



Emergency: 911

Non-Emergency: 760-510-5200 *after hours*



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611 Anton Blvd Suite 890
Costa Mesa, CA 92626
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President: George Turk
Vice-President: Lori Carraway
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November Editorial



Standing on the Shoulders

I have had a lifelong interest in the sciences. They have so much to say about the world around us. One key fact stressed by all scientists of all times is that they '*stand on the shoulders of those who went before them.*' In becoming the editor of *The Breeze*, I feel the same way. I am standing on the shoulders of the editors before me...most recently, Lanny Lippincott and Gayle Cinnamon. Many thanks to them, and to those before them – as well as to the support photographers and others who assisted – for the many hours they volunteered.

The Breeze plays an important role in keeping our community aware of the many activities and opportunities available to them. I very much appreciate the opportunity to follow in their footsteps, or rather 'stand on their shoulders.'

The World At Your Doorstep

One of my grandsons is 17 years old. The following is a quote from his college application essay.

"What does it feel like to have such a burning passion for something your whole life, to know what you want to do forever even as a child?"

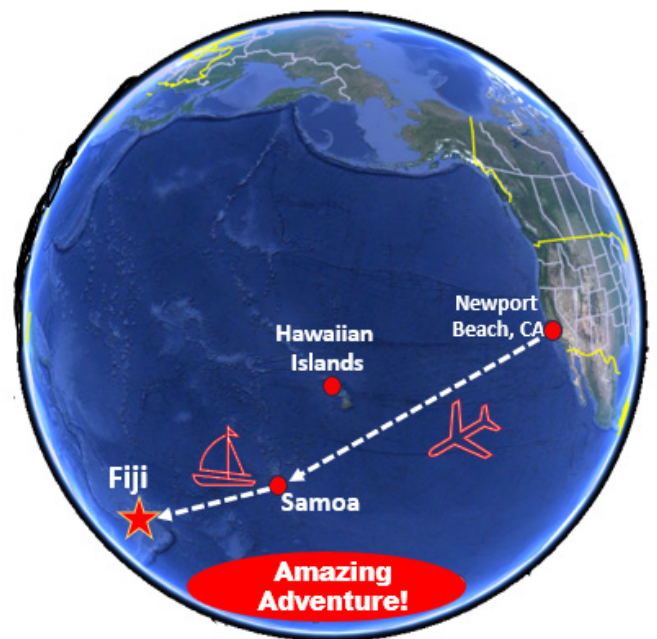
Well, I can tell you. When I was younger, my dad would travel a lot for work. Whenever he would get back, he would recreate these stories to recount to me about all of these places, with different people, food, and languages. This struck me because I had never experienced anything besides the environment of my hometown, Baltimore, and where I live now, Park City. Ever since that time, I have had an ever-growing interest in these estranged—at least to me—cultures."

This made me reflect on my viewpoints and ambitions when I was his age:

I had an excitement for experiencing the world, an anticipation for what is to come, wondering what my life will be like—what job should I start with, what occupation will I enter, who will I marry, how many children will I have...what will my life be like?

A couple of years after I graduated from college and had started my first serious job, an experience profoundly impacted me. I had the opportunity to join some friends for six weeks of vacation (I took vacation plus some leave).

My friends were sailing from Newport Beach to New Caledonia (near Australia). I planned to meet them in American Samoa and sail with them to Fiji.





The actual sailing time during the trip was only 5 days, and the remainder of the time we were enjoying the people, culture, and beauty of the places.

The food was exotic (to us), and the people and cultures were so different. The islands were beautiful—the flowers, the sunsets, the landscape.

I was enthralled and considered quitting my job and continuing the adventure with my friends. I decided, however, to return home.

My return flight from Fiji arrived back in Los Angeles at night. I was in culture shock! For much of the six weeks I had been in remote areas with few of the amenities we take for granted. In some places, there were few people, and those lived in huts constructed of various plant materials. As the plane approached Los Angeles, looking down I saw thousands of tiny lights as far as I could see, cut through by flowing arteries of cars traveling the streets and highways. I was sad. I had left the beauty and simplicity of the islands and was returning to “the concrete jungle.” How depressing.

A couple of days after returning, I began to notice many of the same plants and flowers that had so enchanted me during my travel. These plants had always been there, I just hadn't noticed them.



(Photo credit at right from Kim Cyr's backyard)

Continued on next page →

Further, there were people of many cultures and experiences in my community. These were also always there; I just wasn't in a 'vacation' frame of mind to be able to see them. It was simply a matter of perspective. Our community is rich with people of varied life experiences and interests. Getting to know people in our community is like traveling...without all the hassles that come with traveling.



(2023 Cinco de Mayo Event)



(2023 Women's Retreat)



(2023 High Tea Charity Event)

Drop us a line anytime at PEE.TheBreeze@gmail.com

I have been in our community since April 2020, and because of the Covid lockdown, I remained mostly isolated. When it was considered safe to interact with others in an outdoor setting, I began to play pickleball. My neighbor, Leslie Monteforte, was kind enough to teach me and others how to play.



(2023 Pickleball Game)

This initial step in joining people with similar interests has enabled me to meet others, with a wider circle of acquaintances and friends. I feel blessed with all the many amazing people I have met here.

I am hopeful as the new editor of *The Breeze* that I will not only be able to meet new neighbors, but that I might help encourage you to step out and find a group with similar interests as yours. Through those people, your group of friends and acquaintances will grow as well. And Palomar Estates East will not only be your home, it will be your community.

Joanne Price, Editor, *The Breeze*

Monthly Contributors to *The Breeze*

Joanne Price—Editor

Patty Gonzales—Creative Director/
Staff Photographer

Kasey Koenig, George Turk, Lanny Lippincott,
the Social Club, and the PEERA Board

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Millennium Memo



"Great Mobile home park. Always improving the park with upgrades & maintenance. Consider myself lucky to live here. Neighbors are very nice. Lots of social events. Doesn't get any better than this." 5 Star Google Review

"Lived in the community for over 10 years HOA has no clue how to run things property management company they use is a disgrace they let one maintenance man rule the community and tells all the residents what to do when we pay his salary." 1 Star Google Review

That first review is spot-on, don't you think? Neighbors at Palomar East are "very nice." The other one? I found it kind of funny—especially the poor grammar--but then I wondered if that review might make a homebuyer hesitate.

If you're afraid a misleading review might harm your home value, feel free to post your own glowing report on the amazing community you call home. Just a thought...

By the way, this same critic also issued 35 other 1 Star ratings, so maybe he's just hard to please...and for the record, we're very happy with our Management Team and the HOA.

More News

- We spent \$6K to trim 68 Palm Trees, \$5,500 to install equipment to convert the Pool & Spa to saltwater, and \$4,100 for windscreens at the Sports Courts.

We also painted the Clubhouse: "White 52" for the base color with "Limousine Leather" trim. Doesn't it look a lot better? Your Income Cert-generated Dollars at Work!

- This month's Kudo goes to Catherine Chase, for taking over the alliterative job of Palomar Emergency Prep Person. Thanks for stepping up, Catherine.
- We also want to thank Gayle Cinnamon for her great job as Editor of The Breeze. Kasey assures me that "Gayle's contribution to the Breeze can't be overstated." Good luck on your move to Oregon, Gayle.
- Remember those big rains—and how you wished you had cleaned your rain gutters beforehand? It's supposed to be another El Nino year, so don't be caught off-guard this time.

Thanksgiving Trivia

Q. What do sweet potatoes wear to bed?

A. Yammies.

Sure, you groan now, but you'll be telling that one at Thanksgiving. Have a fun holiday!

George Turk

President

Millennium Housing



Kasey Koenig
Park Manager/Office

East Park

MARKET UPDATE & MANAGER'S REPORT



Burt Hamernick
Park Manager/Maintenance



Home Sales

Three homes sold. There is one home in escrow. Currently there are six homes for sale. At least two of the homes that sold are being remodeled for sale (flipped).

Community Maintenance

Staff added asphalt to areas of the street where water pipe repairs were previously made. The clubhouse was power washed and painted. Wind screens were installed at the Sports Courts.

The trees and bushes surrounding the bocce ball court and laundry room were trimmed.

Home Maintenance

The rainy season will be upon us soon. Make sure your gutters are free of debris, leaves, mud, and weeds.

Take a walk around your property. Trim your bushes and trees, remove any surrounding weeds, and pick any unwanted fruit. When the new year begins you will have one less item on your to-do list.

Saltwater Pool Conversion

As most of you are probably aware, the pool and jacuzzi now have saltwater pumps! The saltwater is gentler on your body with less irritation on your eyes and hair. Saltwater is known to promote the body's natural relaxation process, soothing sore muscles, and relieving pain and stiffness from arthritis.

Cost savings include not buying bathing suits as often.

Short & Quick

- When walking at night make sure you are seen. Wear something reflective, bright, or carry a flashlight so you are visible.
- For more information on paying your rent online call the office. It's so easy!

Your concerns and needs ARE IMPORTANT!

If it is not urgent or an emergency, we encourage you to email us:

palomareast@gmail.com





5

PEERA Beautification Home maintenance tips for Fall

When you're a homeowner, "winter is coming" takes on a whole new meaning. Take advantage of temperate fall days to prepare your home for the chill that lies ahead. Here's a short list of to-dos to get you started. Remember, there's no shame in hiring professionals to pick up where your ability or availability may leave off!

1 Take it from the top

Inspect your roof for damaged, loose, blistering or missing shingles.

2

Give your HVAC a breather

One of the most important things, replace your filter at least every 90 days.

3

Get your mind on your gutters

Look for leaking, misaligned or damaged gutters, downspouts, hangers, gutter guards and strainers. Clean out leaves and debris.

4

Don't be rough around the edges

Repair or replace shrinking caulking and withered weather stripping around doors and windows.

5

Pamper your property

Head outside and do a walk-around to familiarize yourself with the exterior of your home to identify any potential issues.

Homes need people. They can deteriorate quickly when they're not getting attention. Like a car, a home needs a regular tuneup: heating systems need maintenance, windows need caulking, and landscaping needs grooming. Even seasoned homeowners, can fall behind.

Take the time to protect your investment. Warm fall weather is really perfect time to start thinking about your home maintenance as well as getting it ready for the colder weather. Keep on top of the seasonal to-do lists, and the chores become a routine you dutifully follow every year.

Palomar Estates East Residents Association

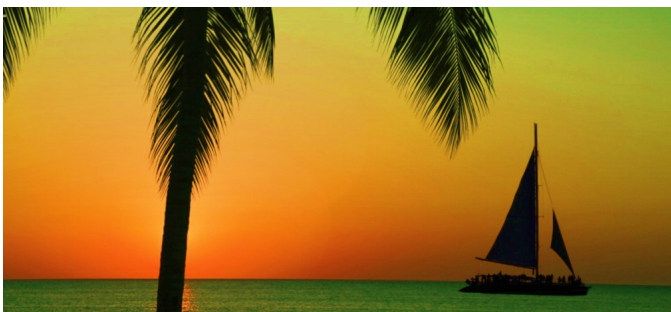
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Notifications & Activities

Make it a November to Remember!

*The year has turned its circle,
The seasons come and go.
The harvest all is gathered in
And chilly north winds blow.
Orchards have shared their treasures,
The fields, their yellow grain,
So open wide the doorway~
Thanksgiving comes again!*



PEERA Board

Chair	Patty Gonzales
Vice-Chair	Gayle Cinnamon
Secretary	Susan Ewing
Treasurer	Pete Eiden

Members At Large

Beautification	Peter Del Bene
Community Resources	Joanne Price
Complaints	Paul Thiboutot
Emergency Prep	Catherine Chase
Membership	Carl Silva
Helping Hands	Merlene Heeren
Publicity	Katherine Niebur

Living Forward

"Life can only be understood backwards; but it must be lived forwards."

~ Søren Kierkegaard

At the beginning of this month, we will be electing nine new members of the PEERA Board. We look forward with anticipation to what the 2024 year will hold and are thankful that there will be a full Board of eleven members to support the many activities of the Palomar Estates East community.

I recently came across an article summarizing best practices in public sector management. This table summarizes ideas that we have incorporated during our tenure thus far. **See graphic on next page.**

Your Voice IN Our Community

PEERA Board peerasm.org

2023



Source: [https://www.bcauditor.com/book/export/html/406#:~:text=Where Should We Start%3F, and transparency \(the A.L.I.S.T.\).](https://www.bcauditor.com/book/export/html/406#:~:text=Where Should We Start%3F, and transparency (the A.L.I.S.T.).)

To accomplish the day-to-day responsibilities of the PEERA Board, it is important that Board members work well as a team, are well organized, and have different areas of experience. It is encouraging that we currently have a fully staffed Board that communicates openly and amicably as a group.

This year the Board faced a few community conflicts. These conflicts stemmed from issues that had been raised by residents prematurely, without enough investigation and discussion of the topics. Examples of these conflicts are:

- **Rent Increase Controversy** – Our Park rent increase was characterized by some residents as an unlawful increase, and not in line with Park management Rules and Regulations. This created concern and undue stress in the community, only to be found that the increase did, in fact, conform to the San Diego CPI and accepted practices. Had the issue been investigated before presenting it more broadly to the community, there would not have been controversy.
- **Sports Courts Controversy** – Refurbishing of the Sports Courts triggered a major controversy. It was initiated by a threat of a lawsuit. Shortly thereafter, a PEERA Board member addressed the entire Board via email with a disturbing accusation to justify a costly lawsuit. Though the email language was deplorable, we remained focused on the allegation that the pickleball play was against the PEE Rules and Regulations and was breaking the City of San Marcos Noise Ordinances. A series of noise measurements in our courts indicated that the play on the pickleball courts was in compliance with Rules & Regulations and San Marcos Noise Ordinances. The restored Sports Courts are now a beautiful amenity in our community.
- **Saltwater Pool Conversion Controversy** – The conversion of our pool to a saltwater pool was a wish list item submitted to and approved by Park management. Months later, just prior to the work, some residents were voicing concerns about both financial issues and health concerns of the saltwater pool. These questions could have been addressed easily. But some residents were describing 'facts' that simply were not correct.

A straight-forward discussion of the concerns would have been welcome, and controversy may have been minimized.

Each of these issues was important, for sure. And each of them required investigation. However, hard positions were often taken before investigation and discussions could find a good resolution. We are hopeful that as we continue this year and into the next, we will take the time to resolve issues creatively and with respect to all the many competing interests.

Thank you to all those who have stepped forward as candidates to serve on the PEERA Board for the new two-year terms beginning January 2024. Some people may be wary about serving as a Board Member. I have certainly found that serving on the Board can be both time-consuming and tiring, but it is also rewarding. Here are a few reasons you may find it rewarding to serve on the PEERA Board:

- Safeguarding property values by overseeing continued park improvements,
- Helping fellow residents with resources and educational tools for beneficial lifestyles,
- Mutually resolving problems and conflicts with facts regarding subject matters,
- Meeting new people from all walks of life.

The sense of accomplishment after making an important decision, the feeling of satisfaction following successful negotiation with a Park vendor, and the sense of fellowship at each community meeting — these are just a few examples of why I enjoy serving on the Board. It's been an experience unlike any other and, truly, one I encourage residents to try.

If you are interested in getting involved, join one of the PEERA Board Committees to start. There are seven of them. They would welcome your involvement. You can contact any of the Committee Board Members-at-Large to learn more.

I look forward to continuing my service on the PEERA Board as Chair in 2024.

~ Patty Gonzales

Snapshot of October 3rd PEERA Meeting Minutes

Chair – Patty Gonzales

Update on PEERA Board Elections: The nomination forms and the slate were completed. Both the Nomination and Election Committee appointees are Carl Silva, Chair and the two residents serving are Sally Yeater and Pam Scott. Pam delivered the Board Member Elections Slate of Candidates to the board Secretary.

Vice Chair – Gayle Cinnamon

Gayle's home fell out of escrow. Until she moves, she will continue her duties on the board to finish the term.

Secretary – Susan Ewing (Approval of Minutes)

There were no edits requested for the minutes of the September meeting. A motion was made to approve the minutes, the motion was seconded, a vote taken, and the minutes were approved.

Treasurer – Pete Eiden

The financial report is posted on the PEERA bulletin board in the clubhouse.

Membership Committee – Carl Silva

Carl was absent on vacation.

Emergency Preparedness Committee (PERT) –

Catherine Chase

Catherine was absent. Joanne Price gave the report.

Helping Hands Committee – Merlene Heeren

Merlene was absent. Joanne Price gave the report.

Community Resources & Educational Committee –

Joanne Price

Joanne works closely with PERT and Helping Hands and gave the report for all three committees. Emergency Preparedness, Helping Hands, and Publicity. Together they have been working on the PERT foundation based on the block formation.

They have some additional block captains join and there will now be four area captains, instead of two, to spread out the responsibilities. There are still some open positions. There is a meeting scheduled for October 17 for all the existing block captains where their responsibilities will be outlined in detail.

Kate Niebur is building a database using current resident information. This information will be put into a pre-filled form along with residents' meter picture and location. The forms will be given to residents to correct and/or update, then collected, and any questions will be clarified.

The committees have been doing the hard work of getting the forms updated and the formats simplified and all the forms that go to the block captains will be updated as well.

They are also working on a plan to quickly identify homes with pets so in case of emergency they can be easily identified.

Park Beautification Committee – Peter Del Bene

Peter will meet with Burt Hamernick, Park Maintenance Manager, to clarify what Burt is looking for in his home inspections. Peter shared his experience in the construction builder industry, managing and building communities from the ground up. With his understanding of communities, he will be a helpful asset to the board and the park.

Publicity Committee – Kate Nieber

Her background in technology and education makes her a good fit for the board. Her bachelor's degree is in Management of Information Systems, and she spent years working in IT, eventually becoming an IT project manager. She is currently getting familiar with the website software.

Complaints (Suggestions) Committee – Paul Thiboutot

Some positive suggestions were received in the PEERA lockbox:

- When leaving the park and turning left onto Rancho Santa Fe, please be mindful of not blocking the view (pulling out too far) of a person turning right.
- Can management bring in dumpsters twice a year to handle the overflow of resident trash items? This is currently under board review.

There were numerous complaint forms submitted by the sports courts' players regarding a neighbor taking photos or videoing the players as they play. They also expressed their concern about strange sounds emanating from the backyard of that neighbor while they were playing. These complaints have been turned over to Park Management.

The full PEERA minutes report is posted on the PEERA bulletin board in the main clubhouse along with the monthly financial report.

Concerns Received after the Oct 3rd PEERA Meeting

When the October board meeting was adjourned, several residents approached us immediately with concerns asking, "Should a resident be allowed to video us in our meetings?"

Some attendees observed as the meeting began that a resident was making adjustments on their cell phone which was placed on a stand to video record. With their concerns voiced, we researched.

Recording HOA/Resident Board Meetings: Is It Legal?

Is recording HOA/Resident board meetings legal or not? It depends on where your association is located. States like California, Florida, and Pennsylvania have two-party consent laws, which means that all parties involved must consent to the recording. If there is no consent, it is illegal. Our meetings are private as the public does not attend.

A HOA/Resident board has the authority to establish the rules of conduct for association meetings. The Secretary has the right to audio record meetings for transcription purposes only. Those recordings are deleted once they are approved.

The bottom line is that no one knows what someone will do with a recording, especially a video after a meeting. But whether it is audio or video, no one likes to unexpectedly find themselves on a social media site. Example: our August PEERA meeting was found on YouTube.



In short, in California it is illegal to video record meetings such as the PEERA Board Meetings. While we very much desire wide participation in Board Meetings, we also want to protect the privacy of those who attend these meetings.

For more information, a good article on this topic can be found on the internet. In your browser, search for: California Association of Homeowners - Electronically Recording Meetings.

FALL DAYS ARE *Fun* DAYS

Kate Niebur
PEERA Publicity Member-at-Large

Is it just me or does everyone go completely nuts for fall? I feel like people are more excited for cozy knits and pumpkin patches than they are about the first week of summer.

Just in case you haven't been bitten by the fall bug, I thought I'd share some inspirations with you to check off your list. **Fall is all around us!**

Fall 2023 Bucket list

- | | |
|--|---|
| <input type="checkbox"/> Go on a hike or walk filled with fall foliage | <input type="checkbox"/> Visit a pumpkin patch |
| <input type="checkbox"/> Make a scarecrow | <input type="checkbox"/> Roast pumpkin seeds |
| <input type="checkbox"/> Go apple picking in Julian | <input type="checkbox"/> Drink fall-themed cocktails |
| <input type="checkbox"/> Make homemade apple cider | <input type="checkbox"/> Plant spring bulbs |
| <input type="checkbox"/> Carve a jack-o-lantern | <input type="checkbox"/> Make chili/your favorite cozy soup |
| <input type="checkbox"/> Have a fall-themed dinner | <input type="checkbox"/> Bake a homemade pie |
| <input type="checkbox"/> Fall movie marathon | <input type="checkbox"/> Make caramel popcorn and watch a football game |
| <input type="checkbox"/> Make pumpkin pancakes | <input type="checkbox"/> Have fall family photos taken |
| <input type="checkbox"/> Decorate the house with colorful seasonal vibes | <input type="checkbox"/> Try a new fall diffuser blend |
| <input type="checkbox"/> Jump into a big pile of leaves | <input type="checkbox"/> Visit any local farmer's markets in our area |
| <input type="checkbox"/> Sit outside around a firepit & make s'mores | <input type="checkbox"/> Check out the community website peerasm.org |

Social Club News



2023 Social Club Board

President	Sandy Wagner
Vice-President	Cheryl Lilley
Secretary	Open
Treasurer	Debbie Johnston
Membership Chair	Leslie Dranko
Members-at-Large	Dolores Bsharah, Susie Lippincott, Pam Scott, Kathy Wortman, Sally Yeater

Stepping into the Holidays

Hard to believe we are heading into the holidays. Hope you plan on sharing the next three special events, Thanksgiving, Christmas and New Year's with us. Out with 2023 and in with 2024.

The Halloween spook night was great, thanks to Debbie Johnston and Andre Martin, along with their many helpful spooks. They love Halloween and go all out to be sure everyone has a good time. And we do!!

There is a flyer in *The Breeze* this month regarding Thanksgiving. Everything you need to know is covered, reservation dates, cost for guests etc. It will be a home cooked meal with all your favorite dishes. Each Board member has volunteered to fix one dish, e.g., mashed potatoes, stuffing, etc. to feed approximately 100 people. For this we are hoping to recruit lots of volunteer help! There is a volunteer signup sheet in the hallway. We need all the assistance we can get so please sign up. It definitely will be appreciated. Lots of hard work, but always a nice gathering.

Make plans to share Christmas dinner with us also, on December 16th. Additional information will be in the December Breeze along with New Year's information.

Please join us on December 1st for Happy Hour. A great evening of eating, talking, and sometimes dancing. Everyone brings food to share and their drink of choice. Good times.

When I write the December Breeze, the Social Club will have a new board. We have had a great year and I know they have lots of plans for 2024. Congratulations to all.

As always, thanks to those volunteers who always step up and help make events special.

Thank you.

Upcoming Social Club Events

- ❑ **November 3rd, Social Club Happy Hour, 5:30 PM**
- ❑ **November 18th, Thanksgiving Dinner**
- ❑ **December 1st, Social Club Happy Hour, 5:30 PM**
- ❑ **December 16th, Holiday Dinner**
Both dinners are free to all PEE residents. Additional information with times and charge for non-residents will be forthcoming.
- ❑ **December 31st, New Year's Eve, 6 PM**
Ticket prices for residents and non-residents to be determined.

***"You are never too old to set another goal or to dream a new dream."* ~ C.S. Lewis**



Sandy Wagner
Social Club President

OPEN Social Club Board Positions

As of the publication of this newsletter, no one has volunteered for the roles of Treasurer or Membership Chair for the 2024 Social Club. These are critical roles that must be filled in order to continue providing a social club in our community.

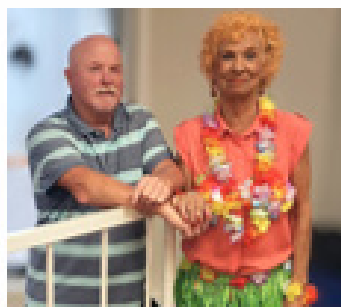
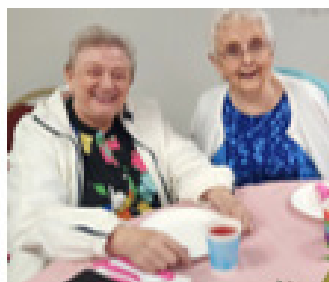
Please contact Debbie Johnston for details (space 10).

Luau Highlights

The Luau on September 16th was a sold-out event. Enjoy the photo highlights below.



PONO
Do What Is Right



Community Resources & Activities

November

2023

All Are Welcome



Come Join the FUN!

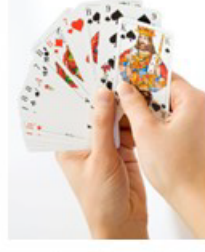
ACTIVITY	WHO TO CONTACT AND MEETING SCHEDULES
BINGO	Debbie Johnston & Delane Johnson: Thursdays , 6 PM at West
BOOK CLUB	Social Club: 2nd Wednesday each month, 1:00 PM, East Clubhouse Cardroom.
CERAMICS	Andrea Martin: Wednesdays, 6—8 pm, East Clubhouse, Arts & Craft Room
DANCE LESSONS	Anne Pearson (858) 610-4816: 2nd & 4th Thursdays , 2—3:30 pm, East Clubhouse
FIBER ARTS GROUP	Sally Yeater (719) 651-2866: Wednesdays , 9:30—11 am, East Arts & Craft Room
PAINT CLASS	Dawn Anguiano , dawn46@gmail.com: 3rd Tuesday , 10 am—1 pm, East Clubhouse. (Also, the 1st Tuesday each month at Rancho Vallecitos.)
QUILTING GROUP	Social Club: Tuesdays, 9:30 am to whenever, East Clubhouse Cardroom.
TAI CHI	Rudy Cobos (773) 519-6627: Fridays at 9:00 am, East Clubhouse
YOGA	LuAnn Foster (480) 203-4330: Monday: 3:00 PM Zoom, 6:00 PM Yoga West & Zoom, Tuesday: 10:00 AM Chair Yoga West & Zoom, Thursday: 10:00 AM Chair Yoga East & Zoom
ZUMBA	Saleemah (803) 463-2880: Monday: 11:15 PM West, Tuesday: 2:15 PM Zoom, Wednesday: 10:30 AM Zoom, Thursday: 11:15 AM East

Additional Park Activities

ACTIVITY	WHO TO CONTACT
Billiards	Ken Hodor
Bocce Ball	Carl Silva
Card Games	Card Room
Darts	Don Bomar
Fishing	Don Bomar
Fitness Facility	Ken Hodor

Hand and Foot Card Game

By Anne Litz



We currently meet at Marilyn Fluharty's home (since Covid). We welcome more players.

Contact Anne Litz 760-846-5850 (please leave a message) or Marilyn Fluharty 218-821-0337.

We meet at 1:00 PM on Mondays and Thursdays.

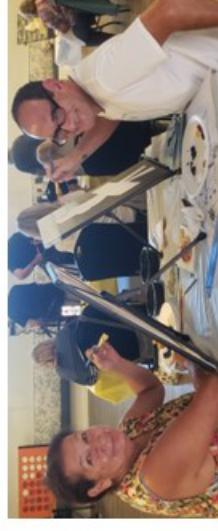
Paint Class Reflections

By Dawn Anguiano

If you did not attend painting class in October, you missed a really fun class. Look for the signup sheet in the clubhouse for the November 21st class, you don't want to miss it. If you cannot make the classes at Palomar East on the third Tuesday of every month, you can join us at Rancho Vallecitos on the first Tuesday of every month. Come join in on the fun, we would love to see you.



Remember, the class is from 10:00 to 1:00 and the cost is just \$10.00, we provide all the materials. If you have any questions, call Dawn at 760-802-2170 or Donna at 760-945-7629. Hope to see you there.



Palomar East Calendar

November

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCT 29	OCT 30	HALLOWEEN OCT 31	NOV 1	NOV 2	NOV 3	NOV 4
	11:15 PM Zumba West 1:00 PM Hand & Foot* 2:30 PM Men's Bocce 3:00 PM Yoga Zoom 6:00 PM Yoga West & Zoom	9:30 AM Quilting Group 10:00 AM Chair Yoga West & Zoom 1:00 PM Hand & Foot* 2:15 PM Zumba Zoom	9:30 AM Fiber Arts 10:30 AM Zumba Zoom 11:30 AM Medicare Seminar—FREE Lunch 1:30 PM Pool/Billiards 6:00 PM Ceramics 6:00 PM Manipulation*	10:00 AM Chair Yoga East & Zoom 11:15 AM Zumba East 1:00 PM Hand & Foot* 4:30 PM Zumba Zoom 6:00 PM Bingo West	9:00 AM Tai Chi 5:30 PM Social Club Happy Hour	
FALL BACK 5	6	ELECTION DAY 7	8	9	10	VETERANS DAY 11
		5:30 PM PEERA BOARD MEETING "ELECTIONS" 	1:00 PM Book Club Meeting  <i>The Breeze Deadline</i>	2 PM Dance Lessons		9:00 AM —1:30 PM PEW Craft Fair
12	13	14	15	16	17	18
19	20	21	22	THANKSGIVING DAY 23	24	25
		10 AM East Paint Class 				5:00 PM Social Club Thanksgiving Dinner 
26	27	28	29	30		

Repeating Events: All Calendar Activities Repeat Every Week **EXCEPT** for Those in **RED TYPE!**

Park Member News

Welcome New Neighbor

Please join us in welcoming our newest neighbor!

Space 262 Jill Marshall



**Come meet your neighbors at the
November 3rd Social Hour!
5:30 pm at the clubhouse**

Gone And Not Forgotten

Cleo Ariosta	Space 262	Arrived: 04/2013	Departed: 09/2023	Moved to Escondido.
Bill Bing	Space 190	Arrived: 04/2014	Departed: 08/2023	Moved into assisted living.
Monique Martinez	Space 37	Arrived: 20/2021	Departed: 09/2023	Moved closer to SD family.
Marlene Parmenter	Space 198	Arrived: 01/1998	Departed: 09/2023	Passed away.
Nan Ryan	Space 285	Arrived: 10/1992	Departed: 09/2023	Moved into assisted living.
Avelina Schmidt	Space 280	Arrived: 04/2021	Departed: 09/2023	Moved to Utah.

Note: No further details were available for the residents who left us. If you have information and/or photos about someone and would like to share, please send it to: pee.theBreeze@gmail.com

Quilting Group sponsored by the Social Club

This group meets every Tuesday. Stop by the Clubhouse Cardroom from 9:30 a.m. until whenever you want to! You don't have to know anything about quilting or even sewing to join us. Luckily, we have experienced quilters and willing workers. Some cut, some sew, and some tuft. If you have an eye for color, you can lay pieces out that look good together. We have a good time talking and also in silence. We have a special Angel that only comes to deliver baked goodies to us every week. Thank you, Lydia Siefert.

Some of the quilts were already in their final stages of completion. The group finished them and donated five to children in Maui, touched by the recent fire. Lani Beltrano picked them up, along with some of Debbie Johnston's hand-tied blankets and will be delivering them. Additional quilts are ready for donating to various groups. The quilts are to be given to children in need of comfort. If you know of a group needing this type of donation, please let us know. Also, we would love to have you join us.



Park Member News

Celebrating Our November Birthdays!

1	Walter Church, Jr.	17	Cristine Johnson
2	Robert Flaherty	17	Norma Parker
3	Jose Cadenas	18	Ljubica Radakovich
5	Delia Yambao	18	Mary Estrada
5	Christopher Manard	19	Michael Ericksen
6	Bethany Gonzales	19	Nancy Neal
6	Richard Johnson	20	Alicia Bertino
6	Carol Eason	21	Patricia Manglis
7	Maia Lamont	23	Jane Wallace
8	Angela Lothmann	24	Bob Eason
8	Jeanette Era	26	Medin Yambao
8	Regina Russell	26	Betsy Schwartz
8	Robbie Molnar	26	Dinh To
10	Frances Munday	27	Donna Ahern
11	Danny Ash	27	Ann Lindley
12	Pete Eiden	27	Samuel Biondo
12	Mike McNabb	28	Dewitt Barham
14	Tim LaFuze	29	Marlyn Maas
15	Lewis Lester	30	Burke Ewing

October Trivia

- ♦ **Birthstone:** Topaz
(good fortune, confidence, ambition)
- ♦ **Color:** Yellow Gold
- ♦ **Flower:** Chrysanthemum



Astrology

Scorpio: 10/23—11/21

Sagittarius: 11/22—12/21



November 2023 Horoscope

The November 2023 horoscope recommends setting goals. This period favors any undertakings in all spheres of life. If you take the right steps, the results will double. In the month of Scorpio, the energy level increases, enhancing the natural qualities. The favorites of fate will be Fire signs that will be able to achieve everything that was planned. To complete the picture, it does not hurt to buy a lottery ticket. As for love, the Beaver Full Moon on November 27th is ideal for confessions, when people are as liberated and open to new things as possible. There is no doubt that feelings will not go unanswered: a flared romance will turn life upside down.

Financial affairs in early November leave much to be desired. Nothing terrible may happen, but you may have to worry a little.

Book Club Sponsored by the Social Club



The first meeting held October 4th in the card room was well attended. Discussion was held regarding the types of books everyone is interested in. Various titles were suggested along with the month they would be read. The individual suggesting the book will prepare questions for group discussion.

Meetings will be the 2nd Wednesday of each month. The next one is November 8th at 1PM.

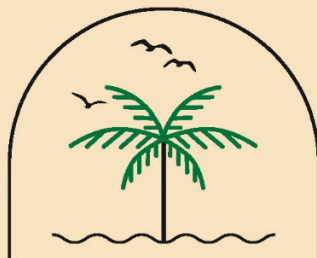
The book for November is, *Lessons in Chemistry* by Bonnie Garmus. Everyone is welcome to join.



**Gratitude can transform
common days into thanksgivings,
turn routine jobs into joy,
and change ordinary opportunities
into blessings.**

— William Arthur Ward

Happy Thanksgiving



PALOMAR ESTATES

EAST

PEERA BOARD

Palomar East MEDICARE AND FALL PREVENTION SEMINAR



Do you want to learn about Medicare enrollment changes and how to prevent falls?

Join our amazing luncheon to learn about this important and useful information!

Speakers

- HICAP
- WESTPACE

Included

- Lunch- Soup and salad
- Free Raffle
- Fall Prevention Demo



HICAP
Presenter



Westpace
Speaker



11:00 AM – 12:30 PM



Wednesday, November 1st



Palomar East Clubhouse



**SIGN UPS ARE REQUIRED FOR LUNCH AND
RAFFLE. SIGNUP IN THE CLUBHOUSE**