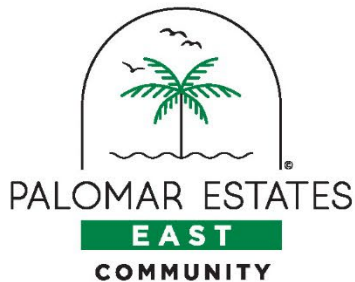




Emergency: 911

Non-Emergency: 760-510-5200 *after hours*



650 South Rancho Santa Fe Road
San Marcos, CA 92078

Kasey Koenig: Park Manager/Office
Burt Hamernick: Park Manager/Maintenance
Patty Mackey: Office Assistant
Phone: (760) 727-2010
Fax: (760) 727-2844
palomareast@gmail.com

Office Hours:
Monday-Friday 8am-12pm & 1pm-4pm

Clubhouse Hours:
Monday-Sunday 8am-9pm

Haven Management Services
Property Management Company
3491 Concours Street, Suite 204
Ontario, CA 91761

Katie Davis: (909) 930-9750 x3005
John Davis: (909) 930-9750 x3003
Fax: (909) 930-9498
www.havenms.com

Millennium Housing
611 Anton Blvd Suite 890
Costa Mesa, CA 92626
www.millenniumhousing.com



President: George Turk
Vice-President: Lori Carraway
Project Manager: Diana Welsch
Director, Resident Services: Stacey Kazmierski
Phone: (949) 515-5100
Fax: (949) 515-5101

January Editorial

"Always laugh when you can. It is cheap medicine."

— Lord Byron

Laughter: A New Prescription for Good Health

Excerpted from a June 12, 2023 article on kao.dendal.org,

We can all think of a friend or a movie (or both if we are lucky enough) that make us laugh. But absent those automatic triggers, how often do you laugh?

Actor Carl Reiner was interviewed about a year before he died, and the answer was "daily." He was 98 at the time of his death, but we think he was on to something.

"There is no doubt about it," he said in a 2019 Washington Post interview. "Laughter is my first priority. I watch something every night that makes me laugh. There is no greater pleasure than pointing at something, smiling, and laughing about it."

Research Shows that Laughter can Keep You Healthy

Laughter can also keep you healthy, according to the Mayo Clinic. Research has found both short and long-term benefits: Laughter can increase oxygen to the heart, lungs and muscles, increase the endorphins that are released by your brain, improve your mood, and reduce physical pain.

So how can you add a daily laughter pill (or two) to your diet? With Netflix and other streaming sites, watching funny movies is a lot easier than it was for writer Norman Cousins 50 years ago. Battling a crippling disease, Cousins watched "Candid Camera," Marx Brothers, and other funny films and

found that 10 minutes of deep belly laughter gave him two hours of pain-free sleep.

So, Let's Get Started!

From *Colorado Country Life Magazine*, Jan 2023:

My husband Jim and I took our two grandsons James, 12, and John, 10, to Minnesota for my mom's 80th birthday. Neither had ever been out of California or Colorado. Driving along, we didn't allow them to get out their cellphones. I told them to look at the great scenery instead. They didn't listen. So, I looked at Jim and spoke some gibberish. He looked at me, caught on and spoke gibberish back. He caught their questioning eyes and said, "Boys, Grandma and I have something to tell you. We're aliens." From then on, they were on their best behavior. No phones. But then at the hotel, they left a note that read "Help Us!" To this day they claim they didn't believe us.

— Marjane McCallum, Pueblo West, Colorado

YouTube.com - An amazing source of funny videos

There are probably thousands of funny posts on YouTube. You can pick almost any topic and search for funny videos on that topic. In the search bar, just type in "Funniest," and pick the category you want to watch.

In writing this article, I watched a couple of these YouTube videos and had a hard time getting back to finishing the article. They were just TOO funny!

There was also an amazing 20-minute video, "Fur Family - Incredible Animal Rescue Moments." Wow.

Joanne Price, Editor, *The Breeze*



Monthly Contributors to *The Breeze*

Joanne Price—Editor

Patty Gonzales—Creative Director/
Staff Photographer

Kasey Koenig, George Turk, Lanny
Lippencott, the Social Club, and the PEERA
Board

Drop us a line or an article anytime at

PEE.TheBreeze@gmail.com

Also, the PEERA website is: **peerasm.org**

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Thanksgiving Festivities 2024

Below are pictures taken at the Thanksgiving Dinner held on November 23rd at the Clubhouse. It certainly looks like it was a fun and festive event!



Millennium Memo



The January Memo is my favorite to write, a chance to look back at the prior year. Some highlights from 2024 in Palomar Estates East...

- Stacey Kazmierski, head of SPARC, went on Maternity Leave, had little Everett, and returned in November. Everett was born on St. George's Day, so he's clearly destined for great things.
- Excluding investor purchases, 22 homes sold in the past 12 months, at an average price of...\$346K! It seems that your home gets more valuable every year.
- We spent more than \$300K on upgrades, the largest being the new Kitchen (and other Clubhouse improvements), and, a bit less exciting, \$92K on drainage. This was only possible because of your cooperation in returning your Income Certs.
- Devin Fernandez filled in for Stacey and sponsored several Lunch & Learns (my favorite: the Scam Seminar), a Resource Fair, FREE tax prep, a Warm Kit Distribution...with Stacey back, SPARC might do even more in the new year.
- Not a highlight, but Maintenance Staffer Tomas Flores retired after 40+ years of devoted service to the Park. Thanks, Tomas, for taking such good care of us!

In Other News

- A resident from Palomar West crashed through the brick wall on Viewpoint and into someone's shed. Apparently, that person was taking a shortcut. Fortunately, no one was hurt. We don't advise taking that route, however.
- This month's Kudos go to "Debbie Johnson, Michelle Lema, Susan Adorno & the other members of the Social Club. They put on the Holiday Parties, decorated, cooked, cleaned...the parties would not be possible without their efforts."
- Last month, I listed some ways to embrace the Holiday Spirit, such as stopping at Stop Signs and honoring the Speed Limit. How about two more: picking up after your dog and waiting until 4 PM to put out your trash.

Let's keep the positive momentum going!

Some New Year's Day Advice?

It might be a bad idea to kiss anyone on Jan. 1. After all, it's only the first date.

Have a great 2025!

George Turk

President

Millennium Housing



Kasey Koenig
Park Manager/Office

East Park

MARKET UPDATE & MANAGER'S REPORT



Burt Hamernick
Park Manager/Maintenance



Home Sales

There was one home sale the previous month and currently no homes are in escrow. We do receive compliments on the appearance from those interested in the community. At the time of writing this article there are nine homes currently listed for sale.

Maintenance Update

Christmas decorations were displayed around the clubhouse. Staff built and painted a new Activities sign near the front of the park. The clubhouse carpet was professionally cleaned. The sewer line was hydro jetted along Elm, Ash, Fig, and Birch St. for quarterly maintenance.

Phone Directory

We will be preparing to issue a new resident directory to distribute hopefully in March. If you have any changes or do not wish to be published in the directory, please let us know so we can update our records.

Dog Owners & Walkers

Please pick up after your pet! Several residents have called the office to let us know they found dog poop in front of their home or in the street. Residents are permitted one dog no more than 18" tall at maturity and 20 lbs. They must be registered with the office. If you forgot to do this, that's okay. Please just get it corrected! **Additional occupants or guests are not permitted to have pets.**

The Green Organics Container

Please remember to use your green EDCO container for yard clippings & food scraps. Food-soiled paper products can also be disposed of in the container. Organic material accounts for over 40% of California's waste. It does not break down when buried in a landfill. The EDCO website has a quick and concise video that explains disposing of organic material easily. The planet, EDCO, and I thank you for doing your part! 😊.

No Tax Prep Scheduled at Palomar East

As of now, SPARC has not been able to schedule volunteers to prepare taxes at the clubhouse. AARP is doing tax prep for free at the San Marcos Senior Center. Call 760-744-5535 to schedule an appointment. (See also page 20 of *The Breeze*.)

Short & Quick

Friendly reminder to keep your house and car doors locked. Installing a floodlight with motion sensors or a camera is a good way to deter intruders.

Cheers to a New Year and another chance for us to get it right.

Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us: palomareast@gmail.com

Palomar Estates East Residents Association

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Notifications & Activities

Looking Ahead to the New Year

Dear Palomar Estates East Residents,

I am honored and humbled to accept the position of PEERA Chair. I look forward to working together to pursue projects and accomplish goals that will be enriching to our well-being, sense of community, and social connections.

With the new year, I will work with the PEERA Board to:

1. Foster community in our park.
2. Offer open and 2-way communication to Board members and residents so all can feel they're being heard and respected.
3. Identify and leverage local community, non-profit business, and government resources to enhance the safety and quality of life for all Palomar Estates East residents.

Regarding procedural areas, I'm suggesting that during this coming year, the Board focus on the areas described in the remainder of this article.

PEERA Board Meetings – All monthly PEERA meetings are open to all residents. We invite and welcome your participation.

PEERA Board

| | |
|------------|---------------|
| Chair | Michele Silva |
| Vice Chair | Connie Bloem |
| Secretary | Susan Ewing |
| Treasurer | Leslie Dranko |

Members At Large

| | |
|---------------------|-----------------|
| Beautification | Sally Yeater |
| Community Resources | Ken Hodor |
| Complaints | Joanne Robinson |
| Emergency Prep | Peter Del Bene |
| Helping Hands | Michael Weiss |
| Membership | Jetta Russell |
| Publicity | Joanne Price |

While PEERA Board meeting minutes and other documents have always been posted in the clubhouse, I would like us to investigate other ways this information can be made easily accessible to residents.

Another communication initiative I would like our Board to consider is the potential of Zoom sessions for Board meetings.

Palomar Estates East Website – This is a project that began last year, and we will continue that process. Redesigning and restructuring the Palomar Estates East website is intended to streamline residents' access to information.



Your Voice IN Our Community

PEERA Board peerasm.org

2025

Community Resources – I will work with the Board to continue to place emphasis on providing residents information that pertains to all aspects of life here at Palomar Estates East. This includes not only information and resources about health and safety, but also practical information about home maintenance and other topics of interest to residents.

PEERA Bylaws and Standing Rules – Much work was done by the PEERA Board this past year on the Bylaws and Standing Rules. By reviewing and building on that work, we will give to residents information about the proposed revisions and receive their input and feedback regarding those revisions. Following that process, the proposed revised Bylaws and Standing Rules can then be submitted for your vote.

Emergency Preparedness Action Plan – Revive and rework a practical and feasible Emergency Preparedness Action Plan with the help of professional and knowledgeable resources that can be offered to residents for their use during times of crisis. This Plan would not be primarily dependent on fellow residents for its implementation or success. The goal would be to help residents become as self-reliant as possible in a crisis and have a workable and sustainable plan for helping to take care of fellow residents who are challenged when it comes to self-reliance.

Haven Management Services – Continue to work collaboratively with Haven Management Services so that when questions arise that require

management input, we can receive prompt and clear answers posed by the Board or residents.

Palomar Estates West and Rancho Vallejos Communities – Collaborate with our sister communities to provide our community more options for social events, education, community events (e.g., carport sales, vendor fairs, and social connection). Such collaboration may also help with the Palomar Estates East budget by sharing the cost of events with another park. AARP also wants to work with us to start a North County Chapter. AARP has many resources that could possibly be of help to our community.

These are some ideas I have for getting started to work as a team and I enthusiastically welcome your input and feedback on these focus areas above. I ask, too, for your suggestions for other projects and initiatives that will allow us to be a community that is safe, friendly, collaborative, where residents can have a comfortable and high quality of life, with a strong pride in our neighborhood, a mutual respect for our neighbors and all those who help us maintain and sustain this lovely “oasis.”

A complete list of our 2025 PEER Board Members is provided at the top of page 6. We look forward to working with you this coming year.

Thank you for your trust and support!

Feel free to contact me at (925) 596-1968 (call or text) or by email: celebr8@comcast.net.

The next PEERA Board Meeting will be held on Tuesday, January 7th at 5:30 pm in the clubhouse.

Christmas Celebration 2024

Below are pictures taken at the Christmas Dinner held on December 14th at the Clubhouse. We treasure these moments with friends and family.



Christmas Celebration 2024





Social Club Connection

Coming together is a beginning. Keeping together is progress. Working together is success.

– Henry Ford

Changes in the Social Club Organization

This communication provides key updates regarding the future direction of our Social Club. Due to the absence of candidates in this year's election, President Debbie Johnston and Treasurer Michele Lema have agreed to continue in their roles to ensure ongoing operations. We are pleased to announce that Jen Weiss has volunteered for the Secretary position.

Moving Forward

Beginning in January, we are implementing operational adjustments. Membership dues are eliminated. However, larger events, particularly those including dinner, may necessitate ticket sales to offset expenses, as in past years.

Our leadership structure will evolve. While the positions of President, Secretary, and Treasurer remain, our leadership roles will shift from direct event management to facilitation; therefore, the newly named **Social Club Connection**. Each event will require a dedicated coordinator(s) to assume primary responsibility. Currently, six events have been allotted for budgetary considerations. Four of these have been identified as Mardi Gras, Halloween, Thanksgiving, and Christmas. We are looking for two more events in 2025.

The event coordination process will function as follows: Individuals interested in organizing events (e.g., a Cinco de Mayo celebration) should contact one of the three officers. We will then collaboratively determine a budget allocation. Currently, we are considering funding six events, dividing the budget among the events.

If supplemental funding is required, ticket sales will need to cover the shortfall. The coordinator will oversee all event aspects, including planning, catering, decorations, and cleanup (if outsourced). A volunteer roster will be provided to assist. Entertainment is permissible, contingent upon budgetary constraints or ticket sales revenue.

We encourage participation; leading even a single event significantly contributes to the Club's vitality. Your collaboration is essential to fostering a vibrant community enriched by shared joy, connection, and lasting memories.

Thank you for your time, continued support, and willingness to contribute. Your involvement is crucial to our success.

Debbie Johnston

Social Club President



Featuring Our Club Activities

This year in *The Breeze*, we will feature many of our club activities. If you are the coordinator/point person for a club, we invite you to write a short article for *The Breeze* and include pictures, if possible.

We'd love our residents to know more about your club activities. And we encourage Palomar East residents to attend some of the club meetings to see if it is a good fit for your interests. You might want to invite a friend to join you. Some of our clubs combine activities with our sister parks, Rancho Vallecitos and Palomar West.

This month the Painting Class is featured. This club collaborates with Rancho Vallecitos. Next month, we will feature the Garden Club.

Painting Class Held at Rancho Vallecitos

Our December paint class was such a hit, and everyone had an adventurous time painting saws. Yes, I said actual saws! Christmas music was played, goodies were served as everyone ventured out to paint these wonderful saws that Patty Grey had donated. Thank you, Patty!

As you can see by the selected pictures, everyone had smiles on their faces and the holidays in their hearts. Come join us on January 7th from 10:00 to 1:00 in the Rancho Vallecitos Game Room. Cost is \$10 and covers all the materials. Please do not forget to sign up in the RV Clubhouse, or you can call Dawn or Donna to let them know you will be attending. Remember, we ALWAYS meet the first Tuesday of the month. See you next year!

Dawn Anguiano (760.802.2170)
Dawny46@gmail.com

Donna Nicastro (760.945.7629)



Details about Bunco at Palomar Park East

Bunco is launching in Palomar Park East (PPE). Last month there was an article in *The Breeze* letting you know a little about Bunco and why it is so popular (if you didn't already know). In this issue, we will provide more details. So here we go!

There is an informational meeting on January 16th at 6:00 pm.

NOTE: In the January meeting, we will be creating and finalizing our roster of PPE Bunco Monthly Players as well as the list of Bunco 'Subs' who fill in when needed. If you can't commit to attending on the 3rd Thursday every month, joining the Subs list may be just the option for you!

Please come if you have any interest at all in joining our Bunco Club.

Light refreshments will be served.

Please call Jetta Russell at 619-994-5647 prior to the January meeting to get answers to questions you might have that are not covered in this article.



Bunco Begins in February

Bunco games will be held on the third Thursday of every month, beginning on February 20th.

If you are able roll dice, you are able to play and win at Bunco...Like in **winning Cash!**

Bunco should be call Funco!

"Why?" you ask. Read below to find out!

There are so many gains for you to join in on Bunco Fun the 3rd Thursday of the month!

Bunco is open to all Palomar Park East Residents, ladies and gents!

You will have time for yourself, enjoy fun with friends, and make new friends you may not otherwise meet in the Park. These friendships will be for years to come.

So, if you enjoy having fun, laughing, and sharing some good times. I am looking forward to having you join PPE Bunco.

As mentioned previously, please call Jetta at 619-994-5647 prior to our January meeting with any questions you might have.

Since we are going to be rolling dice and playing Bunco next month in February, I want you to have a good idea of how we are going to roll!

I look forward to hearing from you soon!

Happy Bunco Playing to you!

Jetta Russell
PPE # 321
Cell 619-994-5647



Our Clubhouse Tables and Chairs Finally Arrived...However

Welcome to the bewildering world of shrinkflation. Rather than raising prices, companies are finding that reducing the size of goods is a more effective strategy. I think, from a consumer's standpoint, raising the list price is more transparent than shrinking the product.

Shrinkflation is really just an alternative to raising prices in inflationary times; either way, consumers wind up paying more for less. For example, consider the clubhouse banquet chairs we recently purchased. Who knew they would arrive so much smaller? The PEERA Board approved the purchase; however, when the chairs arrived, we found the new banquet chair size unacceptable.

This inspired a couple of us Board members to go on a field trip. We went to Palomar West, and then to the San Marcos Senior Center to check out the chairs. We found that West had larger church-style chairs (or waiting room chairs). Much to our surprise, the Senior Center had the smaller, similar banquet-sized chairs that we just received. These were placed at their



Our New Chairs (left) versus Old Chairs (right)

craft/card tables. There were even smaller chairs at their dining tables.

Our decision was then to purchase the larger church-style chairs. To stay within budget, we were able to purchase 100 of them instead of the original 125 banquet chairs ordered.

The 12 newly acquired tables will function optimally. Given 8 chairs per table, 96 chairs are needed, resulting in 4 extra chairs. Note that we were required to retain 16 of the delivered, opened chairs.

The existing (red) banquet chairs will accommodate overflow seating. Also, 24 of these chairs will replace the outdated rolling club chairs in the card room, providing enhanced safety, particularly during interactive games like Bunco.

We anticipate lots of fun and laughter no matter where you sit, enjoy!

"Our chairs are never truly empty; our memories will always fill them." - PG



And these chairs are 'Just Right'

Community Activities

All Are Welcome  Come Join the FUN!

| ACTIVITY | WHO TO CONTACT AND MEETING SCHEDULES |
|----------------------------------|---|
| BINGO | Debbie Johnston & Delane Johnson: Thursdays, 6 PM at West |
| BOOK CLUB | Holly Barry (619) 301-6591: 2nd Wednesday each month, 1:00 PM, East Clubhouse Card Room. |
| BUNCO | Jetta Russell: (619) 994-5647: 3rd Thursday each month, 5:45 pm, games at 6 PM at Palomar East Clubhouse in Card Room |
| CERAMICS | Andrea Martin: Wednesdays, 6 - 8 pm, East Clubhouse, Arts & Craft Room |
| DANCE LESSONS | Anne Pearson (858) 610-4816: 2nd & 4th Thursdays, 2 - 3:30 pm, East Clubhouse |
| HAND & FOOT CARD GAME | Anne Litz (760) 846-5850 (Please leave message) or Marilyn Fluharty (218) 821-0337: Mondays and Thursdays, 1 pm, at Marilyn Fluharty's home (SpC 179) |
| PAINT CLASS | Dawn Anguiano, dawning46@gmail.com: (1 st Tuesday each month at Rancho Vallecitos) |
| QUILTING GROUP | Tuesdays, 9:30 am to whenever, East Clubhouse Card Room. |
| TAI CHI | Rudy Cobos (773) 519-6627: Fridays at 9:00 am, East Clubhouse |
| YOGA | LuAnn Foster (480) 203-4330: Monday: 3:00 PM Zoom, 6:00 PM Yoga West & Zoom, Tuesday: 10:00 AM Chair Yoga West & Zoom, Thursday: 10:00 AM Chair Yoga East & Zoom |
| ZUMBA | Saleemah (803) 463-2880: Monday: 11:15 AM West, Tuesday: 10 AM East, Wednesday: 10:30 AM Zoom, Thursday: 11:15 AM East |

Additional Park Activities

| ACTIVITY | WHO TO CONTACT |
|-------------------------|----------------|
| Billiards | Ken Hodor |
| Bocce Ball | Carl Silva |
| Card Games | Card Room |
| Darts | Don Bomar |
| Fishing | Don Bomar |
| Fitness Facility | Ken Hodor |

| ACTIVITY | WHO TO CONTACT |
|---------------------------|----------------|
| Golf Putting Green | Dave Fenner |
| Horseshoes | Dave Fenner |
| Library | A.J. Jangula |
| Pickleball | Joanne Price |
| Ping Pong/ Tennis | Bill Mead |
| Puzzles | Card Room |

Monthly Calendar

JANUARY 2025

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WEEKLY ACTIVITIES: The following are regular weekly activities that occur on the day indicated.

1 PM – Hand & Foot
2:30 PM – Men's Bocce Ball
3 PM – Yoga (Zoom)
6 PM - Yoga (West & Zoom)

10-11 AM – Zumba at East Clubhouse
1 PM – Hand & Foot
2:30 PM – Men's Bocce Ball
3 PM – Yoga (Zoom)
6 PM - Yoga (West & Zoom)

1 PM – Hand & Foot
2:30 PM – Men's Bocce Ball
3 PM – Yoga (Zoom)
6 PM - Yoga (West & Zoom)

1 PM – Hand & Foot
2:30 PM – Men's Bocce Ball
3 PM – Yoga (Zoom)
6 PM - Yoga (West & Zoom)

1 PM – Hand & Foot
2:30 PM – Men's Bocce Ball
3 PM – Yoga (Zoom)
6 PM - Yoga (West & Zoom)

SPECIAL ACTIVITIES: The following activities occur only on the dates indicated

1

2

3

4

5

6

7
5:30 PM
PEERA Board Meeting – Clubhouse

8

9

10

11
10 AM-Noon
Investing & Trading Seminar –Clubhouse

12

13

14
11 AM - 12:30 PM
SPARC Home Maintenance Seminar – Clubhouse 

15

16
6:00 PM
Bunco Informational Meeting – Clubhouse Card Room

17

18

19

20

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Park Member News

Welcome New Neighbors

We look forward to getting to know you! Please fill out the envelopes found in your Welcome tote. You can return them to the Social Club and/or PEERA lockboxes in the clubhouse.

Gone and Not Forgotten

- Roy Hughes Space 6
Arrived: 4/2017
Moved into Assisted Living: 11/5/2024



Wedding Anniversaries

No anniversaries indicated for January.

If you have an anniversary in January, it was not included in our records. Please email the editor of the Breeze with your names and anniversary date, and we will add your anniversary to our list.



The Wise Woman's Stone

A wise woman who was traveling in the mountains found a precious stone in a stream. The next day she met another traveler who was hungry, and the wise woman opened her bag to share her food. The hungry traveler saw the precious stone and asked the woman to give it to him. She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. But a few days later he came back to return the stone to the wise woman.

"I've been thinking," he said, "I know how valuable the stone is, but I give it back in the hope that you can give me something even more precious. Give me what you have within you that enabled you to give me something more precious. Give me what you have within you that enabled you to give me the stone."

- Author Unknown



Park Member News

Celebrating Our January Birthdays!

| | |
|----|--------------------|
| 3 | Gayle Mynatt-Nusco |
| 4 | Geraldine Goots |
| 5 | Warren Boatwright |
| 9 | Gloria Jordan |
| 9 | Dian Keiser |
| 15 | Karl Kogswell |
| 15 | Kenyon Ackley |
| 15 | Karen Pa'aga |
| 16 | Ron Berenty |
| 16 | John Wilson |
| 17 | Debra Diaz |
| 18 | Mario Cabrera |
| 19 | Zulena Gonzalez |
| 20 | Ken Meyer |

| | |
|----|------------------|
| 20 | Catherine Chase |
| 20 | Mike Westbrook |
| 20 | Leslie Schavran |
| 22 | Stephen Perry |
| 24 | Bertha Cordova |
| 24 | Shanon Longwell |
| 26 | Essi Frankel |
| 26 | Mary Hoffman |
| 28 | Lani Beltrano |
| 29 | Mary Kreile |
| 30 | Suzanne Agostino |
| 30 | Trace Mason |
| 31 | Craig King |

Book Review – *Anxious People*

(Excerpted from Amazon.com)

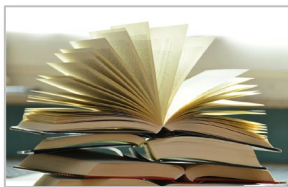
Looking at real estate isn't usually a life-or-death situation, but an apartment open house becomes just that when a failed bank robber bursts in and takes a group of strangers hostage. The captives include a recently retired couple who relentlessly hunt down fixer-uppers to avoid the painful truth that they can't fix their own marriage. There's a wealthy bank director who has been too busy to care about anyone else and a young couple who are about to have their first child but can't seem to agree on anything, from where they want to live to how they met in the first place. Add to the mix an eighty-seven-year-old woman who has lived long enough not to be afraid of someone waving a gun in her face, a flustered but still-ready-to-make-a-deal real estate agent, and a mystery man who has locked himself in the apartment's only bathroom, and you've got the worst group of hostages in the world.

Each of them carries a lifetime of grievances, hurts, secrets, and passions that are ready to boil over. None of them is entirely who they appear to be. And all of them—the bank robber included—desperately crave some sort of rescue. As the authorities and the media surround the premises these reluctant allies will reveal surprising truths about themselves and set in motion a chain of events so unexpected that even they can hardly explain what happens next.



Book Club Holiday Party

Book Club



Meetings are held on the 2nd Weds of each month, 1pm at the clubhouse.

Plan to join the Book Club for a light snack, friendly neighbors, and a chance to laugh out loud.

The book group met in December at Panera for their holiday party. As usual, there was plenty of laughter. Books were exchanged as gifts, and everyone agreed to share their new book with each other after the New Year.

The group wants to welcome new people in 2025. Even if you haven't read the book, join us for the discussion. You don't have to attend every month; come as you're able or if there is a book that intrigues you. Try something new this year!

- **January Book** – *Anxious People*, by Fredrik Backman
- **February Book** – *The Lion Women of Tehran*, by Majan Kamaii
- **March Book** – *James*, by Percival Everett. This book was winner of the National Book Award

Community Resources

PEERA Board Committee



Investing & Trading Seminar

Date: Saturday, January 11, 2025

Time: 10:00 AM - 12:00 Noon

Location: Palomar East Clubhouse
650 S. Rancho Santa Fe Rd.
San Marcos, CA

Overview

Join us for an exclusive seminar featuring some of Southern California's most accomplished traders and investors. These experienced professionals will share their strategies and results from the past five years, with a special focus on 2024. Presenters have been carefully selected for their openness in sharing their methods and real-life data.

We'll start with straightforward strategies for buying and selling stocks and bonds before transitioning into advanced topics like options, futures, Forex, and automated trading. Attendees can stay for as much or as little of the seminar as aligns with their interests, as the event is structured to accommodate all experience levels.

This seminar will provide a high-level overview of strategies and insights designed to spark further exploration and conversation. Each individual investor has unique goals and styles, and this event aims to expose participants to various methods to help them find strategies that resonate.

Topics

- Fundamental stock and bond trading strategies
- Advanced trading strategies, including options, futures, Forex, and automation



Resources

Many of the strategies presented are detailed on the following websites for further study:

- XSPprofits.com
- [SDTG Website](https://SDTGWebsite.com)
(<https://sites.google.com/view/sdtg>)
- JSAFE.net
- Khodor61+Investools@gmail.com

Refreshments

Complimentary coffee and water will be available. Following the presentations, attendees are encouraged to explore nearby dining options, including Indian, Chinese, Mexican, Starbucks, and Pizza Hut—just a short walk from the clubhouse.

What we hope you will get from this seminar

Participants will engage in a live online poll to identify strategies of interest. This will be followed by an open discussion for networking and deeper exploration of ideas.

At the conclusion of the meeting, we will ask the various participants:

What do they plan to do on Monday?

Contact

Ken Hodor, SPC 231

Maintenance of Your Home: Protecting Your Investment Seminar



Topics: Preparing for winter, cleaning tips, foundation checks, extending the value of your home and more!

Tuesday, January 14 @ Palomar East Clubhouse
11.00 AM - 12.30 PM

Signup in the clubhouse by January 9th

✦ Free lunch included with signup ✦

San Marcos Senior Center

SPARC Inc.

TAXES

FREE TAX PREP RESOURCES

AARP is filing taxes for free (for those that meet their requirements) at the Senior Center. Please call to make an appointment or for more details

(760) 744-5535

Millennium Housing Information



Help us stay informed and updated!

*Has anything changed in your home?
Any new roommates or family members in the home?
Maybe, a new furry friend?*

**Make sure to update the park office with all new occupants
in your home.**

**Keeping the park office updated ensures eligibility for all
Millennium & SPARC programs!**



Have Questions?

Contact your park office for more information.



SPARC Inc.



Services and Programs Assisting Residents in our Communities

Five Focus Branches
Basic Needs
Social Engagement
Education
Home & Safety
Health

As Millennium Housing's resident services partner, SPARC brings a variety of resources to Millennium's mobile home park communities. Resources include; health resource fairs, college scholarships, food programs, exercise classes, holiday assistance programs, etc.

**Do you have a
suggestion for a program
or need resources?
Contact us!**

Palomar East SPARC
Representative: **Stacey Kazmierski**
Phone: (949) 515-5100 ext.305
Email: Skaz@sparc-ca.org



Our Clubhouse and Landscape Adorned with Christmas Decorations – Beautiful Indeed!
Our thanks to the Maintenance Team!