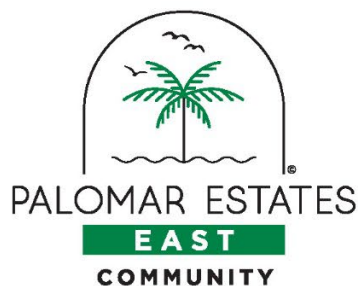




Emergency: 911

Non-Emergency: 760-510-5200 *after hours*



650 South Rancho Santa Fe Road
San Marcos, CA 92078

Kasey Koenig: Park Manager/Office
Burt Hamernick: Park Manager/Maintenance
Patty Mackey: Office Assistant
Phone: (760) 727-2010
Fax: (760) 727-2844
palomareast@gmail.com

Office Hours:
Monday-Friday 8am-12pm & 1pm-4pm

Clubhouse Hours:
Monday-Sunday 8am-9pm

Haven Management Services
Property Management Company
3491 Concourses Street, Suite 204
Ontario, CA 91761

Katie Davis: (909) 930-9750 x3005
John Davis: (909) 930-9750 x3003
Fax: (909) 930-9498
www.havenms.com

Millennium Housing
611 Anton Blvd Suite 890
Costa Mesa, CA 92626
www.millenniumhousing.com



President: George Turk
Vice-President: Lori Carraway
Project Manager: Diana Welsch
Director, Resident Services: Stacey Kazmierski
Phone: (949) 515-5100
Fax: (949) 515-5101

January Editorial

"Memories are shadows of the past but also flashlights for the future." – *Quantum Magazine*



This is the time of year for reflecting on the year that has gone by (so quickly!) and looking forward with anticipation to new opportunities in the coming year.

The article, "Strangers in Old Photos," (see facing page) made me begin thinking about the many notebooks of photos I have. Many of these photos were taken before the advent of personal computers (1975), before digital cameras, and certainly before the cell phone with amazing photo and video capabilities.

Some of these photos were taken to simply document an event such as a home construction project for the house; others are simply multiple pictures of the same event. In other words, many of these photos don't need to be duplicated. They can be discarded with no loss of family history, previous friendships, interesting moments in time.

Since I know that the photographs tend to fade or otherwise degrade over the years, I often think about getting them digitized. That's when I have this familiar conversation with myself:

"My photographs are precious and I don't want to risk losing them by shipping them off to some company

like Legacy Box. So, I'd better scan these myself if I want to be sure they are not lost.

"Ok, I need to buy a scanner, since that would result in much better digital images than simply taking pictures of them with my cell phone.

"But how would that work? Would I scan several photos at a time. If so, how will I separate them?"

Then I remember the many notebooks and boxes of photographs that need to be sorted...after which I decide it's time to water my plants. I'll think about the photos later.

Photos with No Names, No Dates, No Stories

Based on my history of inaction, I am resolved to make the following two New Year's Resolutions (and maybe encourage you as well):

Resolution 1: Make THIS the year to get my photos converted to electronic format so they could be viewed and stored on a computer.

(P.S., I have started on this. I selected a company called DigMyPics (digmypics.com), since they include enhancement of the images, even old photos, as part of the service.)

Resolution 2: Make an effort to record information about those photos (such as names, dates, and additional information or stories).

Memories are the connective tissue that bind generations of family together with a sense of identity. Photographs and videos become a large part of that structure.

— **Joanne Price**, Editor, *The Breeze*



Monthly Contributors to The Breeze

Joanne Price—Editor

Patty Gonzales—Creative Director/
Staff Photographer

Kasey Koenig, George Turk, Lanny Lippencott, the Social Club, and the PEERA Board

Drop us a line anytime at PEE.TheBreeze@gmail.com

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Strangers in Old Photos

(Excerpted from:
www.changecompanies.com Aging Blog)

I have a trunk full of family photographs that have been just sitting in the back of my closet for years. Some are in little albums with torn covers, others are in glass frames, cracked and dusty with age.

I thought I ought to pull out the photos to see what treasures I might uncover. Long before fancy cellphones were available, my great, great uncles and aunts captured moments at picnics, birthdays and holidays with Brownie and Kodak cameras. With my mom and dad passing in 1991, I am unable to identify even one of the faces. A few snapshots have notes scribbled on the back, but they mean little to me. I can tell Joe was a man who didn't like to shave, and little Jody could stand on her head. Jack wore suspenders and a grin. That's about it.

I do know there are great stories to be told from those old shots. I'm confident several of the babies held in the hands of mothers led interesting lives and had children of their own, who now may be in Maryland or Kansas or even miles down the road from me.

It's silly, but I can't throw a single photo away. In all those yellow faded faces, there must be a whole bunch of me.

I find this story disturbing, and also motivating. Memories of family and friends are so important. But even digital photographs and images can suffer the same fate as the images in this story if there are no names, dates, and descriptions.

For my mother's 80th birthday, we four kids assembled pictures of all the various homes we had lived in. Then, at her birthday dinner, we took turns talking about some of the things we had



done at that home (that she hadn't know about). We audiotaped the dinner conversation. It was a very fun evening for both the kids and my mom. Now that she is gone, it is even more precious to hear her laughter at that dinner.

Millennium Memo



It's been another eventful year in Palomar East, but then aren't they all. Here are just a few of 2023's many Palomar highlights:

- March 18 was the 20th Anniversary of Palomar's conversion to non-profit ownership—and its rescue from the Porath Partnership, the previous owners. Our purchase gave Palomar a couple decades of guaranteed rent control.
- Stacee & the folks at SPARC continued to sponsor seminars, Band & Bingos, free tax prep, a Spring Fling, even a Women's Retreat. What a great partner for Palomar.
- 100% of you returned your Income Certs, which might be my favorite highlight.
- 31 homes sold during the year, at an average price of about \$265K—\$20K more than 2022. Your home remains a very valuable asset.
- Despite having a somewhat tight budget, we continued our program of upgrading your Park. One fun project: Converting the Pool to saltwater.

Next up: an \$85K remodel of the Kitchen & Art Room, starting in January. Although some events will have to be placed on hold for a few weeks, you'll love the result. Thanks for your patience.

- Finally, we owe a big Kudo to Kasey & his team—including new Maintenance Manager, Bert Hamernick—for the job they do maintaining Palomar East's 54 lush acres, hillsides and facilities. Thanks to them, you live in a beautiful community.

Just another great year in Palomar!

On a Personal Note

For my part, 2023 was big in a couple ways. We gained 2 more grandchildren, and...I turned 70. Ouch!

My buddy and I went out for drinks to celebrate, as he is also 70. I saw two men across the bar and said: "That'll be us in 10 years." His reply: "That's a mirror, you dummy!"

Have a fun & exciting 2024!

George Turk

President

Millennium Housing



Kasey Koenig
Park Manager/Office

East Park

MARKET UPDATE & MANAGER'S REPORT



Burt Hamernick
Park Manager/Maintenance



1



4



4

Home Sales

One home sold and four homes are currently in escrow. There are four homes for sale.

Maintenance Update

Landscaping was completed along the planters leading up Lucilla St. Fresh flowers were planted around the clubhouse and park entrance. A section of the sewer line along Elm and Fir St was hydro-jetted for routine cleaning. Two water leaks were repaired on Fig and Ash St.

Clubhouse Kitchen Remodel

The clubhouse kitchen remodel is scheduled to begin January 8th and will be ongoing into March. The office, pool, and jacuzzi will remain open but the craft room, library, and banquet hall will be closed for the safety of residents. The weekly classes and activities have either been cancelled or moved to Palomar West. The community will be notified as soon as the remodel is completed and our schedule returns to normal.

Phone Directory

We are a couple of months away from printing a new resident directory. If you do not wish to be published in the directory or have changed your phone number, please be sure to reach out so we can update our records.

Short & Quick

- Be sure to clean your rain gutters.
- If you see water running during normal work hours contact the office. The After-Hours Emergency number is listed on the back of the directory: 661-325-3239.



*Wishing everyone a Happy and
Healthy New Year!*

Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us:

palomareast@gmail.com

Palomar Estates East Residents Association

P
E
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A



Notifications & Activities

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."

— Hal Borland



Celebrating the start of a brand-new year comes with many traditions. Some people will welcome 2024 by dressing in lucky colors or eating special foods to ensure prosperity and success. But if you happen to be one of those people who look forward to dancing the night away, I'll meet you up at the clubhouse on the dance floor.

The New Year is one of the most internationally recognized holidays. The common thread is a gratified goodbye to the previous year so we can welcome the beginning of the New Year. You might be celebrating with your family, a few close friends or up in our clubhouse with our neighbors. Either way, here's hoping your celebration brings you memories to last a lifetime. Out with the old, in with the new! A very Happy New Year to **YOU!**

PEERA Board

Patty Gonzales	Chairperson
Sandy Wagner	Vice Chairperson
Susan Ewing	Secretary
Leslie Dranko	Treasurer

Members At Large

Peter Del Bene	Beautification
Joanne Price	Community Resources
Joanne Robinson	Complaints
Catherine Chase	Emergency Prep
Merlene Heeren	Helping Hands
Carl Silva	Membership
Kate Niebur	Publicity

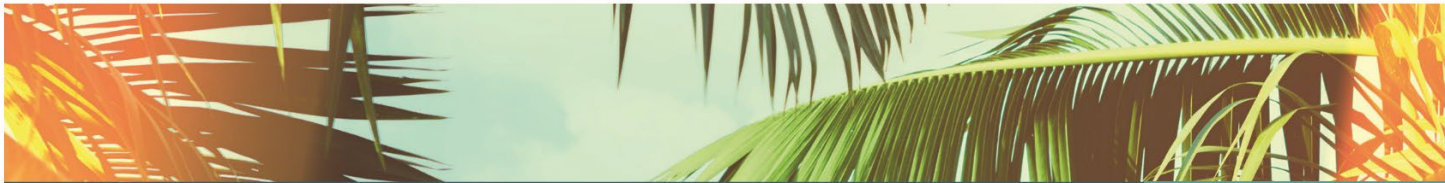
Welcome PEERA Board Members

It is with sincere enthusiasm that I welcome the nine newly-elected board members. I appreciate their willingness to serve. The PEERA Board fills an important need in our community. We believe that you too would find serving on a Board Committee a rich and rewarding experience. Our focus for the new year ahead includes team vision, goals, history, and values in serving. Reach out to any board member to learn more. We'd love to have you join one of our committees!

Happy New Year to All,

Patty Gonzales

PEERA Board Chairperson



Your Voice IN Our Community

PEERA Board peerasm.org

2024

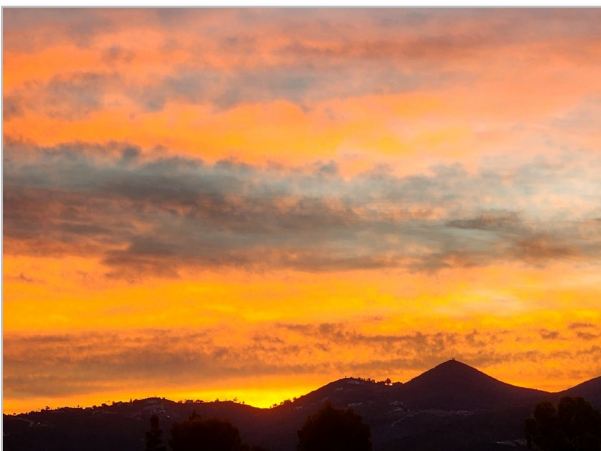
PEERA BOARD PACKET

You should have received the PEERA Board Packet. This provides details regarding the importance of PEERA membership, the membership dues envelope, and our famous Palomar Estates East Wish List.


There is only one annual \$7 PEERA membership dues per home. This year we are using green envelopes for PEERA membership. This allows residents to distinguish between the PEERA membership dues (green envelope) and the Social Club membership dues (white envelope).

As always, we appreciate your community support and involvement.

The January 9th PEERA Board Meeting, will be an Administrative Meeting due to construction on the kitchen remodel. Once we have more details, we will announce the next PEERA General Board Meeting.



Beautiful Sunset Viewed from Palomar East



**PALOMAR ESTATES EAST
PEERA BOARD
2024**

**PALOMAR ESTATES EAST RESIDENTS ASSOCIATION
PEERA
WISH LIST**

The PEERA Board is **your voice** in discussions and negotiations with the Park Owner and Park Management **about matters of concern and interest to residents**. Each year members of the Association are given the opportunity to submit items they would like Park Management to consider for improvement of our beautiful park.

Please list five items you would like to be considered toward our overall goal of park improvement and beautification. The Board Members of PEERA will tabulate the most requested items for presentation to the Park Owner and Park Management. Once the list has been finalized, it will be published in *The BREEZE*.

NOTE: Submission of an item does not guarantee that it will be implemented.

Please list the 5 most important items you would like to be considered.

1. _____
2. _____
3. _____
4. _____
5. _____

The deadline for submission of your list is January 15, 2024.

Deposit your list in the PEERA lockbox next to the PEERA bulletin board in the clubhouse.

Space # _____

PALOMAR ESTATES EAST RESIDENTS ASSOCIATION


Membership dues for: January - December 2024
\$7.00 Dues Annually Per Space

Space # _____ Name (print) _____

<input type="checkbox"/> Renewal	<input type="checkbox"/> Cash	<input type="checkbox"/> Amount \$ _____
<input type="checkbox"/> New Member	<input type="checkbox"/> Check	<input type="checkbox"/> Check # _____

Phone # _____

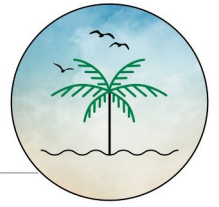
Please make check payable to PEERA. Due by January 31, 2024.
Deposit in the lockbox next to PEERA bulletin board in clubhouse.
Thank you for your support.



**PALOMAR ESTATES
PEERA BOARD**

Park Publicity

PEERA Board Committee



East Meets West

Houses don't make neighborhoods – Neighbors make neighbors

I stay fairly busy, but I always try to find time to get out and meet someone new. I had the great pleasure to meet Garry Larson, the Resident Board Chair at Palomar West. Gary was building a shed for their community garden at the end of Viewpoint – the street at our back gate entrance. They have done a nice job utilizing the space that was once just ground covering. Go take a peek.

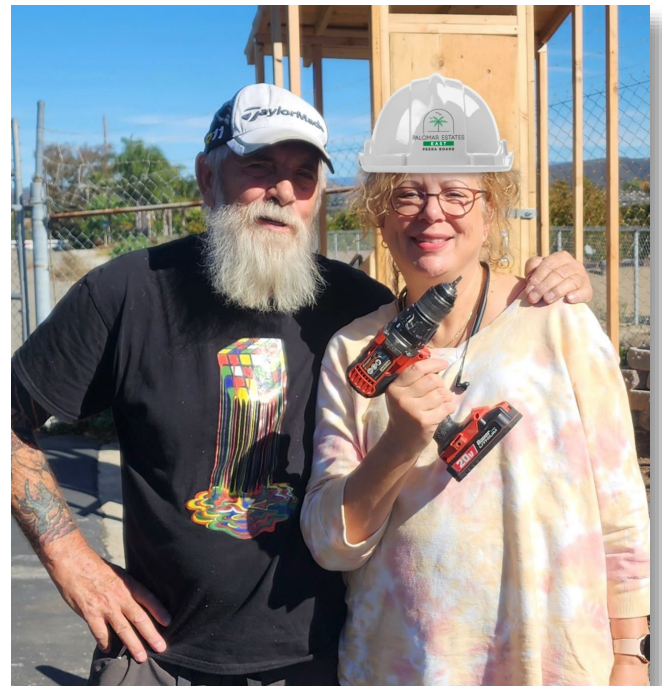
Building Community – How sharing ideas can bring us all together

As the world grows more connected, digitally and physically, people are living closer together and interacting in ways they never have before. As a result, the process of building communities – coming together with people across cultures to share goals and ideas – is more important than ever before. When it comes to joining together to make our neighborhoods, our cities, and our world better, one of the most important things we can do is to find out what we have in common.

When we share something with the people around us – no matter how small or insignificant it seems – it can help us make connections we never realized we could.

Each of us can build relationships and friendships that, together, provide the necessary experience and skills to achieve community goals. This network of diverse and strong relationships allow us to come together and solve problems that we have in common.

Patty Gonzales
PEERA Chairperson



Social Club News



Social Club 2023 & 2024 Boards Thank You

L to R: Debbie Johnston, Sandy Wagner, Kathy Wortman, Cheryl Lilley, Michelle Lema, Leslie Dranko, Susie Lippencott, Sally Yeater

It is January again. Seems like there have been so many of them, and they just keep coming faster and faster! Actually, January is my favorite month of the year. It is the month when you get to relax and unwind from the holidays. Oh, but wait, I volunteered to be President of the Social Club... Relaxing is overrated.

For those of you who don't know me, I'm the 2024 President of the PEE Social Club. I have lived in Palomar Estates East for almost 24 years. I am a 4th generation San Diegan, and the 13th generation from the Mayflower.

We are looking forward to this year with a great group of people on the Social Club Board. There are plans to continue with the monthly Social Hours and other events. If any of you have suggestions or ideas that you would like to take place, please contact me (Debbie Johnston 760-703-6705) or any other board member.

The clubhouse will be unavailable from January 8th until mid-March due to construction. I do believe we can squeeze in one more Social Hour on January 5th at 5:30. Bring an appetizer to share and beverage of your choice.

2024 Social Club Board

President	Debbie Johnston
Vice-President	Andrea Martin
Secretary	Lani Beltrano
Treasurer	Michelle Lema
Membership Chair	Sally Yeater
Members-at-Large	Dolores Bsharah, Pam Scott, Paul Hoffman, Lydia Seifert

❑ **January 5th – Happy Hour, 5:30 PM to 7:30 PM** – Please bring appetizers to share and your beverage of choice. We always have a great evening. See you there!

We would like to thank Jetta Russell for arranging a presentation by Jonathan Tague with Aging & Independence Services, part of the County of San Diego Health and Human Services Agency. Jonathan shared an abundance of resources available in San Diego County. If you missed this event, search for 'Aging and Independence Services' on the internet to learn more.

Also, we thank Stacey Kazmierski with SPARC for the Bingo & Band event. It was loads of fun, coupled with fantastic food & live festive saxophone music. A wonderful way to support the holiday spirit in our communities.

Special Note: Rupert Martin (Andrea Martin's son) was seriously injured a couple of weeks ago while working at the Smoke Shop across the street. He has a fracture in the front of the skull and one in the back. Doctors say he has a long hard road ahead to recovery, so please keep him in your thoughts and prayers.

Debbie Johnston
Social Club President

Thanksgiving Dinner Highlights

The Thanksgiving Dinner was on November 18th. Enjoy the photo highlights below.



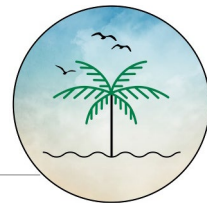
More Thanksgiving Dinner Highlights



We are thankful for all our Palomar East residents!

Palomar Emergency Response Team (PERT)

PEERA Board Committee



Residents' Emergency Plan Update

Our goal these months since summer was to review the existing PERT program for Palomar Estates East and update the program, as needed.

Let us recap that journey.

- **Connect with Existing Block Captains**

Our first task was to review the existing Block Captains list. There were 33 Block Captain positions, each with the responsibility of about 10 to 12 homes (on average).

In the review, we found that there were many people on the list who were no longer residents in the park, and others who were no longer able to serve as Block Captains.

After the review, it became clear that there were only about 23 Block Captain volunteers compared to the 33 identified by the existing PERT program.

- **Changing Nature of the Block Captains List and Availability During an Emergency**

One realization as part of the review process was just how fluid the Block Captains List can be. Even after updating the list, there continued to be changes to the list. Thus, there was a need to review and update the Block Captains List on a fairly frequent basis.

In addition, the way the Emergency Response System was structured, if a few Block Captains happened to be gone or unavailable during an emergency event, there would be a need to either increase the available Block Captains responsibilities, or appoint temporary Block Captains, who may not have had previous Block Captains training.

The solution was to create a Resident's Emergency Plan that requires a smaller, but more flexible Response Team. A key focus of the plan is to provide residents information resources that will help them be better prepared for various types of emergencies.

The details of this approach are currently being drafted. The general structure of the Palomar Emergency Response Team (PERT) will incorporate both the Park Manager and PERT.

- **Park Manager**

- ✓ Various responsibilities including gates, valves, and other park-related tasks.

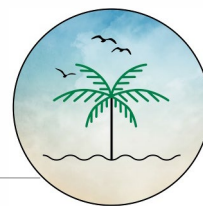
- **PERT**

In an emergency, all PERT members will report to the Main Clubhouse for assignments.

- ✓ Emergency Coordinator – This team member will coordinate PERT tasks with the Park Manager, make assignments of Area Captains and Response Team Members, and facilitate communication via the Communication Team Members.
- ✓ Area Captains – In an emergency, the Area Captains will be assigned areas of the park to monitor circumstances and conditions in that area and report back to the Emergency Coordinator.
- ✓ Response Team Members – These team members will remain in the Main Clubhouse and be sent out to respond to needs, as identified by the Emergency Coordinator and Area Captains.
- ✓ Communication Team Members – These team members will facilitate clear and responsive communication among groups.

Palomar Emergency Response Team (PERT)

Catherine Chase, PEERA Board Member-at-Large



Safety Updates for the New Year!

Happy New Year Palomar people! I hope you have enjoyed lovely and happy holidays this season.

I always look at my safety provisions in the fall season and this year was no different. I realized after the last article I wrote for *The Breeze*, that I didn't have fire extinguishers! Oh no!

Netflix Series “Virgin River” – And The Hunt For Fire Extinguishers

Then it really became urgent when I watched the latest season of *Virgin River* on Netflix (one of my favorite shows). Halfway through the season, a big fire breaks out and evacuations happen and, of course, many lives are saved! What I loved about the episodes, besides the heroics, was how the town came together to support each other. The very hands-on mayor, who is awesome, had created a plan. Everyone knew what to do and how to help each other the best they could during the crisis. Consider it a training video to remind you of what to think about if we are impacted by a big fire.

I went on the hunt to find a fire extinguisher and on Amazon I found some water-based fire extinguishers.



I chose these fire extinguishers for ease of use – they are not too heavy and work on any kind of fire. Plus, they are relatively inexpensive (\$23/2 pack). I bought a 4-pack and installed them around my house, including 2 in the kitchen.



There are many types of fire extinguishers available. This is not an endorsement of any product, but rather an encouragement for you to do your research and get appropriate fire extinguishers for your home.



Pack Your ‘Go Bag’

Here is a list of items from Pelican.com and CNN.com to consider packing in your ‘Go Bag’ in case of evacuation:

1. Water: 1 gallon per person per day
2. Food: Lightweight, shelf-stable, such as freeze-dried fruits, energy bars, nuts, tuna pouches, and beef jerky
3. Medication: 3 days' or more medications and travel-sized pain relievers, antacids, etc.
4. First-aid kit: Bandages, gloves, a face mask, gauze, medical tape, antibacterial cream, a cold pack, and a thermometer
5. Multi-tool: Knife and basic tools, including screwdriver, pliers, wire cutters, and scissors
6. Light source: LED flashlight or a headlamp
7. Cash: Cash in small bills and coins
8. Important documents: Documents such as passport, driver's license, insurance policies, medical records, etc.
9. Sanitation supplies: Toilet paper, wet wipes, and hand sanitizers
10. Clothing: Change of clothes, including a warm layer and sturdy shoes
11. Personal hygiene items: Toothbrush, toothpaste, soap, and deodorant
12. Pet supplies: Food, water, medications, etc.

Community Resources & Activities

January 2024

All Are Welcome



Come Join the FUN!

ACTIVITY	WHO TO CONTACT AND MEETING SCHEDULES
BINGO	Debbie Johnston & Delane Johnson: Thursdays , 6 PM at West
BOOK CLUB	Social Club: 2nd Wednesday each month, 1:00 PM, East Clubhouse Cardroom.
CERAMICS	Andrea Martin: Wednesdays, 6—8 pm, East Clubhouse, Arts & Craft Room
DANCE LESSONS	Anne Pearson (858) 610-4816: 2nd & 4th Thursdays , 2—3:30 pm, East Clubhouse
FIBER ARTS GROUP	Sally Yeater (719) 651-2866: Wednesdays , 9:30—11 am, East Arts & Craft Room
PAINT CLASS	Dawn Anguiano , dawn46@gmail.com: 3rd Tuesday , No class at East this month. (Also, the 1st Tuesday each month at Rancho Vallecitos.)
QUILTING GROUP	Social Club: Tuesdays, 9:30 am to whenever, East Clubhouse Card Room.
TAI CHI	Rudy Cobos (773) 519-6627: Fridays at 9:00 am, East Clubhouse
YOGA	LuAnn Foster (480) 203-4330: Monday: 3:00 PM Zoom. 6:00 PM Yoga West & Zoom, Tuesday: 10:00 AM Chair Yoga West & Zoom, Thursday: 10:00 AM Chair Yoga East & Zoom
ZUMBA	Saleemah (803) 463-2880: Monday: 11:15 PM West, Tuesday: 2:15 PM Zoom, Wednesday: 10:30 AM Zoom, Thursday: 11:15 AM East

Additional Park Activities

ACTIVITY	WHO TO CONTACT
Billiards	Ken Hodor
Bocce Ball	Carl Silva
Card Games	Card Room
Darts	Don Bomar
Fishing	Don Bomar
Fitness Facility	Ken Hodor

ACTIVITY	WHO TO CONTACT
Golf Putting Green	Dave Fenner
Horseshoes	Dave Fenner
Library	A.J. Jangula
Pickleball	Joanne Price
Ping Pong/ Tennis	Bill Mead
Puzzles	Card Room

Remember: Clubhouse Closure





Remember the Main Clubhouse is closed until March 2024. Until then, if you have questions about your class location or time, reach out to your instructor.



Happy New Year from the Tai Chi Group!

Palomar East Calendar

January 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DEC 31	JAN 1	JAN 2	JAN 3	JAN 4	JAN 5	JAN 6
					5:30 PM Social Club Happy Hour 	
7	8	9	10	11	12	13
VERIFY ACTIVITY TIME/PLACE: The clubhouse kitchen remodel is scheduled to begin <u>January 8th</u> and will be ongoing into <u>March</u> . The office, pool, and jacuzzi will remain open but the craft room, library, and banquet hall will be closed for the safety of residents . The weekly classes and activities have either been cancelled or moved to Palomar West. The community will be notified as soon as the remodel is completed and our schedule returns to normal.						
14	15	16	17	18	19	20
						
21	22	23	24	25	26	27
28	29	30	31			
						

Park Member News

Welcome New Neighbors

Please join us in welcoming our newest neighbors!

- Space 290 Mike & Carolyn Westbrook

Gone and Not Forgotten

Johanna McGaffin Space 290 Arrived: 10/2015

Departed: 12/2023 Moved away.

Note: No further details were available for the resident who left us. If you have information and/or photos about someone and would like to share, please send it to:

pee.theBreeze@gmail.com



Quilting Group

Sponsored by the Social Club

This group typically meets every Tuesday. Contact the Social Club for information regarding the meeting times and place during the period of kitchen renovation. You don't have to know anything about quilting or even sewing to join us. Luckily, we have experienced quilters and willing workers. Some cut, some sew, and some tuft. If you have an eye for color, you can lay pieces out that look good together. We have a good time whether talking or working in silence.

The quilts are to be given to children in need of comfort. If you know of a group needing this type of donation, please let us know. Also, we would love to have you join us.



At the Social Club Social Hour, Sandy Wagner managed the Quilt Silent Auction. All the proceeds are used for quilting materials. Great Job!

Park Member News

Celebrating Our January Birthdays!

3	Gayle Mynatt-Nusco	20	Ken Meyer
4	Geraldine Goots	20	Catherine Chase
5	Warren Boatwright	20	Mike Westbrook
7	Edgardo Bertino	20	Leslie Schavran
9	Gloria Jordan	22	Stephen Perry
9	Dian Keiser	23	Linda Koch
14	Jeannette Holtham	24	Bertha Cordova
15	Karl Kogswell	24	Shanon Longwell
15	Kenyon Ackley	26	Essi Frankel
15	Karen Pa'aga	26	Mary Hoffman
16	Ron Berenty	28	Lani Beltrano
16	John Wilson	29	Mary Kreile
17	Debra Diaz	30	Suzanne Agostino
18	Richard Preuss	30	Trace Mason
18	Mario Cabrera	31	Craig King
19	Zulena Gonzalez	31	Eric King



The Humor of Aging

"Aging seems to be the only available way to live a long life." – Kitty O'Neill Collins

"You can live to be a hundred if you give up all things that make you want to live to be a hundred." – Woody Allen

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone." – Andy Rooney

"You know you're getting old when you stoop to tie your shoelaces and wonder what else you could do while you're down there." – George Burns

"The really frightening thing about middle age is that you know you'll grow out of it." – Doris Day

"Those who think they have no time for bodily exercise will sooner or later have to find time for illness." – Edward Stanley

"I'm very pleased to be here. Let's face it, at my age I'm very pleased to be anywhere." – George Burns

"Birthdays are good for you. Statistics show that the people who have the most live the longest." – Larry Lorenzoni

"Today is the oldest you've ever been, and the youngest you'll ever be again." – Eleanor Roosevelt

"Old age is always fifteen years older than I am." – Oliver Wendell Holmes

"Old age is like everything else. To make a success of it, you've got to start young." – Theodore Roosevelt

(Excerpts from NewRetirement.com)

Book Club Sponsored by the Social Club



Since the first meeting of the Book Club this past October, various books were selected for reading each month. The person that suggested the book of the month will prepare questions for group discussion. Everyone is welcome to join!

Meetings are held on the 2nd Wednesday of each month.
Note: Verify meeting time & place due to kitchen remodel.

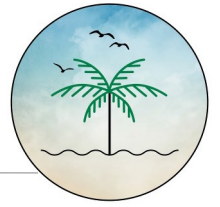
The book selected for January is ***The Girl Who Wrote in Silk*, by Kelli Estes**. This is the story of two women, past and present, whose lives intersect in a house on Orcas Island. It was inspired by true events, including the 1882 Chinese Exclusion Act.

The book for February is ***Boys in the Boat***. This non-fiction book is about nine Americans and their epic quest for the gold medal at the 1936 Berlin Olympics.

If you wish to read the books online or listen to the audiobook version, you can use the Libby application. We will provide more information about Libby in the February issue of *The Breeze*.

Clubhouse Update

PEERA Beautification Committee



Deck the Halls...

Every Christmas season, we aim to spread the holiday cheer abundantly when decorating—and this year our Main Clubhouse front windows were no exception. Who said they can't be part of the show!

The beauty of our fabric roll-up blinds is in the elegant simplicity of their design, offering a beautiful backdrop for any season or event.

Once the installation was complete, with all vertical blinds removed, our fabric roller blinds are show-stoppers! The picture above is only a glimpse. Our Wish List items do come true!



There is Road Rage and There are Bubbles...

At my friend's wedding, we were given little bottles of soap bubble solution in place of rice or birdseed. When the bride and groom emerged from the building after the ceremony, we greeted them with a delightful shower of bubbles.

I loved my little party favor, so when I stopped at a red light on my way home, I took it out and blew bubbles out the window of my car. I watched the bubbles as they floated on the breeze, and I saw the man in the car next to me grinning and laughing as the bubbles swirled around his car.

From then on, whenever I was stopped at a red light or stuck in traffic at the bridge on my way to work, I'd blow bubbles. Sitting in traffic probably isn't high on anybody's "good time" list, but I soon realized that I was looking forward to my daily rush-hour backups.

I loved the way people responded to the bubbles. Kids waved. A guy on a Harley honked his horn. Teenaged girls in a bright blue Beetle with pop music blasting from their radio cheered. A group of guys in a construction van gave me two thumbs up.

I loved it so much that I started carrying bottles of bubble solution in my car so I would never run out. I got a new bottle, one with the wand attached to the cap, so the excess solution wouldn't drip on my car or me. I was becoming quite the bubble connoisseur.

One hot day I was driving to a friend's house, and traffic on the freeway slowed to a crawl as cones moved three lanes into two, and on ahead, two into one. Cars were jockeying for position – pushing and crowding to get ahead. People were honking, and you could almost feel the tension in the air. I was about ten cars away from the spot where two lanes would merge into one when the traffic came to a standstill the way it does when there's an accident ahead. I waited a minute or two, but we were definitely not moving ... so I pulled out my bubbles and began to blow. After a minute I noticed a couple in a car just about next to mine had rolled down their window, waving to get my attention. "That is the BEST!" the man shouted.

I had just bought some small refill bottles earlier that day, and they were sitting in a bag on my passenger seat, so I held up a bottle and yelled back to them: "Want some?" The woman squealed, "YES!" as the guy looked around – seeing that the cars still were not moving – and jumped out of his car toward mine. I tossed the bottle to him and he quickly ran back to his car. Soon we were blowing bubbles in tandem.

When the traffic started moving again, my bubble-blowing buddies yelled "Thank you!" and waved me on ahead.

I thought that was the highlight of my bubble blowing adventures, until a few weeks later, en route to work and backed up at the bridge once again, I inched toward the tollbooth. When I got there, I held out my money, and the toll collector waved me on: "He paid for you," she said as she indicated a car that had just pulled away from the booth. "He said thanks for the bubbles."

I still carry extra bottles in my car, and I've given out many more when stuck in traffic jams over the years. While I use EZ Pass at the tollbooths now, I still don't mind little traffic jams. It's amazing what an effervescent effect those little soap bubbles can have.

– Deb Cooperman

For more wonderful stories like this, refer to *Chicken Soup for the Soul: Random Acts of Kindness, 101 Stories of Compassion and Paying It Forward*, Amy Newmark, 2017.



SPARC Resources

Sign up to receive
SPARC
text updates and
reminders for
2024 events!

You will receive reminder texts before
SPARC events at your community

Please contact the office to sign up for
our new text reminders

