring them and said we could pick any two we would like. I learned that Andrea was providing all new residents a painted rock for their back porch (to hold down any communications that might be placed there). Thank you, Andrea! You are both talented and generous! I later learned that Andrea teaches the ceramics class. I hope some day to be able to attend some of those classes.

At the close of the Covid lockdown, there was a Welcome Luncheon for new residents. I attended the luncheon and sat at a table next to Lanny Lippincott. I remember hearing him talk about editing the community newsletter, *The Breeze*. He also spent many hours organizing the Palomar Emergency Response Team (PERT).

Thank you, Lanny, for your selfless service to the community over many years.

One of the first neighbors I met here was Leslie Monteforte. She brought some cookies to my house.

I learned that she had been a tennis coach for many years. I told her that I was interested in learning how to play pickleball, and she offered to teach me how to play. In fact, she taught many of our residents how to play. Thank you, Leslie, for reaching out to your neighbors and for being generous in sharing your experience and talents!

I had been interested in attending the Friday Social Hour event hosted by the Social Club; however, I was too shy to attend by myself. After Joanne Robinson and I met via pickleball, she invited me to join her at the Social Hour. Thank you, Joanne, for playing pickleball with me, and for inviting me to come with you to the Social Hour. From that, I began to meet other residents.

Being a bit braver, one day I decided to call Patty Gonzales to let her know I was interested in helping with the newsletter, if that was ever needed. With the departure of Gayle Cinnamon, a new editor was needed. My thanks to you, Patty and Gayle, for the many hours you spent on *The Breeze* and allowing me to become the next editor.

As Patty has done for almost everyone on the PEERA Board, Patty talked to me about serving the community on the PEERA Board. Thank you, Patty, for your encouragement and for your tireless efforts in serving our community. I am immensely grateful for the opportunity to serve on the PEERA Board alongside so many wonderful neighbors.

I could go on this entire issue of the Breeze, and more! My heartfelt thanks to all those who volunteer to serve our community in so many ways... You are what make this community such a delight!

I encourage others to volunteer in some way this coming year. You, and those you serve, will both benefit from your volunteering. Here's to a New Year coming!

Joanne Price, Editor, *The Breeze*



Monthly Contributors to *The Breeze*

Joanne Price—Editor

Patty Gonzales—Creative Director/
Staff Photographer

Kasey Koenig, George Turk, Lanny Lippincott, the Social Club, and the PEERA Board

Drop us a line or an article anytime at
PEE.TheBreeze@gmail.com

Also, the PEERA website is: peerasm.org

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Returning to the Simple Joys

Through the Eyes of My Younger Self

Sometimes I long to see through the eyes of my younger self - when magic lived in every corner and wonder painted the ordinary with gold.

When a dandelion was a wish-keeper, not a weed. When puddles were oceans of possibility, not obstacles to avoid. When cardboard boxes became castles, and blanket forts held all the secrets of the universe.



Art by Anna Ermolaeva



I miss the time when colors didn't need to stay within lines, when grass stains were medals of adventure, not laundry concerns. When every stranger held the potential of friendship, and trust hadn't yet learned to wear armor.

Back then, the moon followed us home like a faithful companion, tree branches whispered ancient stories, and stuffed animals held wisdom deeper than any sage. A hug could heal any wound, and tomorrow was always painted in hope's brightest colors.

In those days, we saw beauty in its purest form - before the world taught us to judge, before time taught us to hurry, before life taught us to fear.

Now, when the world feels too heavy, I close my eyes and remember: that child still lives within me, teaching me to dance in rain puddles and find constellations in spilled sugar. Reminding me that sometimes the greatest wisdom lies in simply believing in magic again.

~ Etheric Echoes



<https://www.happymumhappychild.co.nz/>

Millennium Memo



"The banana slug (Ariolimax) is the official state slug." AB 1850, Section 2.

1,017 bills were signed into law this year. The most important, of course, was settling the controversy over the State Slug, but there are other new laws that may be of interest:

- **SB 1190** gives residents the right to install Solar on their homes, subject to safety and permitting standards. We would allow that anyway, but it's a law now.
- **SB 1408** revised towing rules, allowing tows of vehicles extending into the street.
- **AB 2022** imposes higher standards on manager training for emergencies.

Bills that failed include statewide rent control, right of first refusal, requiring all new homes to be all-electric...I'm sure those will be back in 2025. Overall, it was a quiet year, with no big laws impacting mobile home parks. We'll see what 2025 brings.

Meanwhile, Back at Palomar East

- Stacey Kazmierski, Palomar's SPARC Representative, returned from Maternity Leave on Nov. 4. Her first event: the Nov. 12 Senior Warm Kit giveaway. It's great having her back and bringing you programs again.
- In his column last month, Kasey reported 3 home sales. What he didn't tell you were the prices: \$225K, \$400K and...wait for it...\$439K! Did you ever think you'd see values like that in Palomar East? Imagine what your home might be worth.
- If you're feeling the Holiday Spirit...how about resolving to stick to the Park Speed Limit. While we're at it, perhaps you could also make sure to respect the Stop Signs.

What better way to welcome the Holiday Season!

Remember This Bit of Christmas Trivia?

Q. Can you name all 10 of Santa's reindeer?

A. Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner, Blitzen, Rudolph and...Olive.

You never heard of that last one? Olive, the other reindeer?

Congratulations to Ariolimax...have a Merry Christmas.

George Turk

President
Millennium Housing



Kasey Koenig
Park Manager/Office

East Park

MARKET UPDATE & MANAGER'S REPORT



Burt Hamernick
Park Manager/Maintenance



*"Don't treat people as bad as they are.
Treat them as good as you are.*

-- Anonymous

Home Sales

There was one home sale the previous month and currently one home is in escrow. There are seven homes for sale.

Maintenance Update

Fresh flowers were planted around the community. The pool and jacuzzi were shut down for annual cleaning.

COYOTES!!

Even though our habitats overlap, coyotes generally avoid humans. The presence of pet food, compost, or trash can lure coyotes into yards. Pets may attract coyotes into certain neighborhoods.

The best way to minimize risk to pets is to NEVER leave them outside unattended.

Coyote Repellent Tip #1: It's All About the Smell.

Strategically place stinky scents like wolf urine, ammonia-soaked rags, and moth balls around your yard and garbage cans. Coyotes should never feel comfortable being around humans. They can be scared away by screaming, yelling, or blowing a whistle. You can also wave your arms over your head to make yourself seem like a larger threat.

Should you be concerned if you hear coyotes howling, yipping, or barking?

The sound of coyotes howling and yipping at night sometimes causes people concern and alarm. Some mistakenly believe howling indicates that a group of coyotes has made a kill. While coyotes howl for a variety of reasons, it is not likely because they have downed prey. Doing so would draw attention and might attract competing coyotes or other predators to their location, which is not something a hungry coyote would want to do. Coyotes howl and yip primarily to communicate with each other and establish territory.

Short & Quick

- There is no dumpster for resident use in the community.
- Daylight Savings Time brings shorter days and cooler nights. Please wear light colored clothing when walking in the evenings or carry a flashlight.
- When driving please adhere to the speed limit and stop at all Stop Signs.
- If hosting a holiday party guests should park in designated parking areas and not double park in front of your house.

Wishing everyone a Merry Christmas and a happy and healthy New Year!

Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us:

palomareast@gmail.com

Palomar Estates East Residents Association

P
E
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A



Notifications & Activities

PEERA Board

Patty Gonzales	Chair
Connie Bloem	Vice Chair
Susan Ewing	Secretary
Leslie Dranko	Treasurer

Members At Large

Sally Yeater	Beautification
Ken Hoder	Community Resources
Joanne Robinson	Complaints
Peter Del Bene	Emergency Prep
Michael Weiss	Helping Hands
Carl Silva	Membership
Joanne Price	Publicity

December offers clarity, simplicity, and silence, bearing a heartfelt wish for spectacular moments of celebration." – Patty Gonzales

December Traditions

December is undoubtedly the most festive month of the year. The holiday season and all the gatherings with family and friends make the final month of the year a busy time. What are a few of your favorite holiday traditions?

Among my annual traditions, the year-end Christmas bunco party with my former neighbors in Carlsbad is always amazing. Another oldie but goodie is sending out holiday greeting cards. Next is the gathering with friends for our traditional tamale exchange. We all bring our fillings, assemble, and cook them together. Of course, my favorite is the quality time spent with my kids and family members, creating lasting memories, taking photos, and sharing laughter that fills the air. Finally, it's worth noting that Dave's birthday falls on Christmas Eve, which we make extra special. Happy Birthday, Dave!

Bidding Farewell as PEERA Chair

"Don't cry because it's over, smile because it happened"
– Dr. Seuss

It feels like words aren't enough to express my gratitude for the guidance I have received from the community these last two years.

Although it is time to bid farewell as the PEERA Board Chair, it is important to remember the positive impact of the experience. As my term as chair concludes, it was a privilege to serve on the PEERA Board for nearly three years, as Publicity Member-at-Large and two years as Chairperson.

The opportunity to contribute to the board and the community has been immensely fulfilling. From recruiting a full board along with the creative process of designing the park logo and entrance event sign to color-coding the park map, along with the collaborative task of renovating the clubhouse, particularly the kitchen flooring and exterior painting, etc., each endeavor has been a rewarding adventure indeed.



Your Voice IN Our Community

PEERA Board peerasm.org

2024

To our dedicated PEERA Board, thank you for your unwavering support and commitment to our residents' association. Your valuable insights, hard work, and dedication are instrumental in our progress and are deeply appreciated as your contributions helped us achieve many goals this year and in the year to come. Palomar East is fortunate to have such a passionate and engaged team by our side.

It is important to recognize that what may seem like an ending is often the beginning. With this in mind, I look forward to the future and the continued success of the PEERA Board and our community.

"Progress is impossible without change."
– Walt Disney

Updates to the PEERA Board

Let's give a warm welcome and congratulations to our newly elected Chairperson, Michele Silva and Jetta Russell, Membership Member-at-Large. The PEERA Board would like to express our gratitude to each and every member of the PEERA Membership for actively participating in the election. Your engagement and support are invaluable.

Subsequent to the PEERA Board Annual Election, we have several important PEERA Board updates to share. These pertain to Board position changes that result from Kate Niebur moving from our community at the end of September and the unsuccessful Proposed Revisions to the PEERA Bylaws.

All confirmed appointments listed will be effective December 1st, per the vote approval of the Board. Since these are mid-term appointments, those listed will serve the remaining one year of the term.

- Joanne Price – During the past year, Joanne Price has worked with Kate regarding the website. Since Kate's move, Joanne has continued to work on matters regarding the website. She will be stepping down from her position as the Community Resources Board Member-at-Large at the end of November but would like to serve on the Board as Publicity Member-at-Large for the unexpired term of Kate Niebur. Joanne's expertise aligns well with the requirements of this position.
- Peter Del Bene – Due to the unsuccessful proposed 2024 Revisions to the PEERA Bylaws, the PERT Member-at-Large Board position must be filled. (We had proposed eliminating this position merging Safety with Beautification). Peter has agreed to fill the position of PERT Member-at-Large because this position is better suited and aligns with his background and experience.
- Sally Yeater – With the Board approval of Peter's move to the PERT position, the Beautification Member-at-Large was therefore open for appointment. I am pleased that Sally Yeater has agreed to join the Board as Beautification Member-at-Large. She recently shared her aspiration to transition from the Social Club to serve on the PEERA Board. She is willing to step down from the Social Club and serve as a volunteer to Social Club for the month of December.
- Merlene Heeren – We have received Merlene Heeren's resignation from her position as the Helping Hands Member-at-Large, effective the end of November. Merlene prefers to work on a Board Committee rather than serve as a Board Member.

Your Voice IN Our Community

PEERA Board peerasm.org

2024

- Michael Weiss – Michael Weiss is joining the Board as Helping Hands Member-at-Large. Michael has been consistent in his desire to serve on the Board. Although we had previously approved his position as Secretary, with Susan's decision to remain as Secretary, Michael decided to run for the Chair position. Based on the election results, he was available to serve the Board in a different capacity.
- Ken Hodor – Ken has had a long-term interest in serving on the PEERA Board. Ken has served the on the board previously. He has agreed to serve as the Community Resources Member-at-Large. The recent election provided a clear indication of his support in the community.



Our Clubhouse Chairs & Table Dressed Up for a Party!

Finishing Touches

As I write this article, I am pleased to share that one of my chair initiatives is currently under construction: The Community Event Board Marquee renovation. A huge shout out to Burt and his team. Thank you!

The physical signage was among my initial undertakings when I held the position of Publicity Member-at-Large on the PEERA Board. A key role of the Publicity Committee is to help ensure clear and effective communication within our community. As I step down from the PEERA Board, I will continue to serve as a committee member.

In the meantime, I was up at the clubhouse when Angie Franco (Space 184) was setting up for her husband's retirement party. (See photo)

Wow, what a perfect example of how to dress up chairs! It elevated the room with an elegant vibe. Simply beautiful, great job! If you'd like information about this décor, call Angie Franco.



The Marquee in 2022



The Marquee New Design Almost Complete

Halloween Potluck 2024

Below are a few pictures taken at the Annual Halloween Potluck held on October 26th at the Clubhouse. In addition to all the fun costumes, the pumpkins gave me some ideas for next year's pumpkin carvings!





Our Club. Our Members. Our Passion.

2024

Ho! Ho! Ho! Coming to you, Live! From the naughty list.....

Hope everyone counted their blessings and had a nice Thanksgiving. As we enter the final month of the year, the Social Club is pulling out all the stops (not that there really were any....) to cram as much as possible into the schedule.

IMPORTANT NOTE:

Since you are reading this, I'm guessing that you are interested in the activities here in the park. *The Breeze* is an excellent way to find out about upcoming activities. However, since the articles for the Breeze must be submitted over three weeks in advance of publication, there may be additions, changes, or updates regarding the events.

The best way to any update information is by receiving the Social Club Robo-Calls. If you are not signed up for Robo-Calls, please let Kasey know to add you to the list. Be sure he has your correct phone number.

Thanks to all who responded to our request regarding the future of the Social Club. I am happy to announce that although 2024 is already starting to circle the drain, the Social Club will not be going down with it! Not only that, but over 30 people have volunteered to help with next year's club! Way to step up, folks. Thanks so very much. More about this topic will be discussed at the General Meeting.

Keep an ear out for more info via Robo-Call!

Social Club Board

1 Sally Yeater	Membership
2 Michelle Lema	Treasurer
3 Andrea Martin	Vice President
4 Debbie Johnston	President
5 Lani Beltrano	Secretary
6 Susan Adorno	Member-at-Large

Board Members-at-Large not shown in photo: Dolores Bsharah and Paul Hoffman

Upcoming Events

- ❑ **December 6** – Social Hour & Potluck, 5:30 pm
- ❑ **December 7** – Social Club General Meeting & Cookie Exchange, 2 pm
- ❑ **December 14** – Christmas Dinner*, 5 pm
- ❑ **December 17** – Palomar East Holiday Event by SPARC, 11 am to 1 pm
- ❑ **December 31** – New Year's Eve Party, 5 pm

(* Ticket sale dates will be announced at the Social Club General Meeting.)

Note that there is more information regarding the SPARC Holiday Event on page 21 of *The Breeze*.

Best holiday wishes to all, and I hope you get all you wanted under the tree!

As for me, I want what I always ask for: 12 more working hours in every day....!

Andrea Martin
Social Club Vice President



Benefits of Exercise for Older Adults

ncoe | Adviser
national council on aging

Age should never be a reason to stop challenging your mind and body. Exercise promotes physical, mental, emotional, and social benefits that keep you happy and healthy—especially during harsh winter months.

Physical Benefits:



Supports physical function



Prevents cardiovascular conditions



Relieves and prevents pain



Decreases risk of falls



Supports bone health



Prevents onset of disease

Mental and Emotional Benefits:



Improves sleep hygiene



Protects brain health



Promotes emotional well-being



Improves self-confidence

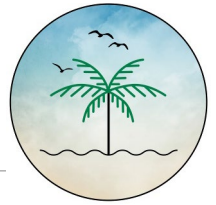


Builds community



Beautification

PEERA Board Committee



Halloween Outdoor Decorating Contest

The Halloween spirit would not be complete without the presence of a tree hugger. By daylight, Luca expressed a particular fondness for the trees adorned with eyes, considering them his favorite decorations in the park. Trees, after all, are known to be all bark and no bite, providing simple yet profound pleasures through the eyes of a child.

This year, we are delighted to announce the winners of our Halloween Decorating Contest, who emerged victorious by night fall:

- **Space 135:** Honored for their ability to create the thrill of instilling a sense of fear. We wonder what was thrown out with the trash... scary, LOL!
- **Space 168:** Recognized for their simple and creative approach.
- **Space 212:** Celebrated for their various characters, capturing the essence of Halloween.



Space 135 – Andrea Martin & Rupert Martin



Space 168 – Carol Randall

Holidays Outdoor Decorating Contest

We would like to remind everyone about our upcoming annual PEERA Holiday Decorating Contest. As Bob Hope eloquently stated, "When we recall Christmas past, we usually find that the simplest things give off the greatest glow of happiness."

Tis the season. Enjoy!



Space 168 – Carl & Michelle Silva



Luca and the Living Tree

Recipes for the Holidays

The holidays are definitely the time for wonderful food! Here are two recipes you may enjoy trying for the holiday festivities.

Cranberry & White Cheddar Dip



This dip sounds delicious and perfect for the holiday season. The combination of tangy cranberries and rich white cheddar is a great match. You can also add red chili flakes or jalapeños to kick it up a notch.

Ingredients

- 1 cup white cheddar cheese, shredded
- 1 cup cream cheese, softened
- 1/2 cup sour cream
- 1/2 cup mayonnaise
- 1/2 cup fresh cranberries (or dried cranberries)
- 1/4 cup cranberry sauce (optional)
- 1 tsp fresh thyme, chopped
- Salt and pepper, to taste
- Crackers or toasted bread for serving

Directions

1. Preheat the oven to 375°F.
2. Mix the ingredients in a large bowl.
3. Spoon the mixture into a baking dish and top with cranberries and cranberry sauce (if using).
4. Bake for 20-25 minutes or until bubbly and golden brown.
5. Garnish with extra thyme and serve warm with crackers or toasted bread.

Enjoy!

Almond Amaretti Cookies



Indulge in the taste of Italy with these delightful Almond Amaretti Cookies. Perfectly chewy and loaded with almond flavor, they're a holiday favorite!

Ingredients

- 2 cups (224 g) almond flour
- 1 ¾ cups (200 g) powdered sugar
- 3 large egg whites
- 1 teaspoon orange zest
- 1 teaspoon lemon zest
- 10 maraschino cherries
- ⅛ teaspoon pure vanilla extract

Directions

Preheat the oven to 325°F (165°C). Line a baking sheet with parchment paper.

In a medium bowl, mix almond flour and powdered sugar until well combined.

In a separate bowl, whisk the egg whites until frothy, then fold them into the dry ingredients. Add orange zest, lemon zest, and vanilla extract, stirring until a soft, sticky dough forms.

Scoop tablespoon-sized portions of dough and roll them into balls. Place on the baking sheet, leaving space between each cookie.

Press a maraschino cherry gently into the center of each cookie.

Bake for 20-25 minutes, or until the edges are golden and cookies are set. Let cool on the baking sheet for 5 minutes, then transfer to a wire rack to cool completely.

Prep Time: 15 minutes | **Cooking Time:** 20 minutes
| **Total Time:** 35 minutes | **Servings:** 24 cookies

Community Resources & Activities

December

2024

All Are Welcome



Come Join the FUN!

ACTIVITY	WHO TO CONTACT AND MEETING SCHEDULES
BINGO	Debbie Johnston & Delane Johnson: Thursdays , 6 PM at West
BOOK CLUB	Social Club : 2 nd Wednesday each month, 1:00 PM, East Clubhouse Card Room.
CERAMICS	Andrea Martin : Wednesdays , 6 - 8 pm, East Clubhouse, Arts & Craft Room
DANCE LESSONS	Anne Pearson (858) 610-4816: 2nd & 4th Thursdays , 2 - 3:30 pm, East Clubhouse
HAND & FOOT CARD GAME	Anne Litz (760) 846-5850 (Please leave message) or Marilyn Fluharty (218) 821-0337: Mondays and Thursdays , 1 pm, at Marilyn Fluharty's home (Spc 179)
PAINT CLASS	Dawn Anguiano , dawn46@gmail.com: (1 st Tuesday each month at Rancho Vallecitos)
QUILTING GROUP	Social Club : Tuesdays , 9:30 am to whenever, East Clubhouse Card Room.
TAI CHI	Rudy Cobos (773) 519-6627: Fridays at 9:00 am, East Clubhouse
YOGA	LuAnn Foster (480) 203-4330: Monday : 3:00 PM Zoom, 6:00 PM Yoga West & Zoom, Tuesday : 10:00 AM Chair Yoga West & Zoom, Thursday : 10:00 AM Chair Yoga East & Zoom
ZUMBA	Saleemah (803) 463-2880: Monday : 11:15 AM West, Tuesday : 2:15 PM Zoom, Wednesday : 10:30 AM Zoom, Thursday : 11:15 AM East

Additional Park Activities

ACTIVITY	WHO TO CONTACT
Billiards	Ken Hodor
Bocce Ball	Carl Silva
Card Games	Card Room
Darts	Don Bomar
Fishing	Don Bomar
Fitness Facility	Ken Hodor

ACTIVITY	WHO TO CONTACT
Golf Putting Green	Dave Fenner
Horseshoes	Dave Fenner
Library	A.J. Jangula
Pickleball	Joanne Price
Ping Pong/ Tennis	Bill Mead
Puzzles	Card Room

Many Types of Activity Groups

Thank you to all the volunteer residents who sponsor these activities. We appreciate your providing such so many opportunities for fun interactions among our residents. As the new year approaches you might want to consider participating in one or more of the many activities that are available to Palomar East residents.

Thanks also to SPARC for the activities they sponsor several times a year. On December 17th, 11 am to 1 pm, SPARC will be hosting the Palomar East Holiday Event. This will include lunch, live music, and bingo games. Sign up in the clubhouse. (40 spots total)

Paint Classes

By Dawn Anguiano

In December, we will have a very special project to paint. Don't you just love those surprises? Look for the signup sheet in the Rancho Vallecitos Clubhouse or give us a call to let us know you will be attending. You don't want to miss this one!

Remember, classes are on the first Tuesday of the month from 10:00 to 1:00. Cost is \$10.00 per class and covers all the materials. Come paint with us and meet some new friends.











Palomar East Calendar

December

2024

NOTE: Regular activities held on given days of the week are shown at the top of the calendar.
Activities with special scheduling are shown on the calendar in red.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	11:15 AM Zumba (West) 1:00 PM Hand & Foot 2:30 PM Men's Bocce 3:00 PM Yoga (Zoom) 6:00 PM Yoga (West & Zoom)	9:30 AM - Quilting Group 10:00 AM - Chair Yoga (West & Zoom) 2:15 PM - Zumba (Zoom)	10:30 AM - Zumba (Zoom) 1:30 PM - Pool/Billiards 6:00 - 8:00 PM - Ceramics 6:00 - 8:00 PM - Manipulation Game	10:00 AM Chair Yoga (East & Zoom) 11:15 AM Zumba (East) 1:00 PM Hand & Foot 4:30 PM Zumba (Zoom) 6:00 PM Bingo (At West)	9:00 AM Tai Chi (East)	
1	2	3	4	5	6	7
		5:30 PM – PEERA Admin Meeting 			5:30 PM Social Hour & Potluck at the Clubhouse 	2:00 PM – Social Club Gen'l Meeting & Cookie Exchange
8	9	10	11	12	13	14
		10:00 AM to 1:00 PM – Paint Class				5:00 PM – Christmas Dinner by Social Club 
15	16	17	18	19	20	21
		11 AM to 1 PM – SPARC Holiday Event 	1:00 PM – Book Club – No regular meeting this month 	Dance Lessons – No meeting this month		
22	23	24	25	26	27	28
			MERRY CHRISTMAS! 			
29	30	31				
		5:00 PM – New Year's Eve Party 	HAPPY NEW YEAR 			

Park Member News

Welcome New Neighbors

We look forward to getting to know you! Please fill out the envelopes found in your Welcome tote. You can return them to the Social Club and/or PEERA lockboxes in the clubhouse.

- Daniel Contreras Space 5
Arrived: 10/14/2024

Gone and Not Forgotten

- Jeannette Zarb-Cousin Space 187
Arrived: 7/2022 Passed Away: 10/4/2024
- Richard Koenig Space 5
Arrived: 11/1995 Passed Away: 10/14/2024
- Alfonso Trujillo Space 106
Arrived: 2/2015 Passed Away: 11/3/2024

Treasuring Our Neighbors

Editor's Note: Each month, as I prepare this page of The Breeze, I pay attention to the information about our new neighbors and those who have left us – those who have moved away or those who have passed away. I am struck by the very short time our lives intersect. I am hopeful that as a community, we continue to treasure each resident that crosses our path. We will certainly be richer as a result.



Wedding Anniversaries

- | | |
|--------|----------------------------------|
| Dec 8 | Tom Erickson & Gigi Meisenholder |
| Dec 19 | Don & Brenda Bomar |
| Dec 23 | Camilo & Bethany Gonzales |
| Dec 27 | Dan & Kathy Warren |



"When you arise in the morning, think of what a precious privilege it is to be alive - to breathe, to think, to enjoy, to love."

As the first rays of dawn paint the sky, take a moment to pause and savor the simple miracle of being alive.

Breathe deeply, feeling the air fill your lungs, a testament to the life force that courses through you.

Embrace the gift of thought, the ability to ponder, to dream, to create.

Let gratitude wash over you for the privilege of experiencing the world, its beauty, its challenges, its joys. And most importantly, cherish the capacity to love, to connect, to share your heart with others.

Each day is a precious gift, a chance to live fully, to embrace life's wonders, and to leave your mark on the world.

Park Member News

Celebrating Our December Birthdays!

1	Pen McHugh
2	Joanne Robinson
2	Iola King
2	Ken Hodor
3	Connie Long
3	Joe Franco
4	Jeanine Proulx
4	Jorge Usi
4	Anne Pearson
4	Cheryl Lilley
5	Lori Elder
6	Lucy Wheeler
11	Lynn Pallonetti
13	Leona Shareing
15	Steve Loop

16	Charlene Erickson
16	Rebecca Zimmerman
17	Dolores Berenty
18	Linda Calhoun
20	Henry Robicheaux
20	Carolyn Westbrook
21	Sharon Noble
22	Becky Pena
23	Marie Losey
24	Tim Curtis
24	David Fenner
26	Martin Dicks
26	Esther La Fuze
31	Marisol Loop

The first book I read at book club was 'Diary of an Oxygen Thief.' I'd never heard of it before in my life. And I loved it.

Contrary to popular belief, people will judge a book by its cover. Or its blurb. When everyone is suggesting books, you end up reading books you'd not have read if the choice was yours. You might not like some of them. But you might love others. And when a book surprises you like that, it can quickly earn a place among your favorites.

2. You learn how other readers think, which makes your own reading better.

A Book Club is a window. You get to see what other people learn from a book. The more this happens, the richer the story gets. Suddenly you're getting inspired from a book in more ways than one because you've been taught how to see things from lots of perspectives.

3. Your knowledge gets a massive boost.

Think about the knowledge and experience people bring to the table at a Book Club. Reading is all about lifelong learning. And all that knowledge is up for grabs every time you open a book to talk about it.

4. You read more than what's just advertised at the airport book rack or other places.

Another perk to reading together is you come across lesser known books.

As an example, I was familiar with many of Roald Dahl's books for children, such as *The BFG* and *James and the Giant Peach*. Before attending a Book Club, I didn't know, however, that Roald Dahl wrote adult fiction as well – and there are many.

Excerpted/adapted from a blog by Adam Morris, Executive for Twinkl Education Publishers

Book Club



Meetings are held on the 2nd Weds of each month, 1pm at the clubhouse.

Plan to join the Book Club for a light snack, friendly neighbors, and a chance to laugh out loud.

Why Do People Make Time for Book Clubs?

It's no surprise that a Book Club is a commitment. You're reading a book each month, then putting a day aside to talk about it.

In an age where free time is worth its weight in gold, you'd think book club is a big ask for anyone.

But are people put off? Nope! And when you look at search data, it's clear that book clubs aren't going anywhere anytime soon.

So how is it that book club convinces someone to part with what little time they have left?

The benefits.

Book Clubs comes with hidden bonuses. Lots of them:

1. You read books you wouldn't normally pick up.

Around Town

There are many holiday events you might enjoy in our neighboring cities. The events shown on pages 18 and 19 are a sampling of holiday events in our area.

City of San Marcos

Tree Lighting

Featuring vendor market



Saturday, December 7th | 2 to 7 p.m.

Photos with Santa | 2 to 5 p.m.

Tree Lighting | 5:35 p.m.

San Marcos Civic Center | 1 Civic Center Drive,
San Marcos

Join us at our annual Tree Lighting event complete with free festive crafts and activities, as well as vendors selling their wares and snacks.

Entertainment will be featured in the courtyard.
Don't miss the 'snow' right after the tree lighting!

KIWANIS SAN MARCOS PRESENTS
26TH ANNUAL
Holiday PARADE
Celebrating 120 years of the Teddy Bear!

DON'T MISS THE SAN ELIZABETH MIDDLE SCHOOL JAZZ BAND PERFORMANCE! 12-1 P.M.
Senior Activity Center parking lot

FREE BOOK FOR KIDS AT THE PARADE!
Courtesy of the Lake San Marcos Kiwanis Club Literacy Project.

Grand Marshal
PIA HARRIS-EBERT
COME EARLY, BRING YOUR CHAIR & JOIN THE FUN!

SUNDAY DEC 3rd 1:00PM

PARADE ROUTE: The Parade procession steps off from Comet Circle (Palomar College), marches east on Mission Road and ends at the San Marcos Civic Center. Announcers will be at Marcos Street and Firebird Lane.

Kiwanis

City of Vista

The Vista Chamber of Commerce and City of Vista present the 66th Annual Vista Christmas Parade!

The parade theme this year is:



Decorate your float as your favorite holiday movie, the possibilities are endless!

When: Saturday, December 7 | 1:00pm

Where: Downtown Vista

Around Town

City of Carlsbad



NEW VILLAGE ARTS

MIRACLE ON 34th STREET
A Live Musical Radio Play

ADAPTED BY LANCE ARTHUR SMITH
ORIGINAL SONGS & ARRANGEMENTS BY JON LORENZ
DIRECTED BY FAITH CARRION & KAY MCNELLEN
MUSICAL DIRECTION BY E.Y. WASHINGTON
CHOREOGRAPHY BY LUKE H. JACOBS

NOVEMBER 22 - DECEMBER 24, 2024
2787 State Street, Carlsbad 92008 | newvillagearts.org | 760.433.3245
Graciously Sponsored by the Barter Family

NOV 22 - DEC 24

MIRACLE ON 34th STREET: A LIVE MUSICAL RADIO PLAY

Dea Hurston New Village Arts Center
2787 State Street
Carlsbad, CA 92008
(760) 433-3245



NOV 29 - JAN 5, 2025

Sips and Snowflakes at Omni La Costa

2100 Costa Del Mar Road
Carlsbad, CA 92009

City of Oceanside




OCEANSIDE HARBOR PARADE OF LIGHTS

 Dec 14 2024

 7:00 pm - 9:00 pm

 Oceanside Harbor
Oceanside Harbor, Oceanside, CA 92054,



DEC 8

Jingle Mingle & Holiday Faire

Dogs on The Run
2011 Palomar Airport Road
Suite 204
Carlsbad, CA 92011

Attention All Bunco Lovers... Or Soon to Be!

Bunco Club Forming at Palomar East

For all you Bunco lovers, beginning in 2025, a Palomar East Bunco Club is forming. There will be an informational meeting on Thursday, January 16th at 6 pm in the Game Room. If you love Bunco, or want to learn more about it, come to the informational meeting.

Bunco Was a Mystery to Me

For years, two of my daughters played Bunco. I know that they loved it, but I had no idea how it was played...or even anything about it!

Last fall, Patty Gonzales asked me if I wanted to join her at a Bunco game. So I went with her. One meeting and I was hooked. Now I know why my daughters loved it! Count me in!

The following are comment I found on the internet about Bunco nights.

The Fun of Get-Togethers

Around the 1st of every month, I get together with a group of ladies for our monthly Bunco Night. We laugh, we cry, and we cheer each other on. We also have fun spicing up our Bunco night with things like specialty-themed drinks and themed evenings. We've had hippie night, where we all brought out our bellbottoms, '80s night, where there was lots of hairspray, and sports jersey night in honor of the big game. The ideas are endless!

Bunco is an easy-to-learn dice game that is loads of fun. It is a game of 100% luck, 0% skill. Anyone can play, and if you get a good group together, you'll be playing for years to come. There are many ways to play Bunco, but for the purposes of this article, I am going to tell you how our group of 12 plays. We are still going strong after two years, so we definitely know how Bunco night is done right!

Other Comments about Bunco

"I come to Bunco for the fun, fellowship, and the laughter."

Our weekly Bunco social event started after a one-time fun time activity. The people had so much fun they asked if they could get together more often. So, the weekly Bunco group was started, and it has grown over the years. Now, on a weekly basis there are twenty people playing their Bunco game while sharing stories, laughing with each other and forming lasting friendships.

The GO Bunco group has fun keeping track of who had the most wins, the most losses and the most Buncos on a quarterly basis, and at the end of that three-month period a "Bunco King/Queen" is crowned.





YOU ARE INVITED TO

Palomar East Holiday Event!

17 DECEMBER,

Tuesday

2024

11am - 1pm

Enjoy lunch, live music and bingo
games.

Please sign up in the clubhouse.
40 spots available.

