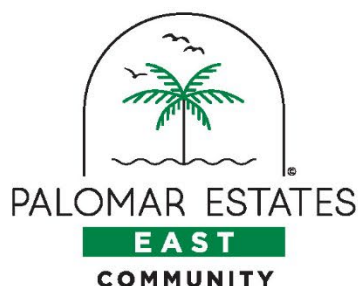




**Emergency: 911**

**Non-Emergency: 1-661-325-3239** *after hours*



650 South Rancho Santa Fe Road  
San Marcos, CA 92078

**Website:** [www.peerasm.org](http://www.peerasm.org)

**Kasey Koenig:** Park Manager/Office  
**Felipe Diaz:** Park Manager/Maintenance  
**Patty Mackey:** Office Assistant  
**Phone:** (760) 727-2010  
**Fax:** (760) 727-2844  
[palomareast@gmail.com](mailto:palomareast@gmail.com)

**Office Hours:**  
Monday-Friday 8am-12pm & 1pm-4pm

**Clubhouse Hours:**  
Monday-Sunday 8am-9pm

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**Haven Management Services**  
*Property Management Company*  
3491 Concours Street, Suite 204  
Ontario, CA 91761

**Katie Davis:** (909) 930-9750 x3005  
**John Davis:** (909) 930-9750 x3003  
**Fax:** (909) 930-9498  
[www.havenms.com](http://www.havenms.com)

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**Millennium Housing**  
611 Anton Blvd Suite 890  
Costa Mesa, CA 92626  
[www.millenniumhousing.com](http://www.millenniumhousing.com)



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**President:** George Turk  
**Vice-President:** Lori Carraway  
**Project Manager:** Diana Welsch  
**Director, Resident Services:** Stacey Kazmierski  
**Phone:** (949) 515-5100  
**Fax:** (949) 515-5101

# July Editorial

July is always a time to reflect on our nation and its uniqueness. As I was thinking about this, I recalled the phrase, 'The Great American Experiment,' from my history classes so long ago. The following is an overview of what made the establishment of our country so unique.

## The Great American Experiment

The phrase, "The Great American Experiment" refers to the ambitious undertaking of establishing a new nation founded on the principles of self-governance, individual liberty, and equality. It encompasses the challenges and uncertainties faced by the Founding Fathers in creating a republic that differed significantly from the existing monarchies of the time. This experiment included crafting the Constitution, implementing democratic ideals, and navigating the complexities of building a nation from scratch.

The Founding Fathers of our nation were acutely aware of the unprecedented nature of their endeavor. They understood that the success of their republic depended on the active participation and vigilance of its citizens.

Key aspects of the American Experiment include:

- Establishing a Self-Governing Republic – The founders sought to create a system where power resided with the people, rather than a monarch or aristocracy.
- Guaranteeing Individual Rights – The experiment included the declaration and protection of fundamental rights like liberty, equality, and the pursuit of happiness.

Drop us a line or an article anytime at  
[PEE.TheBreeze@gmail.com](mailto:PEE.TheBreeze@gmail.com)

Also, the PEERA website is: [peerasm.org](http://peerasm.org)

- Adapting to Change – The American experiment is ongoing, requiring the nation to adapt and evolve while remaining true to its founding principles.

The phrase "The Great American Experiment" is not just a historical descriptor; it continues to be invoked to encourage civic engagement, promote democratic values, and remind citizens of the ongoing responsibility to maintain and improve the nation's system of self-governance.

– Excerpts from AI Overview

## "The American Experiment Launched by Jefferson Goes On"



"Americans are still taking part in the democratic experiment Thomas Jefferson launched with the Declaration of Independence," said U.S. Supreme Court Justice Stephen G. Breyer (now retired) in remarks at the University of Virginia School of Law, April 2022.

"We're in it now, aren't we? Same experiment," Breyer said. "Can we make it work?"

He soon answered his own question.

"We will do it," he said. "Who's going to decide whether or not that experiment in trying to achieve those ideals will work? And the answer is simple for me. The answer is simply: you. And I say this to the high school students. I say this to the college students. I will say it to the law students."

Joanne Price, Editor, *The Breeze*



### Monthly Contributors to *The Breeze*

Joanne Price—Editor

Patty Gonzales—Creative Director/  
Staff Photographer

Kasey Koenig, George Turk, Lanny Lippencott, the Social Club, and the PEERA Board

**Disclaimers:** *The Breeze* is not responsible for print quality and color interpretations, or date and time changes of events in this newsletter. Check our **website** for the most up-to-date information: [peerasm.org](http://peerasm.org). Ads placed in *The Breeze* and newsletter production quality are solely managed by the publisher: MHB Group 800-828-8242.

I will say, 'My friends. It is you who will decide. It is you who will figure out how to do it.'"

*Excerpted from:*

<https://www.law.virginia.edu/news/202204/american-experiment-launched-jefferson-goes-says-justice-breyer>

Justice Breyer, brings up an important point: specifically, what can we do to help maintain and improve our nation's system of self-governance?

## Seven Elements of a Successful Democracy

A series of newsletter articles from [beyondintractability.org](http://beyondintractability.org) provides a description of seven (7) elements needed to maintain a successful democracy.

These 7 elements are not only important with regard to our nation, but they are equally relevant to every organization in which members are elected to serve. This includes our organizations here at Palomar Estates East.

In times of organizational turbulence (see PEERA, pages 5-6), reflecting on these 7 elements may help point toward changes that would benefit all.

### 1. The Ability to Limit Destructive Escalation

Democracies must provide citizens with ways to address grievances and resolve disputes that do not escalate conflicts to destructive levels where significant debate is replaced with mutual hatred and a desire to hurt one another. They must also provide mechanisms to de-escalate conflicts when they do become overheated.

Right now, in the United States, people on both sides of the Red-Blue (conservative-liberal) divide seem to believe that the only way they can protect their vital interests is by winning the next election. And the way to do that, many people believe, is to drive distrust and hatred of the other side higher and higher. Between traditional

and social media, both sides are stoking anger, fear, and hatred, and disseminating false stories, in order to get people to believe their side's view of "the truth." If left on its own, this results in a downward spiral of offensive activities, even eventually including violence. This is not an environment in which democracy can flourish. It might not even survive.

Healthy democracies are ones in which our leaders model and encourage respect for the other side by utilizing de-escalating strategies which are commonly used by the conflict resolution field.

### 2. A Communication Process That Promotes Mutual Understanding

Democracies must promote respectful and truthful communication, while condemning and, when possible, isolating disrespectful and false communication. (We do not call for blocking such communication, however, as we strongly support freedom of speech. Without such freedom, it becomes impossible to challenge ill-advised policies and actions.) However, social norms should strongly discourage the kind of misleading and hateful political communication that is now so widespread.

Rather than asserting that one side is right, and the other wrong, or one side is good and the other evil, we must practice and promote thoughtful speech and careful, respectful, active listening. This means we need to make the effort to genuinely understand what others believe and feel and why. That should then give us all a much better understanding about areas of common ground, the nature of remaining disagreements and how to move forward constructively on both.

### 3. Reliable Analyses of Problems and Potential Solutions Based on Verified Facts

Successful democracies must be able to reliably identify the problems they face, based on an understanding of verified facts, not the self-serving analyses and manufactured truths that are being promoted by both sides. (The Left tends to think this

*(Continued on Page 18)*

# Millennium Memo

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*"The next time you get the urge to procrastinate, just put it off."* Anonymous.

How many of life's unpleasant tasks only take a few moments to accomplish? Brushing your teeth, perhaps, or, if you have a well-kept yard, pulling weeds? I'll add one more to that list: completing and returning your Annual Income Certification.

As I never tire of reminding you, the funds generated by your Income Certs help pay for upgrades to your Park, about \$350K worth in the new Fiscal Year--\$240K just on Streets & Driveways.

Other projects include remodeling the Card Room, new HVAC units in the Clubhouse, Sauna Benches, Dog Park upgrades, replace some mailboxes...that's worth a few moments of your time, isn't it?

## **John Davis, RIP**

We were very sorry to hear of John Davis' passing last month after a short illness. John, of course, was the founder of Haven Management, which manages 11 of our 20 Parks.

John was a great supporter of Millennium and one of my best friends in the Industry. He understood our desire for a resident-friendly management style and attended countless resident meetings without complaining—well, maybe just a little.

In fact, I'd say John was a big part of Millennium's success. He operated with compassion, gave sound advice, kept calm in the face of resident demands...he was everything you could wish for in a Manager.

Please keep John's wife Joan and his two children—Katie & Michael—in your thoughts, and give Katie your full support as she carries on the Haven legacy.

## **A Couple More Items**

- SPARC's Micro-Fair took place on June 26. That's after the deadline for this Memo, but I'm told there was a Craft Station, Tech Question Booth, Health Screenings, raffles, a FREE lunch...I'll have a report for you next month.
- You aren't one of those who's been speeding, blowing through Stop Signs and scaring other residents, are you? I didn't think so, but some of your neighbors aren't quite as courteous. I know 15 MPH seems slow, but please drive safely....

## **John Would Have Liked This One ...**

A dog goes into a bar and orders a martini. The bartender said: "You don't see a dog in here drinking a martini very often." The dog said: "At these prices, I'm not surprised."

Have a fun 4th of July!

***George Turk***

*President  
Millennium Housing*



# East Park

## MARKET UPDATE & MANAGER'S REPORT



### Maintenance Update

- Two water leaks were repaired on Rancho Santa Fe Rd and new irrigation equipment was installed in this area to replace broken or malfunctioning equipment.
- Trees around the clubhouse, laundry mat, and dog park were trimmed.
- The existing jacuzzi pump broke so a new one was installed.
- New faucets and handles were installed in both the clubhouse showers.

### Home Sales

There was one (1) home sale in the previous month but currently five (5) homes are in escrow. Additionally, five (5) other homes are listed for sale.

### Annual Fees in July

It's that time of year when the annual service fees appear on your July statement. The \$2.50 charge is to calibrate and replace water meters in the park and the \$2.00 is an HCD Inspection fee. Don't worry, this only happens once a year.

### Protect Your Property

Unlocked cars are easy targets for opportunistic thieves. Remember to lock your vehicle and shed! Locking car doors, closing windows, and removing valuables from plain sight reduce the likelihood of theft. These are effective steps to protect your hard-earned belongings. Install flood lights in your

carport and/or cameras on the exterior of your property!

### 2025 Income Certs

I want to thank those that returned their income certs to the office. In under two weeks I received over 61% of our park certs! I truly appreciate everyone who turned theirs in promptly. If you haven't already, please complete the form and rush it to the office.

### Sports Courts Will Require Quiet Paddles

A letter was distributed informing residents that pickleball play will require paddles listed on the USA Pickleball Quiet Category List effective July 14. The list of approved equipment can be found here:

<https://equipment.usapickleball.org/acoustic-equipment/>.

This is becoming more common and we appreciate everyone's cooperation.

I hope everyone has a Happy 4th of July! Remember that the office will be closed.

*"The smallest act of kindness is worth more than the grandest intention." — Oscar Wilde*

### Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us:

[palomareast@gmail.com](mailto:palomareast@gmail.com)

# Palomar Estates East Residents Association

PEERA



## Notifications & Activities

### Dear Palomar Estates East Residents,

Summer is now officially upon us! We invite and welcome everyone to the fantastic Fourth of July Celebration at the Clubhouse starting at 3:30 p.m.

For the PEERA Board, the month of June was a month of progress toward change, as well as a continuation of stressful conflict. During May and June, PEERA Board members were focused on updates and revisions to the 2016 PEERA Bylaws. Thank you to all Board members for their time spent collaborating and meeting for reviews and input. On June 10th, copies of the proposed Bylaws were distributed to all current PEERA members for review. And on June 21<sup>st</sup>, a meeting was held at the clubhouse for resident questions and comments regarding the proposed new PEERA Bylaws.

PEERA has faced opposition regarding various issues over the past. This is not new. There are always differences of opinion and interpretation in any governing body. We see this at all levels of government: City, County, State and Federal. What is new is that, beginning in February, there has been a rising level of opposition from a small group of residents regarding park amenities and even the governance of PEERA. Although this opposition had no basis in fact, it still required considerable time to address and respond.

In March, the PEERA Chair resigned for personal reasons. In accord with the PEERA Bylaws, the Vice-Chair then moved into the Chair position. This required other position reassignments. In addition, some positions had more than one committee assignment, thus reducing the overall number of Board members.

### PEERA Board

Chairperson	Connie Bloem
Vice Chairperson	Michael Weiss
Secretary	Jetta Russell
Treasurer	Leslie Dranko
Beautification	Sally Yeater
Community Resources	Ken Hodor
Complaints	Joanne Robinson
Emergency Prep	Peter Del Bene
Helping Hands	Joanne Price
Membership	Sally Yeater
Publicity	Joanne Price

During this reorganization period resulting from the Chair resignation, the Board received multiple complaint letters, none of which had merit. More Board time was beginning to be spent addressing these baseless complaints than doing the business of PEERA. Eventually this Board had had enough of this campaign of opposition.

In the Open Board meeting held on June 3<sup>rd</sup>, six (6) of the nine (9) PEERA Board Members resigned, with a July 5th departure date. Three PEERA Board Members remain. The letter of resignation read to those attending the Board Meeting is presented again below.

June 3, 2025

From: Connie Bloem and the undersigned members of the PEERA Board

The PEERA Board is a group of resident volunteers whose sole objective has been to help make our community a better place for all and acting as a





# Your Voice IN Our Community

## PEERA Board [peerasm.org](http://peerasm.org)

# 2025

liaison for Haven Management Services & Millennium Housing. We all joined the board for this purpose - to do what we could to help our neighbors with integrity and respect for all residents.

However, since the current board took office, and even prior to that, we have all been subjected to a sustained, intense harassment campaign by a small, but very vocal, group of residents. We have been deluged with false accusations and meritless complaints, all with the sole intention of forcing us to do exactly what they wanted, even when what they wanted was outside the authority of PEERA.

We have been repeatedly threatened with lawsuits and other legal action - both as a board and individually. Again, all without merit.

The result has been that we are spending so much time discussing and responding to the claims and demands that we have not been able to devote the time necessary to actually do the work of the Board. Work related to beautification, website improvement, revision of the bylaws, and much more has suffered because of the near constant harassment. Additionally, all this has taken a serious toll on the physical and emotional health of all of us.

Therefore, it is with deep regret that we, the undersigned, are resigning from the board effective July 5th. We are not taking this action because of any demand from the group aligned against us, but simply for our own health and recognizing that it is impossible for us to be effective under these conditions.

We are giving the community this roughly 30-day notice to allow for us to transition our responsibilities and ensure required activities, especially regarding finances, do not get missed. However, during this time we will not engage in any new business, nor continue work on items that do not require immediate attention.

As a point of information, the current PEERA bylaws only allow for the Vice Chair to assume the position of Chair when it becomes vacant. There is no provision to allow for any other board member to assume Chair. Also, the bylaws only allow for the Chair to nominate replacements for vacant positions. Therefore, the only way to fill these vacancies will be at the upcoming election which the remaining Board members will oversee.

We look forward to continuing to serve the community however we can as fellow residents.

Thank you to all of you who have provided support and encouragement to this Board.

Submitted respectfully,

Connie Bloem - Chair  
Michael Weiss - Vice-Chair  
Jetta Russell - Secretary  
Joanne Robinson - Suggestions/Complaints  
Joanne Price - Publicity & Website  
Peter Del Bene - PERT

I want those in attendance tonight to know that I share the feelings just expressed in resignation and the exhaustion that it has caused all of us on this Board. The consumption of our time is devastating to me. The letters that have expressed concern over my Board participation have many erroneous statements and are not factual parts of my personal life. For all of us, our personal life is our own to live with our family. I have enjoyed the people I have met here and look forward to some lasting relationships with them. Thank you to all of them for the support and consideration of my thoughts for improvements to the Board process over the past five months. This meeting is now adjourned.

---

The 2025 PEERA Board believes it is best to move forward with a 2026 election by the entire community. No appointments will be made to fill any of the open positions. During the weeks ahead, departing and remaining Board Members will be available to discuss the volatile situation with possible candidates for the November election. The three remaining Board members will finish any in progress programs with committees as may be necessary.

We thank all of those who have supported PEERA Volunteers over the years and sincerely wish the best to those who follow.

**Connie Bloem**  
PEERA Chair

# The Time Has Come!



PEERA AND SOCIAL CLUB PRESENT:

## 4th of July Celebration!

with

a Live Band



**Festivities begin Friday the 4<sup>th</sup> at 3:30 pm**  
at the Patio, Pool, and inside the  
Main Clubhouse

The Clubhouse patio grill will be ready with hot coals for those bringing their own Grub (protein or vegetables) to bar-b-que. There will be utensils to flip your food.

*Provided:* Joann Ritchey's wonderful baked beans!  
Fruit and Dessert  
Tea and Lemonade  
Plates, napkins, cups, utensils and  
condiments will all be provided

Feel Free to bring your own special 4<sup>th</sup> of July side dish to share.  
You're welcome to bring your beverage of choice!

**This event is open to family and friends!**





# Adding Fun to the Celebration!

## July 4th Layered Drinks Recipe

**Yield:** 3 cups

**Prep Time:** 10 minutes

**Total Time:** 10 minutes

Layered drinks in red, white, and blue- perfect for the 4th of July, Memorial Day, or any summer barbecue! Non-alcoholic and kid-friendly for your next party!

### Ingredients

- 1 Cup Red CranApple juice
- 1 Cup White Sobe Pina Colada flavored drink
- 1 Cup Blue G2 Gatorade
- Ice

### Instructions

Fill your glass 1/3 of the way full with CranApple juice.

Fill to the top with ice.

Slowly pour the remaining drinks directly on top of a piece of ice.

### Notes:

Layering works with any drinks. Be sure to keep the drink with the heaviest sugar content on the bottom, then build up.

Some people have had trouble finding the Sobe Pina Colada. I found it at my local grocery store. You could also try a convenience store or gas station.

**Enjoy!**



# 4<sup>th</sup> of July Humor...

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## Happy Order-Dependence Day

*A patient wants to reschedule their appointment. Since she's said she's unavailable at every time I've given her, I suggest she let me know when she is available.*

**Patient:** "How about July 4th? I could come in at 1:00."

**Me:** "Well, we're closed for the holiday."

**Patient:** "What holiday? There's no holiday then!  
(Before I can answer, she figures it out.)

**Patient:** "Oh...wait. July 4th must be the 4th of July!"

## Drowning In Bad Customers

*The weekend leading up to July 4th is always interesting. We sell farm supplies, but since we're the only game in town open on the holiday weekend, we get a lot of unrelated requests from campers, boaters, or people leaving on vacation that planned poorly and didn't get what they needed ahead of time from a sporting goods retailer. The requests don't bother me as much as the rude responses. Today I approached a couple on our sales floor and had this exchange.*

**Me:** "Hello, folks. How are you today?"

**Customer:** "Yeah, where did you guys hide your life jackets?"

**Me:** "I'm sorry, sir, we don't carry life jackets."

**Customer:** "Wait, what? You don't carry..." (he puts his hand over his face in exasperation and sighs deeply through it.) "You. Don't. Carry. Lifejackets?"

**Me:** (I answer a bit apprehensively) "No, I'm sorry, we don't carry boating supplies."

**Customer:** (He turns to wife) "What are we gonna do now? Seriously!" (She doesn't respond and they both turn to glare at me.)

**Me:** "Might I suggest the Boat Dealer four miles from here? I think they're open today."

**Customer:** (yelling) "Well, that doesn't do me a whole lot of good standing here, now does it? We're

not headed in that direction! We've got friends coming over in two hours to watch fireworks on the boat. This is going to ruin the whole evening!

Just how is it you people get away with not having what the customer needs?"

**Me:** "Maybe because we've never heard of a farmer falling off his tractor and drowning in the dirt?"

## The Fourth is Not Strong with This One

**Me:** "Thank you for calling the [Hotel Name]. How may I direct your call?"

**Customer:** (In a British accent) "I need a room for tonight."

**Me:** "I'm sorry, sir, but we are booked."

**Customer:** "Why?"

**Me:** "It's the Fourth of July. We're always booked on the Fourth."

**Customer:** "I know the date! Why are you booked?"

**Me:** "Um, it's July Fourth."

**Customer:** "Listen, just give me a room!"

**Me:** "I'm sorry, sir, we are sold out. The entire town is sold out."

**Customer:** "The entire town? Why?"

**Me:** "Sir, it's the Fourth of July. Independence day."

**Customer:** "Independence from what?"

**Me:** "Um, England."

**Customer:** "You've got to be kidding!" (click)

## Those Silly Colonies and Their Quaint Rebellion

*We have a lot of patriotic displays in the store windows for the 4th of July: flags, red white and blue balloons, Uncle Sam hats, etc.*

**Old Lady #1:** "Wow, look at all of these! It's Christmas in July."

**Old Lady #2:** "I love it when they do this. I love crazy things like Christmas in July!"



# Hosted Happy Hour

## Grand Slam!

Palomar East residents – It was great to see you at the Father's Day Happy Hour! Thank you for your enthusiastic participation; it was a home run! We couldn't have had such an enjoyable time without you. We look forward to seeing you at future events! – Patty Gonzales, Resident Host Coordinator,





# Around Town

## LAKE SAN MARCOS – July 4

### 4th of July Carnival

Friday, 10 am to 3 pm

Celebrate the 4th of July with a fun-filled lakeside carnival for a day filled with patriotic fun and classic Americana flair! From carnival games to a mechanical bull there's fun for everyone with a side of classic BBQ favorites. Don't miss the fan-favorite Patriotic Dog Contest and some friendly competition throughout the day.



## SAN MARCOS – July 4

### San Marcos Fireworks Extravaganza – Bradley Park, July 4th

Friday, 5 pm to 9:30 pm

- Entertainment begins at 5 pm
- Fireworks begin at 9 pm
- Live Music
- Kid's Zone

San Marcos hosts one of the most spirited 4<sup>th</sup> of July celebrations in North County. This year's festivities will include musical performance by Republic of Music, carnival games, jumpers, and food sales on-site. Guests should plan to bring beach chairs or blankets for lawn seating. The fireworks display is fully funded by charitable donations. (To donate, visit

<https://tinyurl.com/SMFireworks2025>)



# Around Town

## SAN MARCOS – July 12

### Lefty Martin & His Right Hand Band (Country)

Saturday, 7 pm to 9 pm

Location: Wood House at Woodland Park

Martin John "Lefty Martin" discovered his love for music at a young age, coming home from school to the sounds of his mother playing classic country, B.B. King, The Ink Spots, and even surf rock like Wipeout by The Surfaris.



*Lefty Martin & His Right Hand Band*

## DEL MAR – July 18

### Del Mar Racetrack Opening Day

Friday, July 18, 2025 / 11:30 am - 7 pm

There's race day... and then there's Opening Day. Don your fascinators, grab your best suit and join us for Opening Day. This day is not only about big bets and fast horses but celebrating the season in style.



## SAN MARCOS – July 19

### Because You're Mine

Saturday, July 19, 2025 / 8 pm - 9:30 pm

Location: Bornemann Theater, TERI Campus of Life, 555 Deer Springs Road, San Marcos

Experience the unforgettable magic of Johnny Cash and June Carter in Because You're Mine, a concert tribute that brings their iconic love story and legendary music to life. Starring Charles Evans Jr. as Johnny and Caitie Grady as June, this powerhouse duo delivers the hits that defined a generation with unmatched authenticity and heart.

## SAN MARCOS – July 26

### Journey USA

Saturday, July 26, 2025 / 4:30 pm - 6 pm

Location: Lake San Marcos

Journey USA is a premier tribute band dedicated to faithfully recreating the music of Journey. With a focus on delivering the soaring vocals and anthemic rock that defined Journey's sound, they provide audiences with an experience that closely mirrors the original band's performances. Fans can expect to hear classic hits that have stood the test of time.

# Community Activities

**All Are Welcome  Come Join the FUN!**

ACTIVITY	DAYS / TIMES	LOCATION	CONTACT PERSON
<b>BILLIARDS</b>	<b>Weds:</b> 1:30 PM to 3:30 PM	Small Clubhouse	<b>Ken Hodor</b> (858) 752-0460
<b>BILLIARDS</b> (Women's)	<b>Mon:</b> 1:30 PM to 3:30 PM	Billiards Room (West)	<b>Peggy Shull</b> (619) 301-6591
<b>BINGO</b>	<b>Thurs:</b> 6 PM	Clubhouse (West)	<b>Debbie Johnston</b> (760) 703-6705
<b>BOOK CLUB</b>	<b>2<sup>nd</sup> Weds</b> monthly: 1:00 PM	Clubhouse Card Room	<b>Host Varies Monthly</b>
<b>BUNCO</b>	<b>3<sup>rd</sup> Thurs</b> monthly: 4:45 PM, game 5 PM to 7:30 PM	Clubhouse Card Room	<b>Jetta Russell</b> (619) 994-5647
<b>CAR CLUB</b>	<b>1st Weds</b> monthly: 7 to 9 PM	Main Clubhouse	<b>Sandy Wagner</b> (602) 882-2977
<b>CERAMICS</b>	(Currently on Pause)	Main Clubhouse Arts & Crafts Room	<b>Andrea Martin</b> (760) 931-8393
<b>DANCE LESSONS</b>	<b>2nd &amp; 4th Thurs:</b> 2 - 3:30 PM	Main Clubhouse	<b>Anne Pearson</b> (858) 610-4816
<b>HAND &amp; FOOT CARD GAME</b>	<b>Mon and Thurs:</b> 1 PM	Marilyn Fluharty's home (Spc 179)	<b>Anne Litz</b> (760) 846-5850 <b>Marilyn Fluharty</b> (218) 821-0337
<b>MANIPULATION CARD GAME</b>	<b>Weds:</b> 6 - 8 PM	Clubhouse Card Room	<b>Linda Cockrell</b> (626) 274-1662
<b>PAINT CLASS</b>	<b>1<sup>st</sup> Tues</b> monthly: 10 AM - 1 PM	Clubhouse (Vallecitos)	<b>Dawn Anguiano</b> (760) 802-2170
<b>QUILTING GROUP</b>	<b>Tues:</b> 9:30 AM - Noon	Clubhouse Card Room	<b>Sandy Wagner</b> (602) 882-2977 <b>Leslie Dranko</b> (See Directory)
<b>TAI CHI</b>	<b>Fri:</b> 9:00 AM	Main Clubhouse	<b>Rudy Cobos</b> (773) 519-6627
<b>YOGA (CHAIR)</b>	<b>Thurs:</b> 10:00 AM	Main Clubhouse	<b>Luanne Foster</b> (480) 203-4330
<b>ZUMBA</b>	<b>Mon:</b> 10 AM, <b>Thurs:</b> 11:15 AM	Main Clubhouse	<b>Saleemah</b> (803) 463-2880

## Additional Park Activities

ACTIVITY	CONTACT	PHONE
Bocce Ball	Carl Silva	707-673-7151
Darts	Bill Richards	760-525-2219
Fishing	Bill Richards	760-525-2219
Fitness Facility	Ken Hodor	858-752-0460
Golf Putting Green	Dave Fenner	760-822-5617

ACTIVITY	CONTACT	PHONE
Library	A.J. Jangula	760-500-7818
Pickleball	Joanne Price	760-805-7092
Ping Pong/Tennis	Bill Mead	919-610-8769
Puzzles	Card Room	N/A



# Calendar

JULY 2025						
S	M	TU	W	TH	F	S
<b>WEEKLY ACTIVITIES:</b> The following are regular weekly activities that occur on the day indicated.						
	<b>1 PM – Hand &amp; Foot Card Game</b> (Fluharty Home, Spc 179)  <b>1:30 – 3:30 PM – Women’s Billiards</b> (Pool) at West	<b>9:30 AM - Noon – Quilting Group</b> (Clubhouse Card Room)  <b>10 AM – Zumba</b> (Clubhouse)	<b>1:30 – 3:30 PM Billiards</b> (Small Clubhouse)  <b>6 – 8 PM – Manipulation Card Game</b> (Clubhouse)	<b>10 AM – Chair Yoga</b> (Clubhouse)  <b>11:15 AM – Zumba</b> (Clubhse)  <b>1 PM – Hand &amp; Foot Card Game</b> (Fluharty, Spc 179)  <b>6 PM – Bingo</b> (West)	<b>9 AM – Tai Chi</b> (Clubhouse)	
<b>MONTHLY OR SPECIAL ACTIVITIES:</b> The following activities occur only on the dates indicated.						
		<b>1</b>  <b>8 AM Donut Day</b> –Clubhouse  <b>10 AM to 1 PM Paint Class</b> –(Vallecitos)	<b>2</b> <b>7-9 PM Car Club</b> – Clubhouse	<b>3</b>	<b>4</b>  <b>Begins at 3:30 PM</b>  <b>4TH OF JULY CELEBRATION AT CLUBHOUSE</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>  <b>1 PM Book Club</b> – Clubhouse	<b>10</b> <b>2 – 3:30 PM Dance Lessons</b> – Clubhouse	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b> 	<b>16</b>	<b>17</b> <b>4:45 – 7:30 PM Bunco</b> –Start at 5PM at Clubhouse Card Room	<b>18</b>	<b>19</b> <b>2 PM Laughter is Best Medicine</b> – Clubhouse
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> <b>2 – 3:30 PM Dance Lessons</b> – Clubhouse	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> 	<b>30</b>	<b>31</b>		

# Park Member News

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## New Neighbors & Those Who Have Left Us

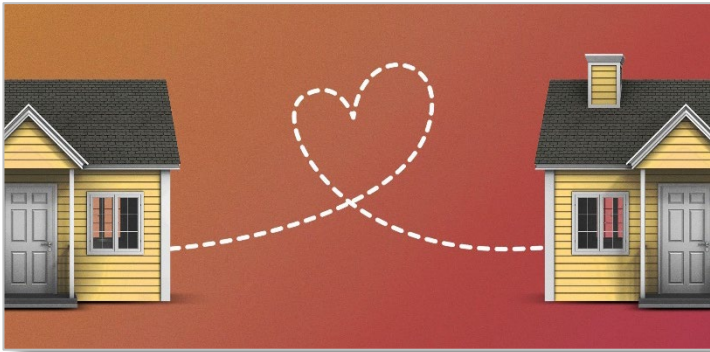
Our new neighbors who arrived during May and June will be summarized in the August issue of *The Breeze*.

In the August issue we will also list residents who have either moved or have passed away during May or June. These residents are gone but appreciated for the time they lived in our community.

## Wedding Anniversaries

July 7	Dave & Lynn Esposito
July 11	Phil & Pina "Josephine" Bucelli
July 22	Paul & Mary Hoffman
July 28	Chester & Zoe Wimpee
July 29	Richard & Juliette Johnson

Remember, to be sure your anniversary is included on your special month, you can email The Breeze editor at [PEE.TheBreeze@gmail.com](mailto:PEE.TheBreeze@gmail.com). Be sure to send



## The Power of Knowing Your Neighbors

A majority of Americans don't know most of their neighbors — and they barely talk to the ones they do know.

Why it Matters: Strong neighborhoods boost the health, happiness, and longevity of their residents. But over the last several decades, our connections with our neighbors have been fraying.

We're leaving our homes with our screens in our hands. The pandemic made us even less likely than we were before to stop and chat with new folks. As a result, most of the people living around us are strangers.

- **57% of Americans** say they know only some or none of their neighbors, according to a Pew Research Center survey. That share climbs up

to 72% among 30- to 49-year-olds and 78% among 18- to 29-year-olds.

- **58% say** they know their neighbors but don't spend time chatting or hanging out with them.

The benefits of knowing thy neighbor abound.

1. **Lives saved:** In well-connected neighborhoods, fewer lives are lost in tragedies, including [natural disasters](#) and [mass shootings](#).
2. **Happier aging:** Older adults who know their neighbors [report](#) a far higher sense of psychological wellbeing.
3. **Safer streets:** Tight-knit neighborhoods have [lower rates of gun violence](#).
4. **Boosted wellbeing:** People who know their neighbors are generally cheerier, healthier, and spend more time outside.

Even in the age of dating apps, texting, and social media, most people get to know their neighbors in person.

Source: Axios.com

# Park Member News

## Celebrating Our July Birthdays!



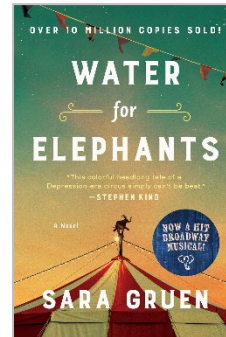
1	Mary Cathy Rex
3	Elodia Romberg
3	Momoko McCullough
3	Donna Anastasion
3	Alicia Ruiz
3	Anne Litz
3	Dennis Price
5	Elizabeth Roberts
6	Lorene Christian
8	Bob Erickson
8	Anthony DeAngelo
9	Lee Dalrymple
9	Michael Seifert
10	Richard Purves
10	Danny Sustaita
13	Shirley Gantner
15	Cornelia Van Rhyn
15	Terry Nobriga



16	Herbert Wong
16	Linda Proffitt
16	Deborah Daffer
16	Linda Garrett
19	Lisa Patchen
19	James McHugh
19	Keith Stinson
20	Joe Ruiz
20	Jeffrey Hall
20	Charlene Ollier
21	Jacques Proulx
22	Terry Powers
25	Sally Yeater
25	Rita Grant
28	Zoe Wimpee
30	Cecelia Beach
31	Daryl Quinn
31	Linda Walters
31	Andre Zarb-Cousin

## Book Review – Water for Elephants

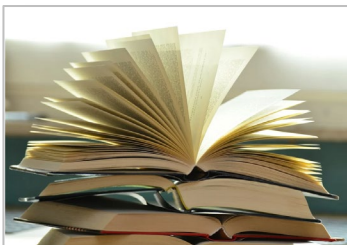
by Sara Gruen



Jacob Janowski's luck had run out--orphaned and penniless, he had no direction until he landed on a rickety train that was home to the Benzini Brothers Most Spectacular Show on Earth.

A veterinary student just shy of a degree, he was put in charge of caring for the circus menagerie. It was the Great Depression and for Jacob the circus was both his salvation and a living hell. There he met Marlena, the beautiful equestrian star married to August, the charismatic but brutal animal trainer. And he met Rosie, an untrainable elephant who was the great hope for this third-rate traveling show. The bond that grew among this group of misfits was one of love and trust, and ultimately, it was their only hope for survival.

## Book Club



Come join our monthly book club on the 2nd Wednesday of each month. 1:00 pm at the main clubhouse in the cardroom/library.

Whether you've read the book or not, come for our discussions, connect with other residents and learn the benefits of a good read.

- **July Book – *The Warsaw Orphan***, by Kelly Rimmer  
Host for July: Sandy Wagner
- **August Book – *Water for Elephants***, by Sara Gruen  
Host for August: Cindy Jackowski

- Over 10 million copies sold worldwide! *Water for Elephants* is Now a Broadway Musical Starring Grant Gustin and Isabella McCalla
- #1 New York Times Bestseller – A Los Angeles Times, Wall Street Journal, & USA Today Bestseller
- "This colorful headlong tale of a Depression-era circus simply can't be beat." —Stephen King
- A Major Motion Picture starring Reese Witherspoon, Robert Pattinson, and Christoph Waltz



# 7 Elements of Democracies – Cont'd

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*(Continued from page 3)*

is only a problem of the right, but it is not. The Left does it too, but they do it differently.

Problems cannot be solved without an accurate understanding of what the problem is and what is causing it. Hyper-polarization causes people to oversimplify their understanding of problems by simply blaming the other side, without considering the way in which they may be contributing to the problem or the role of factors that are beyond anyone's ability to control. This, then, leads people to have ideas for solutions that are very unlikely to work.

In order to be able to solve our mutual problems effectively, the "experts" that society employs to investigate issues must conduct themselves in ways that are genuinely worthy of the public's trust. In other words, the experts must be open about their methods, share and be willing to explain their data, findings, and conclusions both to other experts, and to the extent possible, to the general public.

If the public doesn't understand or trust the science, they are very unlikely to follow its guidelines. So scientists need to be able to explain their work in accessible language without jargon, and without talking down to lay listeners or readers. And, they need to focus on answering questions that make a difference in people's lives.

## **4. Fair and Equitable Power Sharing**

Public trust in and willingness to support democracy ultimately depends upon the belief that the government will be responsive to and responsible for protecting the rights and interests of all citizens, not just the powerful, or the people in their own political party.

Ironically, now, both sides of the political divide seem to feel as if the government is not treating them fairly. On the left, there are a wide range of "marginalized" groups that feel as if they have

been unfairly treated as long as they have lived in the United States. On the right, there are many who are struggling, but are not "marginalized" according to the left. Nevertheless, they feel that they are being unfairly treated now.

The only way democracy is going to be seen as legitimate and be supported is if all sides feel as if the government treats them fairly. This means they must have faith in electoral processes and outcomes, and they must feel as if the people in power do speak for and act for them.

Without the perception of fairness, our society will continue to careen from one set of policies to the polar opposite every 2, 4, or 8 years. It is also leaves everyone feeling extremely insecure, since one of the things that majorities typically try to do is to solidify their electoral position and make it harder for the other side win in the future. For democracy to work, people need to feel okay with losing an election, knowing that their vital interests will still be protected and they'll have a reasonable chance of winning the next time around.

Few in the U.S. currently feel that way, which is one reason why there is widespread consensus that U.S. democracy is badly broken. It won't be fixed until we start electing people who are willing to use fundamental conflict resolution approaches: listening to all sides to understand all parties' interests and needs, doing some form of joint fact-finding to determine what, actually, our problems are, and then negotiating and compromising to make decisions that benefit the vast majority of the population, not just their "chosen" groups. This is the way "power-with" governance works, and this is what is needed if democracy is going to earn the public support it needs to succeed.

## **5. Underlying Common Vision**

When former South African Ambassador to the United States, Ebrahim Rassool was asked what lessons the United States could learn from South Africa's reconciliation process, he said that "we

# 7 Elements of Democracies – Cont'd

must begin from the end." By that he meant that we need to develop a society-wide image of the nature of the country we want to live in.

Now in the United States, the Left and Right appear to have very different images. These dueling visions set the stage for a continuing struggle over which image is going to be pursued. Together with our current power balance, that just swings the pendulum back and forth every few years.

A much better approach would be to encourage people to focus more on the underlying interests that we all have in common. (There actually are many, as we all want peace, health, respect, security, and prosperity for ourselves and our families). We then need to build a collective image of how we could work together to come as close as possible to attaining those goals for everyone.

## 6. Ability to Solve Problems

Successful democracies need to be able to integrate successes in each of the above areas into a trusted and broadly supported problem-solving system. Such a system would employ collaborative principles to give all stakeholders a role in jointly analyzing the nature of mutual problems, and developing, evaluating, selecting, and implementing options for addressing those problems while also fairly distributing benefits, costs, and risks.

Other types of less collaborative problem solving are also sometimes effective, such as expert problem solving. Still, the more the people affected by a decision are involved in making that decision, the more likely it will be accepted. Such collaborative problem solving is a very tall order if the earlier steps are not taken. However, it is a natural outgrowth of those steps once they are followed.

In today's hyper-polarized environment, however, this process has almost completely broken down, leaving us with little more than an

all-out struggle for power between the two competing factions. The ethical and legal limits that normally constrain such struggles are also collapsing and now causing large numbers of people to question the legitimacy of the entire system.

## 7. Systems Thinking

Implicit in the discussion of the first six key elements of a successful democracy is a seventh and final element, the ability to think systemically and pursue all of these elements simultaneously.

This can only be done if people think about, strive to understand, and engage with the entire conflict system, instead of simplifying it into an "us-versus-them," "good-versus-evil" narrative.

It is essential that we listen to each other to understand what the different sides believe, and why they believe that. Is it because they have a misunderstanding of verifiable facts? Is it because their life background or current situation is different? Only when we understand the sources of different beliefs and opinions, can we solve problems in ways that are likely to be accepted by a majority of people and hence stand a chance (maybe even a good chance) of actually working.

Doing these seven things will be difficult, no doubt. But all are possible.

– Excerpted and edited from  
*beyondintractability.org*



# On a Lighter Side...

## Happy Summer Everybody!

Andrea Martin (Rascal-at- Large) here again...

Living in a senior park was the best decision I ever made. But being seniors, sometimes we are faced with challenges that are beyond our control. It may be health problems, or mobility issues (which can lead to isolation and feeling overwhelmed at having to deal with everything all alone).

Now, I know I can't realistically solve any of these problems, but since reality isn't exactly my home turf, I thought I could at least distract them for a bit!

I was talking with Lauren the other day, and as I was leaving, I threatened to come back later and tell her dirty jokes. She laughed and said "Laughter is the best medicine" (remember Reader's Digest?). Then she suggested we have a "tell a joke day" and so that's what we are doing!

## "LAUGHTER IS THE BEST MEDICINE"

**Saturday, July 19, 2:00 pm at  
the Clubhouse**

Come on out to the clubhouse and tell your favorite joke or funny story. If you don't know any, then come out and listen to ours. It may not solve your problems, but it's amazing what being distracted by laughter for an hour or so can do for you. Laughter really is the best medicine!

Keep your eye on your mailing tube in early July for the flyer with the final details. (Rumors of ice cream are filling my head.)

Until then, start writing down your favorites jokes or stories you'd like to share.

**CALLING ALL STAND-UP COMEDIANS!**

Anyone want to test their new (or old!) material on their neighbors? Leave me a message at 760-931-8393 and I'll save you a time slot!

## Notice: Rascal-at-Large Abducted by Coyotes is Finally Set Free!

It was brought to my attention that we missed including one of the great images of Rascal-at-Large in a previous issue of *The Breeze*.

I began an extensive investigation of this matter and concluded that either Rascal-at-Large had been abducted by our coyotes before these images could be taken...OR, the photographer was on a long vacation and forgot to give them to me.

Given all our trouble with coyotes recently, I have concluded that the Rascal-at-Large bunny had been abducted but has now been safely returned to us. Have you noticed, a lot of other bunnies must have been freed at the same time!

I see lots of bunnies these days.



## Interested in a Daytime Bunco Group?

As you may know, we have Bunco at night here at Palomar East. If you are interested in a possible daytime Bunco group, 1<sup>st</sup> Thursdays of each month, contact Sandy Wagner (see directory for cell phone number).



# Funny Stories & Life Experiences

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A woman was at her hairdresser's getting her hair styled for a trip to Rome with her husband.

She mentioned the trip to the hairdresser, who responded:

"Rome? Why would anyone want to go there? It's crowded and dirty.

You're crazy to go to Rome. So, how are you getting there?"

"We're taking Continental," was the reply. "We got a great rate!"

Continental?" exclaimed the hairdresser. "That's a terrible airline. Their planes are old, their flight attendants aren't nice, and they're always late. So, where are you staying in Rome?"

"We'll be at this exclusive little place over on Rome's Tiber River called Teste."

"Don't go any further. I know that place. Everybody thinks it's going to be something special and exclusive, but it's really a dump."

"We're going to go to see the Vatican and maybe get to see the Pope."

"That's rich," laughed the hairdresser. "You and a million other people trying to see him. He'll look the size of an ant. Boy, good luck on this lousy trip of yours. You're going to need it."

A month later, the woman again came in for a hairdo. The hairdresser asked her about her trip to Rome.

"It was wonderful," explained the woman, "not only were we on time in one of Continental's brand new planes, but it was overbooked, and they bumped us up to first class.

The food and wine were wonderful, and I had a handsome 28-year-old steward who waited on me hand and foot.

And the hotel was great! They'd just finished a \$5 million remodeling job, and now it's a jewel, the finest hotel in the city.

They, too, were overbooked, so they apologized and gave us their owner's suite at no extra charge!"

"Well," muttered the hairdresser, "that's all well and good, but I know you didn't get to see the Pope."

"Actually, we were quite lucky, because as we toured the Vatican, a Swiss Guard tapped me on the shoulder and explained that the Pope likes to meet some of the visitors, and if I'd be so kind as to step into his private room and wait, the Pope would personally greet me. Sure enough, five minutes later, the Pope walked through the door and shook my hand! I knelt down and he spoke a few words to me."

"Oh, really! What'd he say?"

He said: "Who screwed up your hair?"

*Source: AARP Online Community @DaveMcK*

